

# WOMEN'S GYMNASTICS

2022 MEDIA GUIDE







## TABLE OF CONTENTS

<b>1-5</b>	<b>PENN STATE WOMEN'S GYMNASTICS</b>
1	Table of Contents/Quick Facts
2	Roster/Schedule
3-4	Head Coach Sarah Brown
5-6	Assistant Coaches
<b>7-30</b>	<b>MEET THE STUDENT-ATHLETES</b>
7-8	Alissa Bonsall
9-11	Lauren Bridgens
12-13	Kourtney Chinnery
14	Melissa Astarita
15-16	Jessie Bastardi
17	Dymiana Cox
18	Donna Howell
19	Amy Bladon
20	Bella Romagnano
21-22	Cassidy Rushlow
23	Maggie Ayers
24	Natalie Cross
25	Maddie Johnston
26	Maggie Mace
27	Nikki Beckwith, Anastasia Frank
28	Grace Harrell, Jessica Johanson
29	Isabella Salcedo, Elina Vihrova
30	Olivia Yarussi
<b>31-51</b>	<b>NITTANY LION HISTORY</b>
31	2021 Individual & Team Results
32	Individual/Team Records
33	NCAA Championship Records
34	NCAA Regionals Records
36	NCAA Championship History
37	NCAA Team Championship Finishes
37-42	All-Time Awards/Honors
43-49	All-Time Results
50	All-Time Series/Coaching History
51	All-Time Letterwinners

## 2022 QUICK FACTS

### GENERAL INFORMATION

Location..... University Park, Pa.  
 Founded .....1855  
 Enrollment ..... 45,901  
 Colors..... Blue and White  
 Conference ..... Big Ten  
 Nickname .....Nittany Lions  
 President..... Dr. Eric Barron  
 Vice President of Intercollegiate Athletics .Sandy Barbour  
 Sr. Assoc. Athletics Director/SWA..... Charmelle Green  
 Sport Administrator .....Mary Bolich  
 Athletic Website .....www.GoPSUsports.com

### COACHING STAFF

Head Coach.....Sarah Brown  
 Penn State Record (Years) .....32-38 (4)  
 Career Record (Years) .....43-42 (5)  
 Assistant Coach .....Rachel Inniss (2nd Year)  
 Office..... 10A White Building  
 Telephone.....(814) 863-7461  
 Fax.....(814) 865-8149

### TEAM INFORMATION

Home Arena (Capacity)..... Rec Hall (5,812)  
 Facebook.....PennStateWomensGymnastics  
 Instagram .....@PennStateWGYM  
 Twitter.....@PennStateWGYM

### 2021 RECAP

2021 Regular Season Record.....3-12  
 Big Ten Championships Finish..... 7th  
 2021 NCAA Regional Finish .....N/A  
 2021 NCAA Championships Finish.....N/A  
 Final National Ranking..... 30  
 All-Americans Returning/Lost..... 0/0  
 Letterwinners Returning/Lost .....15/2  
 Newcomers ..... 8

### PROGRAM HISTORY

First Year of Gymnastics.....1965  
 All-Time Record (Years) .....600-314-4 (57)  
 National Championships.....2  
 (1978, 80)  
 NCAA Championship Team Appearances ....18  
 (1982, '84, '85, '86, '88, '91, '92, '93, '94,  
 '95, '96, '97, '98, '99, 2000, '05, '09, '14)  
 AIAW Championship Appearances.....7  
 (1975, '76, '77, '78, '79, '80, '81)

### STRATEGIC COMMUNICATIONS

Women's Gymnastics Contact  
 Nick Lovera  
 Office Phone ..... 814-206-6338  
 Cell Phone .....814-441-145  
 E-mail ..... nql5315@psu.edu  
 Fax .....814-863-3165  
 Address .... 101 Bryce Jordan Center  
 University Park, PA 16802

### CREDITS

The 2022 Penn State Women's  
 Gymnastics Yearbook was compiled,  
 written, and produced by Nick Lovera.  
 Kris Petersen, Executive Editor; Steve  
 Love, Design.  
 Photos by: Mark Selders.

### STATEMENT OF NONDISCRIMINATION

Penn State University is committed to equal access to programs, facilities, admission and employment for all persons. It is the policy of the University to maintain an environment free of harassment and free of discrimination against any person because of age, race, color, ancestry, national origin, religion, creed, service in the uniformed services (as defined in state and federal law), veteran status, sex, sexual orientation, marital or family status, pregnancy, pregnancy-related conditions, physical or mental disability, gender, perceived gender, gender identity, genetic information or political ideas. Discriminatory conduct and harassment, as well as sexual misconduct and relationship violence, violates the dignity of individuals, impedes the realization of the University's educational mission, and will not be tolerated. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Office, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901, Email: aao@psu.edu, Tel (814) 863-0471 U.Ed. ICA-18-21





# 2022 PENN STATE WOMEN'S GYMNASTICS

## 2022 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Melissa Astarita	V, BB, FX	Sr.	5-2	Morganville, N.J./Marlboro
Maggie Ayers	AA	So.	5-2	York, Pa./York Suburban
Jessie Bastardi	AA	Sr.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Nikki Beckwith	UB, BB, FX	Fr.		Westerville, Ohio/Genoa Christian
Amy Bladon	V, BB, FX	Jr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Sr.+	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Sr.+	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	V, UB, FX	Sr.+	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	Sr.	5-1	Elmont, N.Y./Parkettes
Natalie Cross	AA	So.	5-5	Ellicott City, Md./River Hill
Sarah Duhe	VT	So.		
Anastasia Frank	AA	Fr.		Port Matilda, Pa./Bald Eagle Area
Grace Harrell	AA	Fr.		West Chester, Ohio/The Summit County Day
Donna Howell	AA	Sr.	5-5	New Milford, Pa./PA Cyber Charter School
Jessica Johanson	AA	Fr.		West Hartford, Conn./Hall
Maggie Johnston	AA	So.	5-5	Boyd's, Md./Poolesville
Maggie Mace	AA	So.	5-7	Dayton, Ohio/Ohio Connections Academy
Bella Romagnano	UB, BB, FX	Jr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Jr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Isabella Salcedo	AA	Fr.		Arlington, Texas/Laurel Springs Online
Elina Vihrova	AA	Fr.		Riga, Latvia/Rigas Tehnolingvistika Gimnazija
Olivia Yarussi	VT, BB, FX	Fr.		Pittsburgh, Pa./Seneca Valley

**Head Coach:** Sarah Brown (Missouri '10; Fifth Season)

**Assistant Coach:** Rachel Inniss (Auburn '12; Second Season)

**Assistant Coach:** Ralph Rosso (Michigan '09; First Season)

**Volunteer Assistant Coach:** Lacey Rubin (Easter Michigan '18; First Season)

## 2022 PENN STATE WOMEN'S GYMNASTICS SCHEDULE

JANUARY 7	Keystone Classic	Philadelphia, Pa.	
<b>JANUARY 14</b>	<b>YALE*</b>	<b>UNIVERSITY PARK, PA.</b>	
JANUARY 22	at Ohio State*	Columbus, Ohio	
<b>JANUARY 29</b>	<b>ILLINOIS*</b>	<b>UNIVERSITY PARK, PA..</b>	
FEBRUARY 4	at Iowa*	Iowa City, Iowa	
FEBRUARY 13	at Michigan*	Ann Arbor, Mich.	ESPN
FEBRUARY 19	Big Five Meet*	Toledo, Ohio	
<b>FEBRUARY 26</b>	<b>MARYLAND*</b>	<b>UNIVERSITY PARK Pa.</b>	<b>BTN</b>
<b>MARCH 5</b>	<b>CORNELL, DENVER</b>	<b>UNIVERSITY PARK, Pa.</b>	
MARCH 13	at New Hampshire	Durham, N.H.	
MARCH 19	Big Ten Championships	Iowa City, Iowa	

\* - Big Ten Conference Meet

All Times Eastern

**HOME MEETS IN BOLD CAPS**

Subject to Change





## 2022 NITTANY LIONS COACHING STAFF



**SARAH BROWN**  
**HEAD COACH**

5th Season  
Missouri '10

**Career Record:**  
43-42 (Sixth season)

**Penn State Record:**  
32-38 (Fifth season)

### ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

### UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 8 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

### YEAR-BY-YEAR

<b>2017 (EMU)</b>	<b>11-4</b>
<b>2018</b>	<b>11-8</b>
<b>2019</b>	<b>10-9</b>
<b>2020</b>	<b>8-9</b>
<b>2021</b>	<b>3-12</b>
<b>Total</b>	<b>43-42</b>
<b>Penn State</b>	<b>32-38</b>

Sarah Brown begins her fifth year as the head coach of the Penn State women's gymnastics team in 2022. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

Brown helped guide four Nittany Lions to NCAA Regional appearances as the team battled through adversity in the midst of the COVID-19 pandemic in 2021. Penn State finished the season ranked 33rd in RoadToNationals rankings, recording an average score of 195.283. The Nittany Lions shined on bars throughout the season, closing out the year ranked 19th on the apparatus with a national qualifying score of 49.231.

Three Nittany Lions garnered All-Big Ten accolades, with sophomore Cassidy Rushlow being named to the first team, and seniors Alissa Bonsall and Ava Verdeflor earning second team honors.

It marked the second all-conference honor for Rushlow, who recorded six event titles and three all-around victories for Penn State. She posted five scores of 9.900 or above on the year and set career-highs on four of five apparatuses in addition to setting an all-around career-high of 39.475 in Penn State's win over Maryland on Feb. 5.

Bonsall and Verdeflor both had tremendous fourth years at Penn State, each bolstering their resumes with career-bests. Bonsall recorded personal bests on both floor and bars, tying for Penn State's best bars score of the year with a 9.950 at the NCAA Morgantown regional. Verdeflor set two personal-bests of her own, matching Bonsall's bars score with a 9.950 at the Big Five Meet in addition to setting a career-high of 9.875 on beam against Illinois.

As a team, Penn State recorded eight scores above a 49.000 on bars, four scores above 49.000 on both beam and floor and one on vault.

Brown led the Nittany Lions to eight dual-meet wins in 2020, including four against Big Ten opponents, and a No. 30 ranking in the RoadToNationals standings. Penn State earned five scores above a 196.000, its most since 2015. The Nittany Lions averaged a 196.230 in five home meets, their highest since 2015. PSU claimed wins over four ranked opponents, including No. 32 Iowa, No. 24 Maryland, No. 31 Michigan State and No. 27 NC State. No postseason events were held after the season was canceled on March 12 due to the COVID-19 pandemic. The Nittany Lions finished the season with a 195.860 National Qualifying Score (NQS). Penn State ranked 21st in the nation on bars (49.130 NQS) and held a 49.045 NQS on floor. On the season, PSU had five scores above a 49.000 on bars, five scores above a 49.000 on floor, four on beam and two on vault. Penn State earned team-high scores of 49.300 on vault (Big Five Meet, 2/22), 49.300 on bars (West Virginia, 1/11), 49.325 on beam (Florida, 3/7) and 49.375 on floor (Iowa, 1/25).

The Nittany Lions tallied in overall team-high of 196.575 in their Quad Meet sweep over NC State, Cornell and Towson. Junior Lauren Bridgens was named All-Big Ten first team, becoming the ninth Nittany Lion to earn at least three first-team All-Big Ten honors in their career. Bridgens won 13 event titles, including four all-around. She tallied six scores of 9.900 and eight all-around scores above a 39.000. Bridgens finished the season ranked 28th in the nation in all-around, 47th on bars and 51st on floor.

The Nittany Lions finished the season with a 195.860 National Qualifying Score (NQS). Penn State ranked 21st in the nation on bars (49.130 NQS) and held a 49.045 NQS on floor. On the season, PSU had five scores above a 49.000 on bars, five scores above a 49.000 on floor, four on beam and two on vault.

Penn State earned team-high scores of 49.300 on vault (Big Five Meet, 2/22), 49.300 on bars (West Virginia, 1/11), 49.325 on beam (Florida, 3/7) and 49.375 on floor (Iowa, 1/25). The Nittany Lions tallied in overall team-high of 196.575 in their Quad Meet sweep over NC State, Cornell and Towson.

Junior Lauren Bridgens was named All-Big Ten first team, becoming the ninth Nittany Lion to earn at least three first-team All-Big Ten honors in their career. Bridgens won 13 event titles, including four all-around. She tallied six scores of 9.900 and eight all-around scores above a 39.000. Bridgens finished the season ranked 28th in the nation in all-around, 47th on bars and 51st on floor.

Freshman Cassidy Rushlow garnered All-Big Ten second team accolades. She won five event titles, including one in all-around. Rushlow was ranked 39th in the country in all-around and 63rd on beam. She earned four scores of 9.900 or better and five all-around scores above a 39.000.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, it's highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regional history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.





# 2022 PENN STATE WOMEN'S GYMNASTICS

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual floor exercise title at the Big Ten Championships. Bridgens and Tsang were first-team All-Big Ten selections, while junior Sabrina Garcia was a second-team honoree. Bridgens competed in the All-Around at the NCAA Championships.

On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the uneven bars. Tsang earned two top five scores in program history on the floor exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular-season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27. At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300) and three gymnasts tied for the uneven bars title.

During the 2016-17 season, a total of 10 Eastern Michigan gymnasts were named Academic All-MAC and five were selected MAC Distinguished Scholars. Four of the Eagles' MAC Distinguished scholars owned a grade-point average of 3.85 or higher.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 year, helping the Wolverines win the 2016 Big Ten Championship. She assisted on all four events and helped with development of daily practice plans. Her role with the Wolverines also included assisting with community service, recruiting and team travel.

Before joining the Michigan coaching staff, Brown was an assistant women's gymnastics coach at Southeast Missouri State University for three seasons, where she was selected the Midwest Independent Conference (MIC) Assistant Coach of the Year in 2014. Brown was the head beam coach and beam/floor choreographer and helped develop three MIC individual champions in 2014, two MIC Freshman of the Year selections and four NCAA regional all-around competitors.

She also was the director of operations for the University of Missouri women's gymnastics program for one year before starting her collegiate coaching career.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010.

Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup. A 2015 Missouri Athletics Hall of Fame inductee, Brown was named the 2008 Big 12 Newcomer of the Year and earned South Central Regional Gymnast of the Year honors twice (2009-10).

While she was at Utah, Brown was a member of the team that finished second at the NCAA Women's Gymnastics Championships in 2007.

Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. They have two sons, Isaiah and Elijah.







# 2022 PENN STATE WOMEN'S GYMNASTICS

## 2022 NITTANY LIONS COACHING STAFF



### RACHEL INNISS

**ASSISTANT COACH**  
SECOND SEASON  
AUBURN '12

Inniss returned to coaching after being a professional dancer at Walt Disney World for four years at Beauty and the Beast Live.

Inniss has a daughter named Charlotte.

Rachel Inniss joined the Penn State Women's Gymnastics program as an assistant coach in October 2020. She arrived in Happy Valley after spending two years as an assistant coach at Temple.

In her first season at Penn State, Assistant Coach Rachel Inniss made a strong impact on the Penn State floor team. Under Inniss' guidance, the Nittany Lions ranked third in the region northeast on floor with a NQS of 49.088. Melissa Astarita ascended to fourth in the northeast region on floor this season. The junior opened the season with eight consecutive meets with a score of at least 9.8. Senior Allissa Bonsall (11) and sophomore Cassidy Rushlow (15) also ranked in the top 15 in the region. Astarita's success carried to the national stage, as she was an individual NCAA Regional Qualifier.

As an assistant coach at Temple, Inniss helped Temple to consecutive ECAC championships. The Owls finished the 2020 season with the conference's highest National Qualifying Score (NQS).

Inniss led Temple's beam and floor teams, helping the floor team to lead the conference. The beam squad ranked second in the ECAC. The Owls earned the program's second-highest beam score and fifth-highest floor score in 2020, helping Temple to post three of the top six overall scores in program history.

The Owls placed three athletes among the Top 10 beam performers in the ECAC, including Delaney Garin's conference-leading 9.815 NQS. Temple also had three of the Top 10 floor athletes in the ECAC. Ariana Castrence paced the conference with a 9.825 NQS.

In 2019, Inniss earned ECAC Assistant Coach of the Year honors after guiding the Owls to their first ever ECAC title. Temple led the conference with a 194.865 overall NQS and a 48.990 NQS on floor. India Anderson claimed the ECAC's top floor NQS, 9.870, while Monica Servidio led the conference on beam with a 9.850 NQS.

Inniss graduated from Auburn in 2012, with a degree in public administration. She won an NCAA Regional Floor title and qualified for the NCAA Championships in 2010.

She served as a student coach during her fifth year at Auburn and returned as a volunteer coach in 2017 and 2018. As a volunteer coach, she worked with beam and floor, directing the choreography for both. She coached two floor All-Americans and three All-SEC gymnasts.





# 2022 PENN STATE WOMEN'S GYMNASTICS

## 2022 NITTANY LIONS COACHING STAFF



**RALPH  
ROSSO**

**ASSISTANT COACH**  
FIRST SEASON  
MICHIGAN '09

Ralph Rosso joined the Nittany Lions coaching staff in August 2021 after four seasons at the University of Washington.

"I couldn't be more excited to add Ralph to our staff!" Brown said. "From the moment we first spoke, I knew his values aligned with our program philosophy and it was going to be a perfect fit. Ralph brings a wealth of knowledge and experience that we will benefit from right away and I can't wait for him to begin working with our team!"

Rosso served as the head coach of the Huskies for the 2021 season after three years as an assistant coach of the program. His tenure was highlighted by a NCAA Nationals appearance in 2018, the seventh in program history.

In 2020, Rosso helped the GymDawgs finish 12th in the nation on bars, its highest finish on that event since 2004. Washington gymnasts would earn All-American honors on bars for just the third time in program history and earned their second All-Pac-12 honor on bars under Rosso.

He coached Washington's highest-ranked event in 2019, helping the GymDawgs finish 13th in the country on bars. Twice Washington broke 49.400 on bars, putting up the highest bars score since 2004 with a 49.425 before besting that with a 49.575 later in the year. The team won five individual bars event titles.

The Huskies finished the regular season ranked eighth in the country in 2018, their highest regular-season finish ever. That season included Washington's first NCAA Regional event championship since 2012 as Kristyn Hoffa, Zoey Schaefer, and Maya Washington combined to take home a floor championship en route to NCAA Nationals. The GymDawgs recorded four scores of 197 or higher in 2018, tying the program record.

Prior to Washington, Rosso spent time coaching at George Washington, Arizona State and Western Michigan. He also spent two seasons as a team manager at Arkansas.

In 2017 at GW, Rosso helped the Colonials to the East Atlantic Gymnastics League championship and a berth in the NCAA Regionals, where a GW gymnast won the program's first-ever NCAA Regional individual title, on the vault. Two individuals earned individual berths to nationals, the most ever at GW. A total of eight gymnasts earned All-EAGL honors.

At Arizona State, Rosso aided in the development of nine Academic All-Pac-12 gymnasts, three All-Pac-12 selections and five NCAA qualifiers, including an individual regional champion.

A standout gymnast at the University of Michigan, Rosso lettered from 2006-09, helping the Wolverines to the Big Ten title as a senior. He competed at NCAA Championships all four years and finished ninth on still rings in 2007. He also made it to the Big Ten finals on pommel horse and rings in 2007, and to two more finals in 2009, on rings and floor.

He will guide a Nittany Lions' bars group that ranked among the best in the nation in 2021. Penn State's 49.231 NQS on the apparatus ranked second in the northeast region. The team recorded scores of 49+ on eight different occasions in 2021. Individually, Penn State had three gymnasts ranked in the top six in the region on bars, as Ava Verdeflor ranked fourth, Alissa Bonsall ranked fifth and Cassidy Rushlow ranked sixth. Nationally, Penn State ranked 19th on bars. He has also helped lead the Penn State vault unit to a fourth place ranking in the northeast division, led by Cassidy Rushlow's 9.850 NQS.





## SENIOR+ • ALL-AROUND

Height: 5'1"

Hometown:  
**Higganum, Conn.**

High School:  
**Haddam Killingworth**

Club:  
**New England Gymnastics Express**

Major:  
**Kinesiology**

## ACCOLADES

### 2021

- Second Team All-Big Ten
- Academic All-Big Ten.

### 2020

- Big Ten Event Specialist of the Week (1/7)
- Academic All-Big Ten
- Big Ten Distinguished Scholar
- WCGA Academic All-American

### 2019

- Academic All-Big Ten
- WCGA Scholar-Athlete

# ALISSA BONSTALL

## 2021- SENIOR SEASON

**Awards:** Second Team All-Big Ten and Academic All-Big Ten.

**Season:** Competed in all 11 meets for the Nittnay Lions, setting career-highs on floor (9.875) and bars (9.950).

**Meet-by-Meet:** Maryland (1/17): Opened the season with matching 9.825 scores on vault, bars and floor. Nebraska (1/23): Recorded a 9.800 on floor, a 9.725 on bars and a season-best 9.850 on vault. At Minnesota (1/30): Posted a 9.850 on floor, a 9.800 on bars and a 9.725 on vault. At Maryland (2/5): Recorded a 9.850 on floor, a 9.800 on bars and a 9.775 on vault. Illinois (2/13): Got the event win on bars with a 9.875 while also adding a 9.800 on floor and a 9.675 on vault. Penn State Tri-Meet (2/21): Earned the event win on bars with a 9.900 score, set a career-high on floor with a 9.875. Big Five Meet (2/27): Set a career-high on bars with a 9.925, added a 9.825 on floor. At Ohio State Quad-Meet (3/7): Set a season-best on vault with a 9.850 score while scoring a 9.875 on bars and a 9.775 on floor. At Rutgers (3/13): Won on floor with a 9.875 score while finishing second on bars with a 9.825 and second on vault with a 9.825. At Big Ten Championship (3/20): Posted a 9.775 on vault and a 9.750 on floor. NCAA Regional First Round (4/1): Recorded a 9.850 on bars and a 9.825 on floor. NCAA Regional - Individual (4/2): Set a career-high on bars with a 9.950 score.

## 2020 - JUNIOR SEASON

**Awards:** Named Big Ten Event Specialist of the Week following the Collegiate Challenge (1/4) meet...Earned Academic All-Big Ten honors...Named a Big Ten Distinguished Scholar...Selected as a WCGA Academic All-American.

**Season:** Competed as a member of the vault, bars and floor lineups in all 10 meets...Performed two exhibition routines on beam...Won four individual event titles, including two on vault and two on bars...Earned one 9.900 score on both vault and bars...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Meet-by-Meet: at Collegiate Challenge (1/4):** Placed fourth on bars with a 9.875. **West Virginia (1/11):** Collected a 9.825 on vault, finishing second... Added a 9.800 on floor, placing third. **at Nebraska (1/16):** Recorded a 9.850 on floor...Placed second on bars with a 9.825. **Iowa (1/25):** Earned a career-high 9.900 on bars to win the event title...Captured the vault title with a 9.825. **Rutgers (1/31):** Claimed the bars title with a 9.875...Registered a season-high 9.850 on floor, placing second...Added a 9.825 on vault. **at Illinois (2/7):** Won the vault title with a 9.825...Finished third on bars with a 9.800. **at Ohio State (2/14):** Claimed third place on vault with a 9.800. **at Big Five Meet (2/22):** Set a career high on vault with a 9.900, placing fourth... Secured a 9.850 on bars. **PSU Quad Meet (2/29):** Notched a 9.825 on floor. **Florida (3/7):** Collected a 9.825 on floor.

## 2019 - SOPHOMORE SEASON

**Awards:** Selected Academic All-Big Ten...Named a WCGA Scholar-Athlete.

**Season:** Competed in all 13 meets on vault, bars and floor...Earned an event title on bars.

**Meet-by-Meet: vs. Temple, Towson (1/12):** Claimed third on bars with a 9.850. **Ohio State (1/19):** Collected a 9.800 on bars, placing seventh. **Minnesota (1/26):** Registered a 9.850 on floor, finishing fourth. **at Illinois**

## CAREER BESTS

Event	Score	Date	Meet
All-Around	38.750	1/6/18	Eastern Michigan
Vault	9.900	2/22/20	Big Five Meet
Uneven Bars	9.950	4/2/21	NCAA Regional
Balance Beam	9.675	1/5/19	at Utah
Floor Exercise	9.875	3/13/21	Three, Last: at Ohio State





# ALISSA BONSALL

**(2/2):** Won the event title on bars with a 9.850. **at Rutgers (2/9):** Tallied a 9.825 on bars, finishing fourth...Recorded a 9.775 on vault, placing fourth, and a 9.775 on floor, claiming sixth. **at Big Five Meet (2/22):** Claimed the bars title with a career-best 9.900...Placed fifth on vault with a 9.825. **PSU Quad Meet (3/2):** Collected a 9.875 on bars and floor, finishing third in both events...Added a 9.800 on vault, placing sixth. **at Florida (3/8):** Tallied a 9.825 on floor, placing seventh, and a 9.800 on bars. **at WVU Quad Meet (3/17):** Claimed second on bars with a 9.850...Recorded a 9.775 on floor. **Big Ten Championships (3/23):** Earned a career-best 9.875 on floor, placing 14th overall...Registered a 9.850 on bars, good for 15th, and a 9.800 on vault, claiming 13th. **NCAA Regional (4/5):** Finished 15th overall with a 9.850 on bars.

## 2018 - FRESHMAN SEASON

**Season:** Competed in all 13 meets on vault, 12 on floor, nine on bars and four on beam...Competed in all-around in three meets...Earned an event title on bars.

**Meet-by-Meet: Eastern Michigan (1/6):** Collected a 9.800 on vault, placing third...Added a 9.775 on bars, also finishing third. **Nebraska (1/13):** Secured the event title on bars with a season-high 9.900...Tallied a 9.775 on vault. **at Maryland (1/19):** Recorded a 9.750 on floor, finishing seventh. **Illinois (1/27):** Finished third on bars with a 9.825...Registered a 9.750 on vault, placing third. **at Michigan State (2/4):** Collected a 9.875 on bars, good for fourth...Finished third on vault with a 9.775. **at Ohio State (2/9):** Secured second on bars with a 9.850...Added a 9.800 on vault, placing fifth, and a 9.775 on floor. **Cornell, Penn (2/17):** Earned a 9.800 on floor, finishing fourth...Tallied a 9.775 on vault, placing second. **George Washington (2/24):** Recorded a 9.800 on vault, good for sixth...Recorded a 9.800 on floor. **at Pitt Quad Meet (3/4):** Registered a 9.825 on vault...Added a 9.800 on floor. **at BYU Quad Meet (3/9):** Collected a 9.750 on vault. **at Big Five Meet (3/17):** Secured a 9.800 on vault, good for 10th overall...Tallied a 9.775 on floor. **Big Ten Championships (3/24):** Placed 16th on floor with a 9.850. **NCAA Regional (4/7):** Recorded a 9.775 on floor and a 9.750 on vault.

## GYMNASTICS BACKGROUND

Trained at New England Gymnastics Express Too under coaches Maureen Chagnon and Blane Jefferson...Competed in three Junior Olympic National Championships...Tied for ninth on the bars and placed 10th on the floor in 2017...Finished sixth in the all-around and eighth on the uneven bars in 2016 and placed 10th on the vault and 17 in the all-around in 2015...Won the uneven bars and all-around, while placing second on the vault and floor and fourth on the balance beam at the 2017 Level 10 Regional...Had the highest all-around score in the entire competition...Won the floor, uneven bars and vault, while finishing second in the all-around in 2016 at the Level 10 Regional...Won the vault, uneven bars and all-around, while placing third on the floor and fourth on the beam at the 2016 Level 10 State Championships.

## PERSONAL

Full name is Alissa Bonsall...Daughter of Stephanie and Dave Bonsall...Has three siblings, two older sisters, Jennifer Kohlhepp and Marianne (Annie) Bonsall, and a younger brother, David Bonsall...Lists going boating, and spending time with friends outside as her hobbies, bulgogi (Korean barbecue steak) as her favorite food...Says "Tuesdays with Morrie" is her favorite book and "The Blindside" as her favorite movie, Canada is her favorite place to visit and her favorite group is the Zac Brown Band...Majoring in kinesiology...Born on February 16, 1999 in Hartford, Connecticut.

## Why Penn State?

"I chose Penn State because I grew up with the phrase 'We Are...' throughout my family. Both my mom and dad are graduates of Penn State, as well as many other family members. So, I can say that Penn State is in my blood. Throughout the recruiting process, Penn State was the one school that had everything I was looking for. The high standards in both academics and athletics assured me that I will be able to push myself to be successful. To add, the school spirit at Penn State astonished me and I couldn't wait to be a part of it every day. I am very thankful for this opportunity."





## SENIOR+ • ALL-AROUND

Height: 5'4"

Hometown:  
**Darnestown, Md.**

High School:  
**Quince Orchard High School**

Club:  
**Hill's Gymnastics**

Major:  
**Marketing**

## ACCOLADES

### 2021

- Big Ten Sportsmanship Award
- Academic All-Big Ten
- Big Ten Distinguished Scholar

### 2020

- All-Big Ten First Team
- Academic All-Big Ten
- WCGA Academic All-American

### 2019

- All-Big Ten First Team
- Big Ten All-Championship Team
- Academic All-Big Ten

### 2018

- All-American Second Team (Uneven Bars)
- All-Big Ten First Team
- Big Ten Freshman of the Week (1/8, 2/19, 2/26, 3/6, 3/12)

# LAUREN BRIDGENS

**Career:** Is the ninth Nittany Lion to earn at least three career All-Big Ten first team honors...Was the 15th Nittany Lion to earn multiple first-team All-Big Ten nods in their career...Earned a perfect 10.0 on bars at the BYU Quad Meet (3/9/18) to record the 10th perfect 10.0 in program history and the program's first on bars.

## 2021 - DID NOT COMPETE

## 2020 - JUNIOR SEASON

**Awards:** Named All-Big Ten first team...Became the ninth Nittany Lion to earn at least three career All-Big Ten first team honors...Selected Academic All-Big Ten...Garnered WCGA Academic All-American accolades...Earned the Ann Carr Award following the Iowa (1/25) meet.

**Season:** Competed in all 10 meets in all-around...Won 13 individual event titles, including five in all-around, four on floor, three on bars and one on vault...Earned four straight floor titles between the Nebraska (1/16) and Illinois (2/7) meets...Garnered three scores of 9.900 or better on floor, two on bars and one on beam...Recorded a 9.950 on floor vs. Iowa (1/25), tied for the fifth-best score in program history...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Rankings:** Ranked 28th in the nation and ninth in the Big Ten in all-around with a 39.250 NQS (National Qualifying Score)...Held 47th in the country and ninth in the conference on bars with a 9.865 NQS...Sat 51st in the nation and ninth in the Big Ten on floor with a 9.800.

**Meet-by-Meet: at Collegiate Challenge (1/4):** Recorded a 39.025 in all-around, placing third...Collected a 9.825 on floor and a 9.800 on bars. **West Virginia (1/11):** Notched a 39.150 in all-around...Took second on bars, with a 9.875, and floor, with a 9.825. **at Nebraska (1/16):** Captured the floor title with a 9.925...Registered a 9.850 on vault, finishing third, and a 9.825 on bars, finishing 9.825. **Iowa (1/25):** Claimed the all-around title with a 39.400...Earned a career-high 9.950 on floor to win the event title...Tied for the fifth-best floor score in program history...Recorded a 9.875 on bars, placing second, and a 9.825 on beam, placing third. **Rutgers (1/31):** Won the all-around event with a 39.400...Took the vault title with a 9.850...Claimed the bars title with a 9.875...Added a floor title with a 9.875...Recorded a 9.800 on beam. **at Illinois (2/7):** Earned the all-around title with a 39.275...Won the floor title with a 9.850...Notched a 9.825 to win the bars title...Secured a 9.875 on beam. **at Ohio State (2/14):** Took the all-around title with a 39.150...Recorded a 9.850 on floor and a 9.825 on bars. **at Big Five Meet (2/22):** Placed second on bars with a 9.925...Earned a 9.900 to finish third on floor. **PSU Quad Meet (2/29):** Notched a season-high 39.475 to win the all-around title...Tied season-high 9.925 on bars to win the event title...Registered a 9.850 on beam and floor. **Florida (3/7):** Collected a career-best 9.900 on beam...Recorded a 9.825 on vault.

## CAREER BESTS

Event	Score	Date	Meet
All-Around	39.525	1/26/19	Minnesota
Vault	9.925	3/4/18	at Pitt Quad Meet
Uneven Bars	10.000	3/9/18	at BYU Quad Meet
Balance Beam	9.900	3/7/20	Twice, Last: Florida
Floor Exercise	9.950	1/25/20	Twice, Last: Iowa





# LAUREN BRIDGENS

## 2019 - SOPHOMORE SEASON

**Awards:** Named first-team All-Big Ten...Selected for the Big Ten All-Championship Team...Earned Academic All-Big Ten accolades...Collected the Ann Carr Award after the Ohio State (1/19) meet.

**Season:** Competed in 12 meets in all-around and 12 meets on vault...Competed on bars, beam and floor in all 13 meets...Won three event titles in all-around, three on bars and one on vault.

**Rankings:** Ranked 33rd in the nation and eighth in the Big Ten with a 9.900 Regional Qualifying Score (RQS) on bars...Finished 27th in the country and fifth in the conference with a 39.370 RQS in all-around.

**Meet-by-Meet: at Utah (1/5):** Took third in all-around with a 39.125 total...Claimed third on bars with a 9.850 and fifth on floor with a 9.825. **vs. Temple, Towson (1/12):** Finished second on bars with a 9.875. **Ohio State (1/19):** Earned her first event title of the year in all-around with a 39.300...Placed second on bars with a 9.900...Added a 9.850 on floor, placing third, and a 9.825 on beam, good for fourth. **Minnesota (1/26):** Tallied a career-best 39.525 in all-around, placing second...Won the vault title with a 9.900...Placed second on bars with a 9.900...Finished fourth on beam, with a 9.875, and floor, with a 9.850. **at Illinois (2/2):** Collected a 39.150 in all-around, good for third overall...Took second on floor with a 9.850...Placed third on bars with a 9.825. **at Rutgers (2/9):** Secured a 9.850 on bars, placing second...Earned a 9.825 on floor, claiming third, and a 9.800 on beam. **Michigan (2/16):** Recorded a 9.825 on floor, placing third, and vault, finishing fifth. **at Big Five Meet (2/22):** Won the all-around with a 39.425 and claimed the bars title with a 9.900...Recorded a 9.850 on beam, placing second, and vault, coming in third...Added a 9.825 on floor, good for sixth overall. **PSU Quad Meet (3/2):** Earned the all-around title with a 39.400...Registered a 9.875 on floor, finishing third...Placed second on beam with a 9.825, third on vault with a 9.850 and fourth on bars with a 9.850. **at Florida (3/8):** Totaled a 39.500 in all-around...Won the bars title with a season-best 9.925...Added a career-high 9.900 on beam, placing fourth, a 9.850 on floor and a 9.825 on vault. **at WVU Quad Meet (3/17):** Claimed the event title on bars with a 9.875...Registered a 9.825 on vault and floor. **Big Ten Championships (3/23):** Tallied a 39.350 in all-around...Matched a season high with a 9.925 on bars, good for fourth overall...Finished 14th on floor with a 9.875 and 15th on beam with a 9.825. **NCAA Regional (4/5):** Recorded a 9.850 to place 13th on beam...Registered a 9.850 on bars, placing 15th.

## 2018 - FRESHMAN SEASON

**Awards:** Selected second-team All-America on bars...Named first-team All-Big Ten...Earned Big Ten Freshman of the Week honors on January 8, February 19, February 26, March 6 and March 12...Garnered the Ann Carr Award following the Eastern Michigan (1/6) meet.

**Season:** Competed in 12 meets in all-around...Member of the vault, bars and beam lineups in all 13 meets...Qualified for the NCAA Championships and competed in all-around...Won 11 event titles, including three in all-around, six on bars, three on vault, one on beam and one on floor...At the BYU Quad Meet (3/4), earned a perfect 10.0 on bars to become the 10th Nittany Lion to achieve a 10.0 and the first in program history to collect a 10.0 on bars.

**Rankings:** Tied for 15th in the country on bars with a 9.910 RQS...Ranked 37th in the nation in all-around with an RQS of 39.315.





## LAUREN BRIDGENS

**Meet-by-Meet: Eastern Michigan (1/6):** In her college debut, won the all-around and vault titles...Recorded a 39.050 in all-around and a 9.825 on vault...Placed second on bars with a 9.800. **Nebraska (1/13):** Collected a 9.875 on bars, finishing third...Added a 9.800 on vault. **at Maryland (1/19):** Secured a 9.825 on beam, good for second overall. **Illinois (1/27):** Claimed the bars title with a 9.875. **at Michigan State (2/4):** Earned the event title on bars with a 9.925...Added a 9.825 on floor. **at Ohio State (2/9):** Tallied a 39.175 in all-around and 9.850 on bars, finishing second in both events...Registered a 9.800 on vault, placing fifth, and a 9.775 on beam. **Cornell, Penn (2/17):** Earned event titles in all-around, bars, beam and floor...Collected a 39.300 in all-around, a 9.900 on bars, a 9.850 on floor and a 9.775 on beam...Added a 9.775 on vault, placing second. **George Washington (2/24):** Recorded a season-best 39.475 in all-around...Won the bars title with a 9.925...Collected a 9.850 on vault, beam and floor, placing third on vault and beam and fifth on floor. **at Pitt Quad Meet (3/4):** Tallied a 39.425 to place second in all-around...Won the vault title with a career-best 9.925...Claimed the bars title with a 9.925...Placed fifth on floor with a 9.850. **at BYU Quad Meet (3/9):** Earned the all-around title with a 39.375...Tallied a perfect 10.0 on bars, the 10th perfect 10.0 in program history, to win the event title...Registered a 9.825 on beam, a 9.775 on vault and a 9.775 on floor. **at Big Five Meet (3/17):** Recorded a 39.300 in all-around, good for fifth overall...Claimed the vault title with a 9.900...Placed eighth on bars with a 9.850 and a sixth on floor with a 9.825. **Big Ten Championships (3/24):** Collected a 9.875 on bars, placing 14th, and a 9.850 on floor, finishing 16th. **NCAA Regional (4/7):** Secured a 39.200 in all-around, finishing third overall...Earned third place on vault with a 9.900...Added a 9.850 on bars, placing sixth. **NCAA Championships (4/20):** Placed 28th in all-around with a 39.2125...Finished 20th on bars with a 9.8750 and 38th on vault with a 9.8375...Tallied a 9.7625 on floor and a 9.7375 on beam.

### GYMNASTICS BACKGROUND

Trained at Hill's Gymnastics under coaches Kelli Hill, Cynthia Smaha and Tian Zhang...Competed in four Junior Olympic National Championships...Finished second on the vault and tied for eighth on the floor in 2017...Placed third on the vault and 15th in the all-around in 2015...Won the vault, bars, floor and all-around, scoring a 38.550, while placing second on the beam at the 2017 Level 10 Regional...Won the uneven bars, finished second on the vault and all-around, while finishing third on the floor at the 2015 Level 10 regional...Won the vault, beam, floor and all-around, while placing third on the uneven bars at the 2017 Level 10 State championship...Won the uneven bars and floor and finished second on the vault and all-around in 2015.

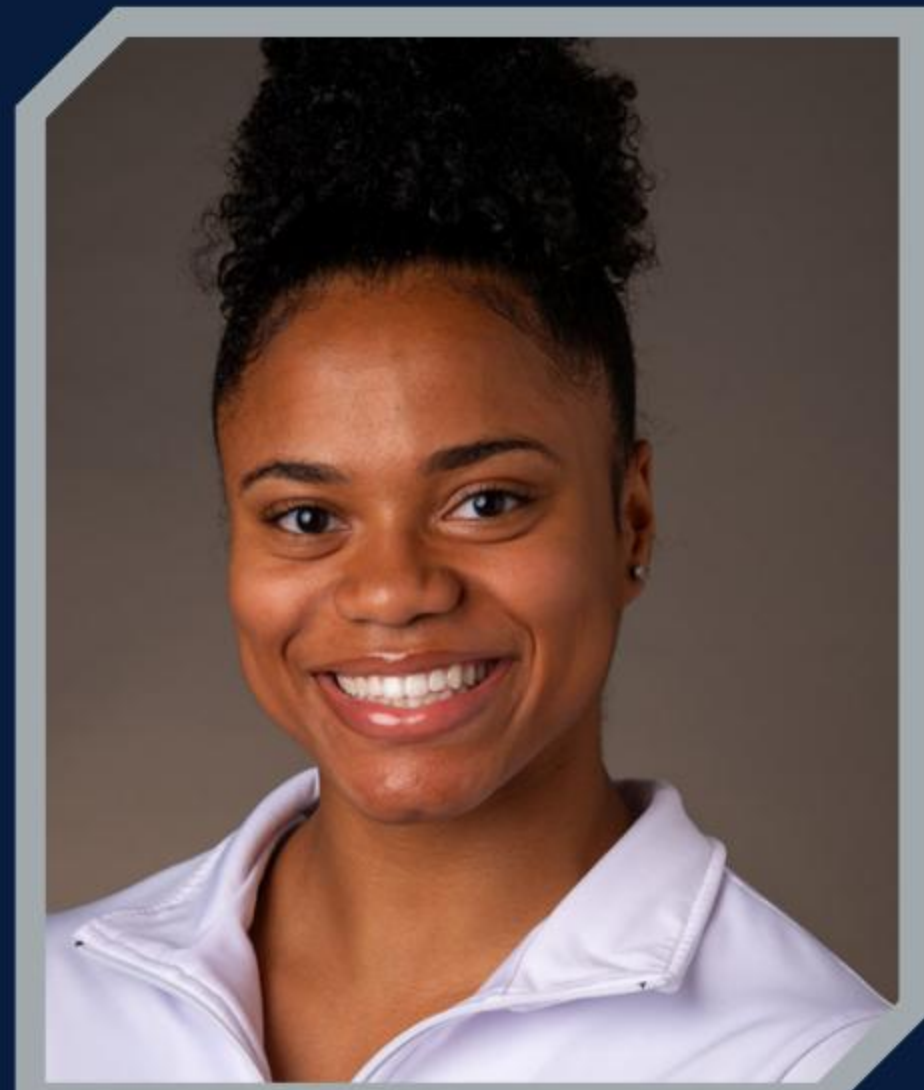
### PERSONAL

Full name is Lauren Marie Bridgens...Daughter of Dave and Clare Anne...Has three siblings, Ryan, Chris and Taylor...Lists shopping and hiking and spending time with friends as hobbies, the Washington Football Team as her favorite sports team, steak and Caesar salad as favorite foods, "Dear John" and "The Blindside" as her favorite movies, names Tim McGraw as her favorite musician and her favorite place to visit is anywhere there is a beach...Majoring in marketing...Born on September 22, 1998 in Darnestown, Maryland.

### Why Penn State?

"I chose Penn State because nothing compares to that feeling when you walk on campus. Everyone is so spirited and full of energy, it would be hard not to fall in love with PSU. I also felt like it was a school that would allow me to be successful academically as well as in gymnastics since it is a great school for both. I am so excited to be part of such an amazing team with amazing coaches!"





**SENIOR+ • V, UB, FX**  
Height: 5'2"

Hometown:  
**Suffolk, Va.**

High School:  
**Summit Christian Academy**

Club:  
**World Class Gymnastics**

Major:  
**Biology**

### ACCOLADES

#### 2021

- Academic All-Big Ten
- Big Ten Distinguished Scholar

#### 2020

- Academic All-Big Ten
- WCGA Academic All-American

#### 2019

- Academic All-Big Ten
- WCGA Scholar-Athlete

#### 2018

- NACGC/W Scholar-Athlete

# KOURTNEY CHINNERY

**2021 - DID NOT COMPETE**

### 2020 - JUNIOR SEASON

**Awards:** Selected Academic All-Big Ten...Named WCGA Academic All-American.

**Season:** Competed in the vault and bars lineups in all 10 meets...Performed three exhibition routines on floor...Captured one event title on vault...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Meet-by-Meet: West Virginia (1/11):** Earned a season-high 9.825 on bars... Claimed third place on vault with a 9.800. **at Nebraska (1/16):** Recorded a 9.775 on vault. Iowa (1/25): Notched a 9.750 on vault. **Rutgers (1/31):** Secured a 9.800 on vault and bars. **at Illinois (2/7):** Registered a 9.800 on vault to finish third. **at Ohio State (2/14):** Won the vault event with a 9.825. **at Big Five Meet (2/22):** Collected a career-high 9.875 on vault, placing 10th...Added a 9.775 on bars. **PSU Quad Meet (2/29):** Finished third on vault with a 9.825... Recorded a 9.800 on bars. **Florida (3/7):** Notched a 9.775 on vault and a 9.750 on bars.

### 2019 - SOPHOMORE SEASON

**Season:** Competed in all 13 meets on vault...Participated in 10 meets on floor, seven on bars and one on beam.

**Meet-by-Meet: at Utah (1/5):** Placed seventh on vault with a 9.775. **vs. Temple, Towson (1/12):** Registered a 9.800 on vault to place second...Secured a fourth-place finish with a 9.825 on floor. **Ohio State (1/19):** Finished second on vault with a 9.800. **Minnesota (1/26):** Set a career high on floor with a 9.850, finishing fourth...Registered a 9.775 on vault, placing ninth. **at Illinois (2/2):** Collected a 9.825 on floor, finishing fourth...Recorded a 9.750 on vault, placing fifth. **Michigan (2/16):** Secured a 9.775 on vault, finishing seventh...Placed fifth on floor with a 9.800. **at Big Five Meet (2/22):** Earned a career-best 9.875 on vault to win the event title...Added a 9.825 on bars. **PSU Quad Meet (3/2):** Recorded a 9.850 on bars, finishing fourth. **at Florida (3/8):** Collected a career-best 9.850 on bars, finishing sixth...Tallied a 9.850 on floor, placing fifth. **NCAA Regional (4/5):** Secured a 9.850 on vault, placing 14th.

### 2018 - FRESHMAN SEASON

**Season:** Competed in all 13 meets on vault...Competed in one meet on floor.

**Meet-by-Meet: Nebraska (1/13):** Registered a season-best 9.850 on vault, finishing fourth. **at Michigan State (2/4):** Tallied a 9.775 on vault, good for third place. **George Washington (2/24):** Collected a 9.750 on vault. **at Pitt Quad Meet (3/4):** Recorded a 9.825 on vault. **at BYU Quad Meet (3/9):** Earned a 9.750 on vault. **Big Five Meet (3/17):** Placed 15th on vault with a 9.775. **NCAA Regional (4/7):** Secured ninth on vault with a 9.800.

## CAREER BESTS

Event	Score	Date	Meet
<b>Vault</b>	9.875	2/22/20	Twice, Last: Big Five Meet
<b>Uneven Bars</b>	9.850	3/8/19	Twice, Last: at Florida
<b>Balance Beam</b>	9.675 <sup>^</sup>	1/26/19	Minnesota
<b>Floor Exercise</b>	9.850	1/26/19	Twice, Last: Minnesota
<sup>^</sup> Exhibition			





## KOURTNEY CHINNERY

### GYMNASTICS BACKGROUND

Trained at World Class Gymnastics under coach Tami Harrison... At the 2016 Junior Olympic National Championships, finished ninth on the vault and 11th in the all-around...Qualified for the 2016 and 2017 Level 10 Regional. Placed second on the floor and sixth in the all-around in 2016...Won the all-around, vault and floor, while finishing second on the beam at the 2017 Level 10 State Championships...Placed first in the all-around, beam and floor, while claiming second on the vault and uneven bars in 2016...Qualified for the 2015 Nastia Liukin Supergirl Cup.

### PERSONAL

Full name is Kourtney Lind Chinnery...Daughter of Debra and Lind Chinnery... Has three brothers, Dwain, Akrin, and Ahmad, and one sister, Denisha...Lists listening to music as a hobby, the Lakers as her favorite sports team, mac and cheese as her favorite food and "A Different World" as her favorite show... Her favorite place to visit is Jost Van Dyke in the British Virgin Islands and her favorite musician is Michael Jackson...Majoring in biology...Born on May 11, 2000 in Norfolk, Virginia.

### Why Penn State?

"I chose Penn State because Penn State actively, adamantly, and passionately chose me. The coaches have supported me since day one and have truly showed great interest in me as not only an athlete, but as a student, and as a person. I am truly blessed to attend Penn State! I want to represent the Nittany Lions with a spirit of humility and integrity both academically and athletically!"





**SENIOR • V, BB, FX**  
Height: 5'2"

Hometown:  
**Morganville, N.J.**

High School:  
**Marlboro High School**

Club:  
**Action Gymnastics**

Major:  
**Science**

### ACCOLADES

#### 2021

- Academic All-Big Ten
- Big Ten Distinguished Scholar

#### 2020

- Academic All-Big Ten
- Big Ten Distinguished Scholar
- WCGA Academic All-American

# MELISSA ASTARITA

**Awards:** Two-time Academic All-Big Ten and Big Ten Distinguished Scholar.

**Season:** Competed in all 11 meets for the Nittany Lions, setting a career-high of 9.925 against Nebraska.

**Meet-by-Meet:** Maryland (1/17): Opened the season by winning on floor exercise with a 9.875 score. Nebraska (1/23): Set a career-high on floor with a score of 9.925. At Minnesota (1/30): Placed fourth on floor with a score of 9.875. At Maryland (2/5): Posted a score of 9.825 on floor. Illinois (2/13): Recorded a score of 9.850 on floor. Penn State Tri-Meet (2/21): Won on beam with a score of 9.900 and set a career-high on floor with a 9.850 Big Five Meet (2/27): Recorded a floor score of 9.825. At Ohio State Quad Meet (3/7): Placed fifth on floor exercise with a score of 9.875 and set a new career-high on beam with a 9.875. At Rutgers (3/13): Recorded a score of 9.750 on floor. Big Ten Championships (3/20): Added a floor exercise score of 9.850. NCAA Regional First Round: Posted a score of 9.825 on floor. NCAA Regional (Individual): Closed out the season with a 9.875 score on floor.

### 2020 - SOPHOMORE SEASON

**Awards:** Selected Academic All-Big Ten...Named a Big Ten Distinguished Scholar...Collected WCGA Academic All-American honors...Earned the Ann Carr Award following the Quad Meet vs. Arizona State, Cornell and Towson (2/29).

**Season:** Performed as a member of the floor lineup in all 10 meets...Earned one event title...Collected three scores of 9.900 or better...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Meet-by-Meet:** West Virginia (1/11): Collected a 9.750 on floor. **at Nebraska (1/16):** Secured a 9.850 on floor. **Iowa (1/25):** Finished third on floor with a 9.900. **at Illinois (2/7):** Notched a 9.825 on floor. **at Big Five Meet (2/22):** Claimed third place with a 9.900 on floor. **PSU Quad Meet (2/29):** Earned a career-high 9.925 on floor to win the event title. **Florida (3/7):** Recorded a 9.850 on floor.

### 2019 - FRESHMAN SEASON

**Season:** Competed in all 13 meets on vault and floor.

**Meet-by-Meet:** **at Utah (1/5):** Earned a 9.725 on vault to place eighth in her collegiate debut. **vs. Temple, Towson (1/12):** Collected first career event title, winning on floor with a 9.900...Added a 9.750 on vault, good for fifth. **Ohio State (1/19):** Finished third on floor with a 9.850. **Minnesota (1/26):** Registered a 9.850 on floor, finishing fourth. **at Illinois (2/2):** Had a 9.775 on floor, placing sixth. **at Rutgers (2/9):** Recorded a 9.750 on floor. **at Big Five Meet (2/22):** Collected a 9.800 on floor, good for 11th overall, and a 9.775 on vault. **PSU Quad Meet (3/2):** Earned a 9.900 on floor, earning her second event title of the season. **at WVU Quad Meet (3/17):** Collected a career-high 9.800 on vault, placing eighth...Had a 9.800 on floor, finishing ninth. **Big Ten Championships (3/23):** Claimed 14th on floor with a 9.875. **NCAA Regional (4/5):** Recorded a 9.800 on floor, placing 29th.

### GYMNASTICS BACKGROUND

Competed for Action Gymnastics under coach Magdalena During...Placed sixth in the all-around, sixth on uneven bars and seventh on floor exercise at the 2018 New Jersey State Championships...Finished 15th in the all-around, fifth on vault, sixth on floor and 10th on beam in the 2018 Level 10 Regionals...

## CAREER BESTS

Event	Score	Date	Meet
Vault	9.800	3/17/19	at WVU Quad Meet
Floor Exercise	9.925	2/29/20	PSU Quad Meet





**R-SENIOR • ALL-AROUND**  
Height: 5'4"

Hometown:  
**State College, Pa.**

High School:  
**Saint Joseph's Catholic Academy**

Previous School:  
**West Virginia**

Club:  
**Centre Elite Gymnastics**

Major:  
**Recreation, Parks and Tourism Management**

## ACCOLADES

### 2019

- NCAA Championships Qualifier (Beam)
- Big Ten Freshman of the Week (2/12)
- Academic All-Big Ten

# JESSIE BASTARDI

**Records: 2019:** Tied Meredith Hoover (2003) for Penn State's top beam score in an NCAA Regional (9.900).

## 2021 - DID NOT COMPETE

## 2020 - SOPHOMORE SEASON

**Season:** Competed in all 10 meets on beam and two meets on vault... Performed two exhibition routines on bars...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Meet-by-Meet: West Virginia (1/11):** Collected a 9.800 on beam. **Iowa (1/25):** Placed third on beam with a 9.825. **at Ohio State (2/14):** Recorded a 9.775 on beam, placing third. **at Big Five Meet (2/22):** Notched a 9.800 on beam, finishing 10th. **PSU Quad Meet (2/29):** Earned a season-best 9.875 on beam to place third. **Florida (3/7):** Secured a 9.800 on beam.

## 2019 - REDSHIRT FRESHMAN SEASON

**Awards:** Named an Academic All-Big Ten selection.

**Season:** Competed in 14 meets on beam and one on vault...Qualified for the NCAA Championships on beam, placing 36th.

**Meet-by-Meet: at Utah (1/5):** Placed fifth on beam with a 9.825. **vs. Temple, Towson (1/12):** Earned fourth on beam, recording a 9.775. **Minnesota (1/26):** Secured a 9.900 on beam, finishing second. **at Rutgers (2/9):** Set a career-high with a 9.925 on beam to share the event title with teammate Tess McCracken...Earn first career event title. **at Big Five Meet (2/22):** Earned a 9.800 on beam, placing sixth. **PSU Quad Meet (3/2):** Recorded a 9.775 on beam. **at Florida (3/8):** Secured a 9.875 on beam, good for sixth overall. **Big Ten Championships (3/23):** Earned a 9.800 on beam, placing 24th overall. **NCAA Regional (4/5):** Registered a 9.900 on beam, finishing third overall and first in the Session I quad meet...Tied Meredith Hoover (2003) for Penn State's top beam score in an NCAA Regional...Qualified for the NCAA Championships. **NCAA Championships (4/19):** Collected a 9.7875 on beam, placing 36th overall...Finished in 20th in the Session I quad meet and third among individual competitors in the meet.

## GYMNASTICS BACKGROUND

Transferred from West Virginia...Competed for Centre Elite Gymnastics for Coaches Jen Bundy Bortz and Tracey Longenecker...Was a Pennsylvania State Champion and a National Qualifier...Qualified for the 2016 Junior National Olympics, placing eighth on the uneven bars and 19th in the all-around...Finished second on the uneven bars, fourth on beam and seventh in the all-around at the 2016 Level 10 regionals...She was the 2016 Level 10 Pennsylvania State Champion on the uneven bars and placed third on vault and ninth in the all-around.

## CAREER BESTS

Event	Score	Date	Meet
Vault	9.375	1/12/19	Temple, Towson
Uneven Bars	9.825 <sup>^</sup>	2/2/19	at Illinois
Balance Beam	9.925	2/9/19	at Rutgers

<sup>^</sup> Exhibition





# JESSIE BASTARDI

## PERSONAL

Full name is Jessie Bastardi...Daughter of Jess Strunck Bastardi and Joe Bastardi...Has a brother, Garrett...Mother, Jess, competed for the Penn State women's gymnastics team, winning the Atlantic 10 floor and vault titles as a senior...Mom also served as an assistant coach for the program...Father, Joe, wrestled for Penn State, graduating in 1978...Lists Tiger Woods as her favorite athlete, "The Great Gatsby" as her favorite book, "Game of Thrones" as her favorite show, pasta or gumbo as her favorite food and Italy as her dream vacation...Majoring in recreation, parks and tourism management...Born on December 7, 1998 in State College, Pennsylvania.

## Why Penn State?

"I chose Penn State because it has been my home for my whole life and I always wanted the chance to represent the university like my parents did before me."





## DYMIANA COX

### 2021 - JUNIOR SEASON

**Awards:** Named an Academic All-Big Ten selection.

**Season:** Did not see any action.

### 2020 - SOPHOMORE SEASON

**Awards:** Earned the Big Ten Sportsmanship Award...Named an Academic All-Big Ten selection.

**Season:** Did not see any action...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

### 2019 - FRESHMAN SEASON

**Season:** Did not compete this season.

### GYMNASTICS BACKGROUND

Competed for Parkette Gymnastics under coaches Robin Netwall, John Holman, Bill and Donna Strauss...Finished seventh on floor and 14th on the beam at the 2018 Junior Olympic Nationals...Competed in the 2017 Junior Olympic Nationals, placing 11th in the all-around and 10th on beam...Placed second in the all-Around and on beam, third on floor, fourth on bars and seventh on vault at the 2018 Level 10 Pennsylvania State Championships...Competed at the 2018 Level 10 Regionals, finishing seventh in the all-around, second on beam and third on floor.

### PERSONAL

Full name is Dymiana J. Cox...Daughter of Darrell and Jessica Cox...Majoring in communications...Born on April 19, 2001 in Elmont, New York.

### Why Penn State?

"I chose Penn State because it is the perfect place to further my education and compete gymnastics at the collegiate level. The history and camaraderie is awesome! The coaching staff is very knowledgeable and I loved the positive energy I received from them. I instantly fell in love with the

### SENIOR • ALL-AROUND

Height: 5'1"

Hometown:

**Elmont, N.Y.**

High School:

**Connections Academy**

Club:

**Parkette Gymnastics**

Major:

**Communications**

### ACCOLADES

#### 2021

- Academic All-Big Ten

#### 2020

- Academic All-Big Ten
- Big Ten Distinguished Scholar



**SENIOR • ALL-AROUND**

Height: 5'5"

Hometown:

**New Milford, Pa.**

High School:

**Pennsylvania Cyber  
Charter School**

Club:

**United Sports Academy**

Major:

**Communications****ACCOLADES****2021**

- Academic All-Big Ten
- Big Ten Distinguished Scholar

**2020**

- Academic All-Big Ten

# DONNA HOWELL

**2021 - JUNIOR SEASON**

**Awards:** Earned Academic All-Big Ten and Big Ten Distinguished Scholar honors

**Season:** Competed in eight meets for the Nittany Lions, setting a career high of 9.775 on vault.

**Meet-by-Meet:** Maryland (1/17): Opened the season with a 9.520 on vault. Nebraska (1/23): Recorded a 9.550 on vault. At Minnesota (1/30): Posted a 9.500 on vault. At Maryland (2/5): Recorded a career-best 9.775 on vault. Illinois (2/13): Posted a score of 9.550 on vault. Penn State Tri Meet (2/21): Added a 9.575 score on vault. At Big Five Meet (2/27): Posted a 9.475 score on vault. At Ohio State Quad Meet (3/7): Closed out her season with a 9.650 score on vault.

**2020 - SOPHOMORE SEASON**

**Awards:** Named an Academic All-Big Ten selection.

**Season:** Did not see any action...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**2019 - FRESHMAN SEASON**

**Season:** Did not compete this season.

**GYMNASTICS BACKGROUND**

Competed for United Sports Academy under the direction of Omar Egas, Dima Raynova and Sylvia Topalova...Finished ninth in the all-around and eighth on bars at the 2018 Level 9/10 Pennsylvania State Championships...Placed 12th in the all-around and third on bars and vault at the 2018 Level 9/10 Regionals...Finished ninth in the all-around, second on bars and sixth on vault at the 2017 Level 9/10 Pennsylvania State Championships and finished 11th in the all-around and fifth on vault at the Regionals.

**PERSONAL**

Full name is Donna L. Howell...Daughter of Victor and Maureen Howell...Majoring in communications...Born on February 16, 2001 in New Milford, Pennsylvania.

**Why Penn State ?**

"I chose Penn State because I have dreamed about being a student here since I was a little girl. I love the positive atmosphere and family camaraderie on campus and within the gymnastics team and coaching staff. It felt like the perfect fit and I am so thankful and excited to have the opportunity to continue my academics and athletics here."





**JUNIOR • V, BB, FX**  
Height: 5'2"

Hometown:  
**Sarnia, Ontario**

High School:  
**Great Lakes Secondary School**

Club:  
**Bluewater Gymnastics**

Major:  
**Science**

## ACCOLADES

### 2021

- Academic All-Big Ten
- Big Ten Distinguished Scholar

# AMY BLADON

## 2021- SOPHOMORE SEASON

**Awards:** Earned Academic All-Big Ten and Big Ten Distinguished Scholar honors.

**Season:** Competed in 11 meets for the Nittany Lions. Named Academic All-Big Ten.

**Meet-by-Meet:** Maryland (1/17): Opened the season with a 9.650 on vault. Nebraska (1/23): Recorded a 9.650 on vault and a 9.500 on floor. At Minnesota (1/30): Set a career-high on beam with a 9.725 score. At Maryland (2/5): Recorded a 9.400 on floor. Illinois (2/13): Recorded a 9.675 on floor and a 9.600 on vault. Penn State Tri-Meet (2/21): Set a career-high with a 9.775 on floor. Big Five Meet (2/27): Posted a 9.700 on floor. Ohio State Quad Meet (3/7): Recorded a season-high on vault with a 9.725 score. At Rutgers (3/13): Set a new career-high with a 9.775 on vault. At Big Ten Championship (3/20): Recorded a 9.750 score on floor and a 9.700 on vault. At NCAA Regional First Round (4/1): Closed out the season with a 9.700 on vault and a 9.500 on floor.

## 2020 - FRESHMAN SEASON

**Season:** Competed as a member of the vault lineup in eight meets...Performed five exhibition routines on beam...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Meet-by-Meet: Iowa (1/25):** Registered a 9.725 on vault. **at Ohio State (2/14):** Collected a 9.700 on vault. **at Big Five Meet (2/22):** Notched a 9.750 on vault. **Florida (3/7):** Secured a 9.725 on vault.

## Gymnastics Background:

Competed for Bluewater Gymnastics Club for Head Coach Liz Brubaker... Finished 12th in the all-around at Elite Canada 2018...Earned bronze on vault at the 2017 Elite Gym Massilia France Open Event Finals...Won the all-around at the 2017 Ontario Provincial Championships, while winning vault and finishing 13th in the all-around at the 2017 International Gymnix Challenge...Finished 10th in the all-around at the 2017 Canadian National Championships and 11th in all-around at the 2016 Canadian National Championships.

## Personal:

Full name is Amy Bladon...Daughter of Joanne and Curt Bladon...Has a brother, Matthew...Majoring in science.

## Why Penn State?

"I chose Penn State because I really connected with the enthusiastic coaching staff and welcoming gymnasts. Penn State is well-known for its academics, which is also important to me. On my first campus tour, as we were leaving campus that day, I said, 'I love this place!'"

## CAREER BESTS

Event	Score	Date	Meet
Vault	9.775	3/13/20	at Rutgers
Balance Beam	9.775	2/21/21	Penn State Tri-Meet





**JUNIOR • UB, BB, FX**  
Height: 5'2"

Hometown:  
**New Albany, Ohio**

High School:  
**New Albany**

Club:  
**Buckeye Gymnastics**

Major:  
**Liberal Arts**

### ACCOLADES

#### 2021

- Academic All-Big Ten
- Big Ten Distinguished Scholar

#### 2020

- WCGA Academic All-American

# BELLA ROMAGNANO

## 2021 - SOPHOMORE SEASON

**Awards:** Earned Academic All-Big Ten and Big Ten Distinguished Scholar honors.

**Season:** Competed in 10 meets for the Nittany Lions, setting career-highs on bars and beam.

**Meet-by-Meet:** Nebraska (1/23): Opened the season with a 9.750 on bars. Minnesota (1/30): Posted a 9.700 on bars and a 9.675 on beam. Maryland (2/5): Set a career-high with a 9.850 on bars to earn the event win. Illinois (2/13): Set a career-high on beam with a 9.825 score. Penn State Tri-Meet (2/21): Posted a 9.800 score on beam. Big Five Meet (2/27): Recorded a 9.800 score on beam and a 9.775 score on bars. Ohio State Quad Meet (3/7): Tied her career-high with a 9.825 score on beam. At Rutgers (3/13): Once again tied her career-high with a 9.825 score on beam. Big Ten Championships (3/20): Posted matching scores of 9.750 on bars and beam. At NCAA Regional First Round: Tied her career-high on bars with a 9.850 score.

## 2020 - FRESHMAN SEASON

**Awards:** Named WCGA Academic All-American.

**Season:** Competed in the beam lineup in all 10 meets...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Meet-by-Meet: West Virginia (1/25):** Recorded a 9.725 on beam. **Rutgers (1/31):** Secured a 9.775 on beam. **at Illinois (2/7):** Notched a 9.800 on beam. **at Ohio State (2/14):** Registered a 9.725 on beam. **at Big Five Meet (2/22):** Collected a 9.750 on beam. **Florida (3/7):** Earned a career-high 9.825 on beam.

### Gymnastics Background:

Competed for Buckeye Gymnastics for head coach Kittia Carpenter...Helped Buckeye Gymnastics to team championships at the Arnold Gymnastics Challenge in 2018 and Coaches Spectacular Team Championships in 2017

## CAREER BESTS

Event	Score	Date	Meet
Uneven Bars	9.850	4/1/21	NCAA First Round
Balance Beam	9.825	3/13/21	Twice, Last: vs. Rutgers





## JUNIOR • ALL-AROUND

Height: 5'2"

Hometown:  
**Worcester, Mass.**

High School:  
**Worcester Technical**

Club:  
**Daggett Gold Medal  
Gymnastics**

Major:  
**Health and Human Development**

## ACCOLADES

### 2021

- All-Big Ten First Team
- Big Ten All-Championship Team
- Academic All-Big Ten

### 2020

- All-Big Ten Second Team

# CASSIDY RUSHLOW

## 2021 - SOPHOMORE SEASON

**Awards:** First Team All-Big Ten Honoree...Academic All-Big Ten recipient...Big Ten All-Championship Team.

**Season:** Competed in all 11 meets for the Nittany Lions. Set career highs on all-around, bars, beam and floor.

**Meet-by-Meet:** Maryland (1/17): Opened the season by placing first in the all-around with a score of 39.100. Nebraska (1/23): Won the all-around with a 39.475...also won the individual titles on vault (9.875) and set a career-high on bars (9.925). At Minnesota (1/30): Placed third in the all-around with a score of 38.600. Maryland (2/5): Won the all-around with a career-high 39.475 score...also won the bars, beam and floor individual titles. Illinois (2/13): Placed second in the all-around with a 38.475 score. Penn State Tri-Meet (2/21): Finished third in the all-around with a score of 38.725. Big Five Meet (2/27): Recorded an eighth-place finish in the all-around with a score of 38.525. At Ohio State Quad Meet (3/7): Placed third in the all-around with a 38.625. At Rutgers (3/13): Finished third in the all-around with a score of 39.300...claimed the beam title with a score of 9.900. Big Ten Championship (3/20): Recorded an all-around score of 39.300, named to the All-Championship Team. At NCAA Regional Round 1 (4/1): Recorded an all-around score of 39.050. At NCAA Regional (Individual): Closed out the season with a 38.775 all-around score.

## 2020 - FRESHMAN SEASON

**Awards:** Earned All-Big Ten second-team honors...Collected the Ann Carr Award following the West Virginia (1/11) meet.

**Season:** Competed in the all-around in eight meets...Performed as a member of the vault, bars and beam lineups in all 10 meets...Competed in the floor lineup in eight meets...Performed one exhibition routine on floor...Won five event titles, including one in all-around, two on vault, one on bars and one on beam...Earned two scores of 9.900 on beam, a 9.900 on vault and a 9.925 on bars...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

**Rankings:** Ranked 39th in the country and 11th in the Big Ten in all-around with a 39.130 NQS (National Qualifying Score)...Held 63rd in the nation on beam with a 9.855 NQS.

**Meet-by-Meet: at Collegiate Challenge (1/4):** Recorded a 9.825 on beam, placing fifth overall. **West Virginia (1/11):** Captured the all-around and bars titles...Earned a 39.250 in all-around and a career-high 9.925 on bars...Placed second on beam with a 9.875...Added a 9.775 on floor. **at Nebraska (1/16):** Collected a 9.800 on bars...Registered a 9.750 on vault and beam. **Iowa (1/25):** Earned a 39.225 in all-around...Claimed the event title on beam with a career-high 9.900...Recorded a career-best 9.825 on floor...Added a 9.800 on bars. **Rutgers (1/31):** Secured a 39.250 in all-around...Matched her career-high with a 9.900 on beam, finishing second...Placed third on bars with a 9.850...Added

## CAREER BESTS

Event	Score	Date	Meet
All-Around	39.475	2/5/21	at Minnesota
Vault	9.900	2/22/20	at Big Five Meet
Uneven Bars	9.925	1/23/21	Twice, Last: Nebraska
Balance Beam	9.925	2/5/21	at Maryland
Floor Exercise	9.875	2/5/21	at Maryland





# CASSIDY RUSHLOW

a 9.750 on vault and floor. **at Illinois (2/7):** Notched a 39.025 in all-around... Captured the vault title with a 9.825...Added a 9.775 on bars. **at Ohio State (2/14):** Recorded a 9.825 on bars, finishing second...Collected a 9.800 on beam, placing second. **at Big Five Meet (2/22):** Earned a career-high 39.300 in all-around, placing sixth...Secured a career-high 9.900 on vault, finishing fourth...Recorded a 9.850 on bars, placing ninth, and a 9.825 on beam, placing sixth. **PSU Quad Meet (2/29):** Won the vault title with a 9.850... Registered a 9.850 on bars, finishing second. **Florida (3/7):** Notched a 9.850 on vault...Collected a 9.825 on bars.

## Gymnastics Background:

Competed for Daggett Gold Medal Gymnastics for coaches Marlyce Morace and Andrew Leis...Won the all-around, vault, bars and floor events, while placing second on beam at the 2019 Regional Championships...Claimed the all-around, vault and beam titles, while finishing third on bars and fourth on floor at the 2019 Massachusetts State Championships...Was a 2018 Junior Olympics National Qualifier where she placed 11th on beam (9.475) and 16th on vault (9.600)...Won the bars (9.650) at the 2018 Regional Championships, while finishing second on vault, 11th on beam and seventh in the all-around... Won the vault (9.725) at the 2017 State Championships, placing fourth on beam and eighth in the all-around.

## Personal:

Full name is Cassidy Rushlow...Daughter of Christine and Donald Rushlow... Has two sisters, Alison and Kelsie...Majoring in health and human development.

## Why Penn State?

"I chose Penn State because from the moment I stepped onto campus, and got a chance to look at what the school was like, it immediately felt like home. Coming from Daggett Gymnastics, I think they've prepared me well for the next chapter in my gymnastics career. I am very grateful for the opportunity to attend Penn State."





**SOPHOMORE • ALL-AROUND**  
Height: 5'2"

Hometown:  
**York, Pa.**

High School:  
**York Suburban**

Club:  
**Hanover Gymnastics**

Major:  
**Earth and Mineral Sciences**

## MAGGIE AYERS

### 2021- FRESHMAN SEASON

**Season:** Competed in 11 meets for the Nittany Lions.

**Meet-by-Meet:** Maryland (1/17): Opened the season with a 9.725 on bars. Nebraska (1/23): Recorded a score of 9.775 on floor. Minnesota (1/30): Posted a 9.700 on floor. At Maryland (2/5): Recorded a score of 9.650 on floor. At Illinois (2/13): Posted a score of 9.650 on floor. At Big Five Meet (2/27): Added a 9.550 score on floor exercise. At Rutgers (3/13): Recorded a vault score of 9.725. At Big Ten Championships (3/20): Posted a score of 9.775 on vault. At NCAA Regional First Round (4/1): Set a career-high with a 9.800 score on vault.

### Gymnastics Background:

Ayers competed as a member of the Hanover Gymnastics club for coaches Minyoung Kwon and Lisa Pratt...Won the 2018 Pennsylvania Level 10 beam title...Qualified for the Level 10 Pennsylvania state championships in 2018 and 2019...Competed in the Level 10 regional championships in 2018 and 2019...Led her team to first-place finishes at the 2020 Chicago Style meet and 2019 Hard Rock Classic and Katie Baldwin Invitational Meets.

### Personal

Full name is Margaret Sharon Ayers...Daughter of Matthew and Penny Ayers...Has three sisters, Katie, Ava and Lucy, and a brother, Anthony...Planning to major in earth and mineral sciences...Born on May 6, 2002 in Harrisburg, Pennsylvania.

### Why Penn State?

"After visiting several schools and seeing their programs, Penn State stood out to me as far superior in many aspects. Having my mother as an alumna of Penn State, I was already familiar with the beautiful campus and high standard of academics. Penn State's unparalleled characteristics made the decision of where to go easy."

## CAREER BESTS

Event	Score	Date	Meet
<b>Vault</b>	9.800	4/1/21	NCAA First Round
<b>Uneven Bars</b>	9.725	1/17/21	Maryland
<b>Balance Beam</b>	9.125	1/23/21	Nebraska
<b>Floor Exercise</b>	9.775	1/23/21	Nebraska





**FRESHMAN • ALL-AROUND**  
Height: 5'5"

Hometown:  
**Ellicott City, Md.**

High School:  
**River Hill**

Club:  
**Hill's Gymnastics**

Major:  
**Undecided**

**NATALIE  
CROSS**

**2021 - FRESHMAN SEASON**

**Season:** Competed in all 11 meets for the Nittnay Lions.

**Meet-by-Meet:** Maryland (1/17): Opened the season with a 9.875 score on beam, a 9.850 on vault and a 9.750 on bars. Nebraska (1/23): Posted a 9.800 score on bars and a 9.725 on vault. At Minnesota (1/30): Set a career-high with a 9.825 score on bars. At Maryland (2/5): Matched her career-high on bars with a 9.825 score. Illinois (2/13): Recorded a score of 9.800 on bars and 9.750 on vault. Penn State Tri-Meet (2/21): Matched her career-high with a 9.825 score on bars and recorded a 9.800 score on beam. At Big Five Meet (2/27): Set a career-high on beam with a score of 9.900 and matched her career-high on bars with a 9.825. At Ohio State Quad Meet (3/7): Recorded a 9.800 on bars and 9.775 scores on vault and beam. At Big Ten Championship (3/20): Posted a 9.825 score on bars and a 9.800 score on vault. At NCAA Regional First Round (4/1): Ended the season with a 9.800 on bars, 9.750 on vault and a 9.750 on beam.

**Gymnastics Background:**

Competed with Hill's Gymnastics for coaches Cynthia Smaha and Teri Boyden... Led her team to four straight titles at Level 10 Maryland State Championships... Earned first place in all-around at the Level 10 Maryland State Championships in 2017, 2019 and 2020... Won the event titles on bars, beam and floor at the 2019 and 2020 championships... Qualified for Junior Olympic Nationals four times and Level 10 Regionals five times... Selected for the Region 7 All Star team in 2018, 2019 and 2020... Placed seventh on bars at the 2019 and 2020 Junior Olympic National Championships.

**Personal:**

Full name is Natalie Cross... Daughter of Mark Cross and Diana Vasilakis... Has a brother, Caleb... Undecided on a major... Born on October 23, 2001 in Rockville, Maryland.

**Why Penn State?**

"I chose Penn State because it has both amazing academics and athletics. I loved the campus, the school spirit, and the entire community of welcoming people that surround the school."

**CAREER BESTS**

Event	Score	Date	Meet
Vault	9.850	1/17/21	Maryland
Uneven Bars	9.825	4/1/21	5x, Last: NCAA First Round
Balance Beam	9.900	2/27/21	at Ohio State





**FRESHMAN • ALL-AROUND**  
Height: 5'5"

Hometown:  
**Boys, Md.**

High School:  
**Poolesville**

Club:  
**Hill's Gymnastics**

Major:  
**Engineering**

# MADDIE JOHNSTON

## 2021 - FRESHMAN SEASON

**Season** - Competed at all 11 meets for the Nittany Lions including two all-around appearances.

**Meet-by-Meet:** Maryland (1/17): Opened the season with a 9.875 on bars, a 9.825 on beam and a 9.775 on vault. Nebraska (1/23): Recorded 9.775 scores on vault and beam. At Minnesota (1/30): Set a career-high on vault with a 9.825 score and scored a 9.800 on bars. At Maryland (2/5): Recorded a 9.850 on beam and a 9.800 on bars. Illinois (2/13): Posted a 9.775 score on bars. Penn State Tri-Meet (2/21): Recorded a 9.825 score on beam and a 9.800 score on bars. At Big Five Meet (2/27): Set a career-high on beam with a 9.875 score. At Ohio State Quad Meet (3/7): Posted a 9.800 score on bars and a 9.775 score on beam. At Rutgers (3/13): Recorded 9.800 scores on vault and beam. At Big Ten Championships (3/20): Posted an all-around score of 39.150... recorded a career-high on bars with a 9.875. At NCAA Regional First Round (4/1): Closed out the season with a 9.775 score on beam.

## Gymnastics Background:

Competed with Hill's Gymnastics for coaches Cynthia Smaha and Teri Boyden...Led Hill's Gymnastics to team titles at the Level 10 Maryland State Championships in 2019...Earned event titles in all-around and on bars and floor at the 2019 Level 10 Maryland State Championships...Swept the event titles at the 2019 Level 10 Regionals...Competed at the 2019 World Junior Olympic National Championships, placing second in all-around, second on beam, fourth on bars and seventh on floor...Participated in the 2019 Nastia Liukin Cup, placing third on bars...Competed in the 2018 U.S. Gymnastics Championships and 2018 GK U.S. Classic...Participated in the 2018 American Classic, finishing third in all-around, second on vault, fifth on floor, sixth on bars and seventh on beam...Competed at the P&G Championships in 2016 and 2017, placing second on vault both years...Participated in the 2017 U.S. Classic, 2016 Secret U.S. Classic and 2015 Hopes Championships.

## Personal:

Full name is Madeleine Christine Johnston...Daughter of Betsy and Matt Johnston...Has a brother, Ryan...Planning to major in engineering...Born on May 28, 2002 in Washington, D.C.

## Why Penn State?

"I chose Penn State because of the spirited atmosphere, beautiful campus, awesome gymnastics coaches and team, and the variety of majors it offers."

## CAREER BESTS

Event	Score	Date	Meet
All-Around	39.125	3/13/21	at Rutgers
Vault	9.825	1/30/21	at Minnesota
Uneven Bars	9.875	3/20/21	Big Ten Championship
Balance Beam	9.875	2/27/21	Big Five Meet
Floor Exercise	9.725	3/20/21	Big Ten Championship





**FRESHMAN • ALL-AROUND**  
Height: 5'7"

Hometown:  
**Dayton, Ohio**

High School:  
**Ohio Connections Academy**

Club:  
**Cincinnati Gymnastics**

Major:  
**Engineering**

# MAGGIE MACE

**2021 - FRESHMAN SEASON**

**Season:** Did not see action.

## Gymnastics Background:

Competed with Cincinnati Gymnastics for head coach Rachael Tracy... Finished fifth on vault, bars, floor and all-around at the 2020 California Grand Invitational...Earned third on bars at the 2020 Elevate the Stage meet...Placed second on bars at the 2019 Ohio State championships...Led her team to a 2018 Ohio State Championship while placing third on bars...Served as a 2018 Junior Olympic Nationals alternate and qualified for the 2016 Junior Olympic Nationals...Earned the 2017 Ohio State Championships All-Around Title while finishing second on bars, fourth on beam and floor and fifth on vault... Graduated a year early from high school.

## Personal:

Full name is Marguerite Linda Mace...Daughter of Gina and Chris Mace...Has a sister, Mackenzie...Planning to major in Chemical Engineering to pursue a career in manufacturing new medicines and medical devices...Born on June 2, 2003 in Canton, Michigan.

## Why Penn State?

"I chose Penn State because when I stepped on campus, it felt like home and





## NIKKI BECKWITH

### Gymnastics Background:

Competed as a member of Buckeye Gymnastics under coach Kittia Carpenter... Qualified for nationals and won bars at states two times...team state champion.

### Personal

Full name is Nikki Beckwith...Daughter of Fiona and Peter Beckwith ...Has one sister (Lauren)...Planning to major in criminology...Born April 3, 2003 in Columbus, Ohio.

### Why Penn State?

"I loved the campus, the gymnastics team and coaches, as well as the amazing academics. "

### FRESHMAN

Hometown:  
**Westerville, Ohio**

High School:  
**Genoa Christian Academy**

Club:  
**Buckeye Gymnastics**

Major:  
**Criminology**



## ANASTASIA FRANK

### Gymnastics Background:

Frank competed for the Centre Elite Gymnastics club for coaches Tracy Longenecker, Jen Bortz, Rene Lyst and Rob Drass...Level 8- PA state All Around runner up. Regional Qualifier placing 6th All Around at Regionals...Level 9- PA State (6th on vault) and Regional Qualifier ( 6th on vault, 13 AA)...Level 10 -PA State and Regional Qualifier.

### Personal:

Full name is Anastasia Sarah Frank...Daughter of Adam and Renee Frank... Has two siblings (brother Avery and sister Alexis)...Planning to major in Kinesiology...Born August 9, 2003 in Virginia.

### Why Penn State?

"I love the environment and the feeling that comes with being here. Everyone acts like family and the passion everyone has for Penn State really shows. The amazing coaching staff and team makes me feel like this is where I was meant to be. Growing up, going to Penn State and doing gymnastics was always a dream. Becoming a Nittany Lion was something that I have wanted to do ever since I was little."

### FRESHMAN

Hometown:  
**Port Matilda, Pa.**

High School:  
**Bald Eagle Area**

Club:  
**Centre Elite Gymnastics**

Major:  
**Kinesiology**





## FRESHMAN

Hometown:  
**West Chester, Ohio**

High School:  
**The Summit County Day School**

Club:  
**Cincinnati Gymnastics Academy**

Major:  
**DUS**

# GRACE HARRELL

## Gymnastics Background

Competed as a member of Cincinnati Gymnastics Academy under coaches Rachel Tracy Gardner, Devin Wright and Cassie Whitcomb Sheets...2021 Ohio State runner-up...2021 Regional Qualifier...2021 National Qualifier...2019 Ohio State Bars Champion...2019 Ohio State Vault runner-up...2021 Ohio State team runner-up...2019 Ohio State team runner-up...2018 Ohio State team champion.

## Personal

Full name is Grace Harrell...Daughter of Crystal and Steve Harrell...Has a twin sister (Hailey)...Major is undecided...Born November 15, 2002 in Cincinnati, Ohio.

## Why Penn State?

"I chose Penn State because I wanted to go somewhere that wanted me just as bad as I wanted them and I felt that Penn State fit the description perfectly. At the end of the day, it just felt right and fell perfectly into place. I could not be more grateful. Along with the amazing gymnastics program, there are countless other opportunities that will help me succeed academically and set a strong foundation for my future endeavors."



## FRESHMAN

Hometown:  
**West Hartford, Conn.**

High School:  
**Hall**

Club:  
**Gymnastics Express**

Major:  
**DUS**

# JESSICA JOHANSON

## Gymnastics Background:

Johanson was a member of the Gymnastics Express under coach Maureen Chagnon...Level 10 National qualifier 2017, 2018, 2019, 2021...2021 Level 10 Nationals bars- 4th place...2021 Level 10 Nationals bars- 4th place.

## Personal:

Full name is Jessica Johanson...Daughter of Glenn and Mindy Johanson...Has two siblings (sister Ashley and brother Jadon)...Major is undecided...Born August 10, 2003 in Hartford, Conn.

## Why Penn State?

"I chose Penn State for the atmosphere and spirit of the gymnastics program. As soon as I met the coaches and the team, I knew that this is where I want to continue my athletic and academic career."





### FRESHMAN

Hometown:  
**Arlington, Texas**

High School:  
**Laurel Springs Online**

Club:  
**Texas Dreams Gymnastics**

Major:  
**DUS**

## ISABELLA SALCEDO

### Gymnastics Background:

Was a member of the Texas Dreams Gymnastics club under coaches Alicia Browning, Kait Dewey, Marcus Harlin and Ned Lang...Nastia Liukin vault champion 2018...2018 National team member...2018 vault state champion...2018 regional bar and AA champion...2019 National vault champion.

### Personal:

Full name is Isabella Salcedo...Daughter of Kristina and Christopher Salcedo...Has two sisters, Samantha and Amanda...Intends to major in business management...Born on February 14, 2003 in San Diego, California.

### Why Penn State?

"I chose Penn State for the academic prestige and amazing businesses program. I loved the coaching staff and environment provided by the University."



### FRESHMAN

Hometown:  
**Riga, Latvia**

High School:  
**RTLГ**

Club:  
**IGYM Latvia**

Major:  
**Business**

## ELINA VIHROVA

### Gymnastics Background:

Vihrova competed at the International Gym in Latvia for head coach Igors Vihrovs...Is a member of the Latvia National Team...Has won multiple national championships in Latvia, including gold medals in all events at the 2019 Latvian Championships...Competed at the 2018 World Championships in Doha, Qatar and the 2019 World Championships in Stuttgart, Germany...Has competed in four European Championships and one European Games.

### Personal:

Full name is Elina Vihrova...Daughter of Igors Vihrovs and Inna Vihrova...Has a sister, Milana...Father, Igors, won gold in floor exercise at the 2000 Olympics in Sydney, Australia...Undecided on a major, but plans to pursue a career in business...Born on June 27, 2002 in Riga, Latvia.

### Why Penn State?

"Because of an excellent academic program and amazing gymnastics team and coaches."





OLIVIA YARUSSI

Gymnastics Background:

Was a member of the Xquisite Gymnastics under coach Lindsey Stancil...Level 10 Regional qualifier.

Personal:

Full name is Olivia Yarussi...Daughter of Melanie Yarussi...Has one sibling (brother Owen)...Born October 22, 2002 in Pittsburgh, Pa.

Why Penn State?

“The University provides an abundance of resources to ensure academic and athletic excellence that will lead to success in the future. The values and feeling of family from the gymnastics team was also a selling point for me and the campus is beautiful.”

FRESHMAN

Hometown:  
Pittsburgh, Pa.

High School:  
Seneca Valley

Club:  
Xquisite Gymnastics

Major:  
DUS





## 2021 INDIVIDUAL/TEAM RESULTS

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 17 - No. 28 Maryland	V, UB, BB, FX	48.950	48.250	48.250	48.425	193.875
Jan. 23 - No. 29 Nebraska*	V, UB, BB, FX	48.875	48.975	48.025	<b>49.225</b>	195.100
Jan. 30 - at No. 13 Minnesota*	UB, V, FX, BB	48.600	49.100	48.000	49.050	194.750
Feb. 5 - at No. 28 Maryland*	UB, V, FX, BB	48.875	49.125	49.000	49.000	<b>196.000</b>
Feb. 13 - No. 20 Illinois*	V, UB, BB, FX	48.500	49.125	48.900	48.750	195.275
Feb. 21 - No. 22 Ohio State*, No 29 Maryland	V, UB, BB, FX	48.500	49.250	49.100	49.075	195.925
Feb. 26 - vs. No. 9 Iowa, No. 8 Michigan, No. 27 Michigan State, Rutgers*BB, FX, V, UB		48.875	<b>49.325</b>	<b>49.225</b>	48.425	195.850
Mar. 5 - at No. 24 Ohio State	UB, BB, FX, V	48.850	49.200	49.075	48.125	195.250
Mar. 13 - at Rutgers	UB, V, FX, BB	48.975	48.900	48.725	48.725	195.325
Mar. 20 - Big Ten Championships	BB, FX, V, BB	<b>49.000</b>	49.150	48.600	48.715	195.475

### SEASON HIGH IN BOLD

\* Indicates Big Ten Conference Meet

Rankings based on RoadToNationals Rankings

## 2021 TOP TEN PERFORMANCES

### Vault (Rowland/Personett, 10.0)

Cassidy Rushlow	9.875	1/23
Alissa Bonsall	9.850	1/23
Natalie Cross	9.850	1/17
Alissa Bonsall	9.850	3/7
Cassidy Rushlow	9.850	3/7
Cassidy Rushlow	9.850	3/20
Cassidy Rushlow	9.825	2/5
Maddie Johnston	9.825	1/30
Alissa Bonsall	9.825	1/17
Cassidy Rushlow	9.825	1/17
Cassidy Rushlow	9.825	2/27
Alissa Bonsall	9.825	2/27
Alissa Bonsall	9.825	3/13
Cassidy Rushlow	9.825	3/13

### Uneven Bars (Bridgens, 10.0)

Alissa Bonsall	9.950	4/2
Ava Verdeflor	9.950	2/27
Alissa Bonsall	9.925	2/27
Ava Verdeflor	9.925	4/2
Cassidy Rushlow	9.925	1/23
Alissa Bonsall	9.900	2/21
Ava Verdeflor	9.900	1/23
Cassidy Rushlow	9.900	3/20
Alissa Bonsall	9.875	3/7
Ava Verdeflor	9.875	3/7
Ava Verdeflor	9.875	2/21
Alissa Bonsall	9.875	2/13
Cassidy Rushlow	9.875	4/2
Cassidy Rushlow	9.875	1/30
Maddie Johnston	9.875	3/20

### Balance Beam (Leopoldus/Rowland/Smith, 10.0)

Cassidy Rushlow	9.925	2/5
Natalie Cross	9.900	2/27
Cassidy Rushlow	9.900	3/13
Cassidy Rushlow	9.900	3/20
Maddie Johnston	9.875	2/27
Melissa Astarita	9.875	3/7
Natalie Cross	9.875	1/17
Ava Verdeflor	9.875	2/13
Melissa Astarita	9.850	2/21
Maddie Johnston	9.850	2/5
Ava Verdeflor	9.850	3/13

### Floor Exercise (Casey, 10.0)

Melissa Astarita	9.925	1/23
Melissa Astarita	9.900	2/21
Melissa Astarita	9.875	4/2
Melissa Astarita	9.875	3/7
Alissa Bonsall	9.875	2/21
Alissa Bonsall	9.875	3/13
Cassidy Rushlow	9.875	2/5
Melissa Astarita	9.875	1/30
Erynne Allen	9.875	1/23
Melissa Astarita	9.875	1/17

Melissa Astarita	9.850	2/13
Melissa Astarita	9.850	3/20
Alissa Bonsall	9.850	2/5
Alissa Bonsall	9.850	1/30
Cassidy Rushlow	9.850	1/23
Erynne Allen	9.850	1/17

### All-Around (Rowland, 39.775)

Cassidy Rushlow	39.475	2/5
Cassidy Rushlow	39.475	1/23
Cassidy Rushlow	39.300	3/13
Cassidy Rushlow	39.300	3/20
Maddie Johnston	39.150	3/20
Cassidy Rushlow	39.100	1/17
Cassidy Rushlow	38.725	2/21
Cassidy Rushlow	38.625	3/7
Cassidy Rushlow	38.600	1/30
Cassidy Rushlow	38.525	2/27





<b>VAULT</b>			<b>ALL-AROUND</b>				
1.	10.0	Brandi Personett	2/13/2010	1.	39.775	Katie Rowland	3/14/2003
		Brandi Personett	1/23/2010	2.	39.725	Sharaya Musser	3/4/2011
		Katie Rowland	3/29/2003			Katie Rowland	3/9/2002
5.	9.975	Katie Rowland	2/16/2003	4.	39.700	Brandi Personett	2/20/2010
		Emma Sibson	3/8/2014	5.	39.675	Katie Rowland	2/16/2003
		Sharaya Musser	3/7/2010	6.	39.650	Sharaya Musser	3/16/2013
		Brandi Personett	2/2/2008			Sharaya Musser	3/17/2012
		Katie Rowland	3/8/2003			Sharaya Musser	3/2/2012
9.	9.950	Briannah Tsang				Katie Rowland	2/23/2001
1/31/2015						Katie Rowland	2/17/2001
		Krystal Welsh	1/31/2015				
		Briannah Tsang					
1/17/2015		Emma Sibson					
2/8/2014							
		Madison Merriam	3/16/2013				
		Madison Merriam	2/16/2013				
		Sharaya Musser	3/17/2012				
		Sharaya Musser	3/2/2012				
		Sharaya Musser	1/15/2012				
		Sharaya Musser	2/11/2011				
		Sharaya Musser	3/20/2010				
		Brandi Personett	4/10/2010				
		Brandi Personett	2/20/2010				
		Brandi Personett	2/13/2009				
		Brandi Personett	1/30/2009				
		Brandi Personett	3/29/2008				
		Brandi Personett	3/31/2007				
		Jennifer Orlando	2/25/2006				
		Lisa Clark	2/13/2005				
		Lisa Clark	4/3/2004				
		Katie Rowland	4/12/003				
		Katie Rowland	2/7/2003				
		Katie Rowland	1/11/2003				
		Katie Rowland	3/23/2002				
		Katie Rowland	3/9/2002				
		Katie Rowland	2/15/2002				
		Katie Rowland	3/10/2001				
		Gemma Cuff	3/2/2000				
		Gemma Cuff	2/28/1998				
		Joanna Knox	3/25/1995				
<b>UNEVEN BARS</b>			<b>FLOOR EXERCISE</b>				
1.	10.0	Lauren Bridgens	3/9/2018	1.	10.0	Ellen Casey	2/19/1999
2.	9.975	Natalie Ettl	2/18/2011	2.	9.975	Katie Rowland	3/14/2003
		Katie Perret	3/16/2007			Gemma Cuff	2/23/2001
4.	9.950	Ava Verdeflor	2/27/2021			Ellen Casey	1999
		Sabrina Garcia	1/19/2019	5.	9.950	Lauren Bridgens	1/25/2020
		Sabrina Garcia	1/21/2017			Briannah Tsang	3/24/2018
		Sabrina Garcia	1/7/2017			Briannah Tsang	2/24/2018
		Kiera Brown	3/19/2016			Briannah Tsang	3/5/2017
		Kiera Brown	1/9/2016			Emma Sibson	3/8/2015
		Krystal Welsh	3/8/2015			Sharaya Musser	3/17/2012
		Madison Merriam	2/23/2013			Sharaya Musser	3/4/2011
		Natalie Ettl	2/6/2011			Sharaya Musser	2/18/2011
						Brandi Personett	3/27/2010
						Brandi Personett	3/20/2010
						Brandi Personett	2/20/2010
						Brandi Personett	3/21/2009
						Brandi Personett	3/8/2009
						Brandi Personett	3/1/2009

<b>VAULT</b>			<b>BALANCE BEAM</b>		
1.	49.550	at Illinois 1/31/2015	49.350	New Hampshire	1/20/2001
2.	49.500	Cornell, Iowa, Yale 1/23/2010	49.350	NCAA Regionals	4/10/1999
	49.500	at NCAA Regionals 4/3/2004	49.350	Alabama	2/19/1999
	49.500	at West Virginia w/ Rutgers2/16/2003			
5.	49.475	Kentucky 3/16/2013			
	49.475	at West Virginia w/ Ball State			
	2/13/2005				
7.	49.450	at N.H. w/Bridgeport, G. Wash.			
	3/8/2014				
	49.450	Iowa State, Penn, 2/28/2015			
		SUNY-Brockport			
9.	49.425	Nebraska, Rutgers, Yale 2/10/2006			
10.	49.400	at Pittsburgh 2/13/2010			
<b>UNEVEN BARS</b>			<b>FLOOR EXERCISE</b>		
1.	49.500	Massachusetts 2/23/2001	1.	49.725	Massachusetts 2/23/2001
2.	49.475	at BYU, TWU & Utah State 3/9/2018	2.	49.550	Pittsburgh 2/3/2001
3.	49.425	Nebraska 3/1/2003	3.	49.525	New Hampshire, Penn, Temple
4.	49.375	at Michigan State 2/4/2018		3/9/2013	
	49.375	at Maryland Quad 2/18/2011		49.525	Florida 1/30/1999
	49.375	at Arizona w/ Kentucky, TWU	5.	49.500	Alabama 2/19/1999
	3/16/2007		6.	49.450	at Pittsburgh 3/11/2012
	49.375	at Rhode Island 2/17/2001	7.	49.425	NCAA Regionals 4/5/2014
8.	49.350	Michigan State 2/23/2013		49.425	Big Ten Championships 3/22/2014
	49.350	Maryland 3/17/2012		49.425	at Big Ten Championships 3/21/2009
	49.350	at Big Ten Championships 3/27/2010		49.425	Maryland 1/29/2005
	49.350	Illinois 2/6/2010			
	49.350	at Pittsburgh 3/18/2006			
	49.350	at New Hampshire 3/6/2004			





## INDIVIDUAL NCAA CHAMPIONSHIPS RECORDS

## VAULT

1.	9.925	Allison Barber	4/24/1992
2.	9.900	Sharaya Musser	4/22/2010
	9.900	Whitney Bencsko	4/16/2009
	9.900	Missy Leopoldus	4/17/1997
5.	9.875	Brandi Personett	4/22/2010
	9.875	Lisa Clark	4/15/2004
	9.875	Ellen Casey	4/17/1997
8.	9.850	Sharaya Musser	4/19/2013
	9.850	Danielle Hoover	4/16/2009
	9.850	Allison Barber	4/15/1993

## UNEVEN BARS

1.	<b>9.875</b>	<b>Lauren Bridgens</b>	<b>4/20/2018</b>
	9.875	Sharaya Musser	4/19/2013
	9.875	Alexandra Brockway	4/16/2009
4.	9.850	Sharaya Musser	4/20/2012
	9.850	Brandi Personett	4/24/2008
	9.850	Joanna Knox	4/16/1998
	9.850	Ellen Casey	4/22/1999
	9.850	Gemma Cuff	4/16/1998
9.	9.825	Sharaya Musser	4/22/2010
	9.825	Brandi Personett	4/22/2010
	9.825	Danielle Hoover	4/16/2009
	9.825	Missy Leopoldus	4/16/1998
	9.825	Missy Leopoldus	4/25/1996

## BALANCE BEAM

1.	9.900	Sharaya Musser	4/20/2012
2.	9.875	Sharaya Musser	4/19/2013
	9.875	Brandi Personett	4/22/2010
	9.875	Brandi Personett	4/26/2008
5.	9.850	Sabrina Garcia	4/14/2017
	9.850	Sharaya Musser	4/22/2010
	9.850	Brandi Personett	4/24/2008
	9.850	Nikki Smith	4/22/1999
9.	9.8375	Brandi Personett	4/24/2010
10.	9.825	Nikki Smith	4/13/2000

## FLOOR EXERCISE

1.	9.900	Briannah Tsang	4/14/2017
	9.900	Brandi Personett	4/24/2010
	9.900	Brandi Personett	4/22/2010
	9.900	Gemma Cuff	4/13/2000
4.	9.8875	Brandi Personett	4/18/2009
5.	9.875	Sharaya Musser	4/22/2010
	9.875	Brandi Personett	4/16/2009
	9.875	Lisa Clark	4/21/2005
	9.875	Ellen Casey	4/22/1999
9.	9.850	Lindsay Musgrove	4/18/2014
	9.850	Krystal Welsh	4/18/2014
	9.850	Sharaya Musser	4/19/2013
	9.850	Sharaya Musser	4/20/2012
	9.850	Katie Rowland	4/24/2003
	9.850	Nikki Smith	4/13/2000
	9.850	Nikki Smith	4/22/1999
	9.850	Ellen Casey	4/16/1998
	9.850	Leigh Cappello	4/20/1995

## ALL-AROUND

1.	39.450	Sharaya Musser	4/19/2013
2.	39.300	Sharaya Musser	4/20/2012
	39.300	Whitney Bencsko	4/16/2009
4.	<b>39.2125</b>	<b>Lauren Bridgens</b>	<b>4/20/2018</b>
5.	39.200	Brandi Personett	4/16/2009
	39.200	Ellen Casey	4/22/1999
7.	39.175	Gemma Cuff	4/13/2000
8.	39.150	Sidney Sanabria-Robles	4/18/2014
	39.150	Krystal Welsh	4/18/2014
	39.150	Nikki Smith	4/22/1999
	39.150	Missy Leopoldus	4/17/1997

**NOTES:** Listed based on most recent performance.

## NCAA CHAMPIONSHIP RECORDS

## VAULT

1.	49.100	Lincoln, Neb.	4/16/2009
2.	48.925	Birmingham, Ala.	4/18/2014
3.	48.850	Auburn, Ala.	4/21/2005
4.	48.800	Boise, Idaho	4/13/2000
	48.800	Gainesville, Fla.	4/17/1997
6.	48.550	Salt Lake City	4/22/1999
7.	48.475	Athens, Ga.	4/20/1995
8.	48.450	Los Angeles	4/16/1998
9.	48.300	Tuscaloosa, Ala.	4/19/1991
10.	48.250	Tuscaloosa, Ala.	4/25/1996

## UNEVEN BARS

1.	49.125	Los Angeles	4/16/1998
2.	49.075	Lincoln, Neb.	4/16/2009
3.	48.950	Salt Lake City	4/22/1999
4.	48.925	Auburn, Ala.	4/21/2005
5.	48.650	Birmingham, Ala.	4/18/2014
6.	48.575	Gainesville, Fla.	4/17/1997
	48.575	Athens, Ga.	4/20/1995
8.	48.550	Boise, Idaho	4/13/2000
9.	48.425	Tuscaloosa, Ala.	4/25/1996
10.	48.400	St. Paul, Minn.	4/24/1992

## BALANCE BEAM

1.	48.900	Lincoln, Neb.	4/16/2009
2.	48.825	Boise, Idaho	4/13/2000
3.	48.600	Salt Lake City	4/22/1999
4.	48.425	Los Angeles	4/16/1998
5.	48.325	Gainesville, Fla.	4/17/1997
6.	48.275	Athens, Ga.	4/20/1995
7.	48.125	Auburn, Ala.	4/21/2005
8.	48.075	Birmingham, Ala.	4/18/2014
9.	47.975	St. Paul, Minn.	4/24/1992
10.	47.800	Tuscaloosa, Ala.	4/25/1996

## FLOOR EXERCISE

1.	49.175	Birmingham, Ala.	4/18/2014
	49.175	Boise, Idaho	4/13/2000
3.	49.075	Auburn, Ala.	4/21/2005
4.	49.025	Lincoln, Neb.	4/16/2009
5.	48.825	Athens, Ga.	4/20/1995
6.	48.675	Salt Lake City	4/22/1999
7.	48.625	Los Angeles	4/16/1998
	48.625	Corvallis, Ore.	4/15/1993
9.	48.600	Gainesville, Fla.	4/17/1997
10.	48.275	St. Paul, Minn.	4/24/1992

## TEAM

1.	196.100	Lincoln, Neb.	4/16/2009
2.	195.350	Boise, Idaho	4/13/2000
3.	194.975	Auburn, Ala.	4/21/2005
4.	194.825	Birmingham, Ala.	4/18/2014
5.	194.775	Salt Lake City	4/22/1999
6.	194.625	Los Angeles	4/16/1998
7.	194.300	Gainesville, Fla.	4/17/1997
8.	194.150	Athens, Ga.	4/20/1995
9.	192.775	St. Paul, Minn.	4/24/1992
10.	192.700	Tuscaloosa, Ala.	4/25/1996
	192.700	Corvallis, Ore.	4/15/1993





# 2022 PENN STATE WOMEN'S GYMNASTICS

## INDIVIDUAL NCAA REGIONALS RECORDS (SINCE 2000)

### VAULT

1.	9.950	Brandi Personett	4/10/2010
	9.950	Lisa Clark	4/3/2004
	9.950	Katie Rowland	4/12/2003
4.	9.925	Sharaya Musser	4/7/2012
5.	9.900	<b>Lauren Bridgens</b>	4/7/2018
	9.900	Sidney Sanabria-Robles	4/5/2014
	9.900	Emma Sibson	4/5/2014
	9.900	Sharaya Musser	4/2/2011
	9.900	Brandi Personett	4/14/2007
	9.900	Meredith Hoover	4/3/2004
	9.900	Jennifer Orlando	4/3/2004
	9.900	Genavieve Shingle	4/3/2004
	9.900	Katie Rowland	4/6/2002

### UNEVEN BARS

1.	9.950	<b>Alissa Bonsall</b>	<b>4/2/2021</b>
2.	9.925	Ava Verdeflor	4/2/2021
3.	9.900	Sabrina Garcia	4/5/2019
	9.900	Sabrina Garcia	4/1/2017
	9.900	Kristal Uzelac	4/9/2005
6.	9.875	Kassidy Stauder	4/5/2014
	9.875	Natalie Ettl	4/10/2010
	9.875	Michelle Ilg	4/3/2004
	9.875	Katie McAvoy	4/12/2003
10.	9.850	<b>Alissa Bonsall</b>	4/5/2019
	9.850	<b>Lauren Bridgens</b>	4/5/2019
	9.850	<b>Lauren Bridgens</b>	4/7/2018
	9.850	Briannah Tsang	4/7/2018
	9.850	Kristen Politz	4/1/2017
	9.850	Briannah Tsang	4/4/2016
	9.850	Krystal Welsh	4/4/2015
	9.850	Alex Witt	4/5/2014
	9.850	Sidney Sanabria-Robles	4/6/2013
	9.850	Sharaya Musser	4/7/2012
	9.850	Madison Merriam	4/2/2011
	9.850	Sharaya Musser	4/2/2011
	9.850	Alex Stine	4/2/2011
	9.850	Katie Perret	4/14/2007
	9.850	Kelly Streicher	4/3/2004
	9.850	Cecile Allen	4/3/2004
	9.850	Katie Rowland	4/7/2001

### BALANCE BEAM

1.	9.900	<b>Jessie Bastardi</b>	4/5/2019
	9.900	Meredith Hoover	4/12/2003
3.	9.875	Tess McCracken	4/5/2019
	9.875	Sharaya Musser	4/2/2011
	9.875	Brandi Personett	4/10/2010
	9.875	Corissa Pirkel	4/3/2004
7.	9.850	<b>Lauren Bridgens</b>	4/5/2019
	9.850	Mason Hosek	4/7/2018
	9.850	Nicole Medvitz	4/1/2017
	9.850	Briannah Tsang	4/1/2017
	9.850	Sabrina Garcia	4/4/2016
	9.850	Sharaya Musser	4/6/2013
	9.850	Sharaya Musser	4/7/2012
	9.850	Brandi Personett	4/14/2007
	9.850	Kristal Uzelac	4/9/2005
	9.850	Meredith Hoover	4/3/2004
	9.850	Ashley Mehrer	4/3/2004
	9.850	Genavieve Shingle	4/3/2004
	9.850	Katie McAvoy	4/12/2003
	9.850	Maria Taylor	4/7/2001

### FLOOR EXERCISE

1.	9.950	Katie Rowland	4/12/2003
2.	9.925	Brandi Personett	4/10/2010
	9.925	Kate Stopper	4/12/2003
	9.925	Katie Rowland	4/7/2001
5.	9.900	Briannah Tsang	4/4/2016
	9.900	Randi Lau	4/5/2014
	9.900	Lindsay Musgrove	4/5/2014
	9.900	Sidney Sanabria-Robles	4/5/2014
	9.900	Sharaya Musser	4/10/2010
	9.900	Brandi Personett	4/4/2009
	9.900	Brandi Personett	4/14/2007
	9.900	Lisa Clark	4/3/2004
	9.900	Katie McAvoy	4/12/2003

### ALL-AROUND

1.	39.550	Brandi Personett	4/10/2010
2.	39.450	Sharaya Musser	4/7/2012
3.	39.425	Sharaya Musser	4/2/2011
	39.425	Brandi Personett	4/14/2007
	39.425	Katie McAvoy	4/12/2003
6.	39.400	Brandi Personett	4/12/2008
7.	39.375	Briannah Tsang	4/4/2016
	39.375	Sidney Sanabria-Robles	4/5/2014
	39.375	Sharaya Musser	4/6/2013
10.	39.350	Brandi Personett	4/4/2009

**NOTES:** Listed based on most recent performance.

## NCAA REGIONAL RECORDS

### VAULT

1.	49.500	University Park, Pa.	4/3/2004
2.	49.300	University Park, Pa.	4/5/2014
3.	49.250	Raleigh, N.C.	4/4/2009
4.	49.225	Raleigh, N.C.	4/7/2012
5.	49.200	Norman, Okla.	4/4/2015
6.	49.175	Norman, Okla.	4/6/2013
7.	49.125	Seattle, Wash.	4/9/2005
	49.125	Ann Arbor, Mich.	4/12/2003
9.	49.100	University Park, Pa.	4/7/2018
	49.100	Denver, Colo.	4/14/2007
	49.100	Lincoln, Neb.	4/7/2001

### UNEVEN BARS

1.	49.200	University Park, Pa.	4/1/2000
2.	49.150	University Park, Pa.	4/12/2008
3.	49.125	Ann Arbor, Mich.	4/5/2019
	49.125	Tuscaloosa, Ala.	4/2/2011
	49.125	Morgantown, W.V.	4/1/2021
6.	49.050	Piscataway, N.J.	4/1/2017
	49.050	Norman, Okla.	4/4/2015
	49.050	University Park, Pa.	4/5/2014
	49.050	Raleigh, N.C.	4/7/2012
10.	49.025	Norman, Okla.	4/4/2016

### BALANCE BEAM

1.	49.125	Ann Arbor, Mich.	4/5/2019
2.	49.025	University Park, Pa.	4/3/2004
3.	48.950	University Park, Pa.	4/5/2014
	48.950	Denver, Colo.	4/14/2007
5.	48.850	Tuscaloosa, Ala.	4/2/2011
6.	48.800	University Park, Pa.	4/7/2018
	48.800	Piscataway, N.J.	4/1/2017
	48.800	University Park, Pa.	4/12/2008
9.	48.775	University Park, Pa.	4/10/2010
	48.775	Seattle, Wash.	4/9/2005

### FLOOR EXERCISE

1.	49.450	Ann Arbor, Mich.	4/12/2003
2.	49.425	University Park, Pa.	4/5/2014
3.	49.350	University Park, Pa.	4/1/2000
4.	49.225	University Park, Pa.	4/10/2010
	49.225	Raleigh, N.C.	4/4/2009
6.	49.150	Lincoln, Neb.	4/7/2001
7.	49.125	University Park, Pa.	4/3/2004
8.	49.100	Norman, Okla.	4/4/2016
9.	49.075	Norman, Okla.	4/6/2013
10.	49.050	Raleigh, N.C.	4/7/2012

### TEAM

1.	196.725	University Park, Pa.	4/5/2014
2.	196.175	Ann Arbor, Mich.	4/12/2003
3.	196.075	University Park, Pa.	4/3/2004
4.	196.050	University Park, Pa.	4/10/2010
5.	195.925	University Park, Pa.	4/1/2000
6.	195.875	Norman, Okla.	4/6/2013
7.	195.850	Tuscaloosa, Ala.	4/2/2011
8.	195.800	Raleigh, N.C.	4/4/2009
9.	195.775	Denver, Colo.	4/14/2007
10.	195.750	Ann Arbor, Mich.	4/5/2019





## NCAA CHAMPIONSHIPS HISTORY

### 1974

AIAW - Karen Schuckman becomes Penn State's first national championship participant and wins the all-around as a freshman.

### 1975

AIAW - The Penn State team makes its first national championship appearance and finishes in fifth place. Schuckman wins floor exercise and finishes in a tie for the vaulting title.

### 1976

AIAW - Fifth place.

### 1977

AIAW - The team climbs to third place led by the brilliant performance of Ann Carr who wins the national title in the all-around.

### 1978

AIAW - Penn State wins its first national championship in gymnastics and in any women's sport with a 147.70 score, 0.15 ahead of Cal State-Fullerton. Ann Carr sweeps the all-around for the second consecutive year and wins individual titles on bars, balance beam and floor exercise.

### 1979

AIAW - The Nittany Lions host the national championship and finish second to Cal State-Fullerton by 0.10. Marcy Levine wins an event title in floor exercise as a freshman.

### 1980

AIAW - Penn State captures its second national championship with a score of 145.50, just 0.35 ahead of runner-up Utah. The Nittany Lions take the team title without an individual national champion.

### 1981

AIAW - Third place. Heidi Anderson wins the floor exercise.

### 1982

NCAA - Third place.

### 1983

NCAA - Pam Loree qualifies as an individual.

### 1984

NCAA - Seventh place.

### 1985

NCAA - Ninth place.

### 1986

NCAA - Sixth place. Pam Loree shares the national title in vaulting.

### 1988

NCAA - 11th place.

### 1989

NCAA - Lynn Crane and Kira Rohm qualify as individuals.

### 1990

NCAA - Allison Barber qualifies as an individual.

### 1991

NCAA - Fifth place. April Polito achieves All-America status on vault.

### 1992

NCAA - Fourth place. Allison Barber ties for third on vault and places eighth in the all-around.

### 1993

NCAA - 11th place.

### 1994

NCAA - Tracy Kerner competes in four events and earns second team All-America status on the floor exercise. April Polito competes in the all-around.

### 1995

NCAA - Eighth place. Tracy Kerner earns second team All-America status on balance beam.

### 1996

NCAA - 11th place.

### 1997

NCAA - 11th place. Missy Leopoldus earns first team All-America honors on vault. Ellen Casey earns second-team All-America in the all-around, floor exercise and vault.

### 1998

NCAA - 10th Place.

### 1999

NCAA - Eighth Place. Ellen Casey earned second team All-America honors on uneven bars, floor exercise and in the all-around. Nikki Smith garnered second team honors on the balance beam.

### 2000

NCAA - Seventh Place, Gemma Cuff earned first team All-America honors on floor exercise.

### 2003

NCAA - Katie Rowland (vault, floor exercise) and Katie McAvoy (all-around) qualify as individuals.

### 2004

NCAA - Lisa Clark (vault, floor exercise) qualifies as an individual and picks up second team All-America honors on vault.

### 2005

NCAA - 10th Place, Lisa Clark earns second team All-America status on floor exercise.

### 2006

NCAA - Jennifer Orlando (all-around) qualifies as an individual.

### 2007

NCAA - Brandi Personett (all-around) qualifies as an individual.

### 2008

NCAA - Brandi Personett (all-around) qualifies as an individual, earns first team All-America status on the balance beam and places fifth in the nation on the apparatus.

### 2009

NCAA - Ninth Place, Brandi Personett (floor exercise), Alexandra Brockway (uneven bars) and Whitney Bencsko (vault) qualify for individual event finals.

### 2010

NCAA - Brandi Personett and Sharaya Musser qualify as individuals. Personett earns first team All-America status on balance beam, floor exercise and in the all-around. Musser earns first team accolades on vault and in the all-around and second team laurels on balance beam and floor exercise.

### 2011

NCAA - Sharaya Musser qualified as an individual all-around competitor.

### 2012

NCAA - Sharaya Musser qualified as an individual all-around competitor.

### 2013

NCAA - Sharaya Musser qualified as an individual all-around competitor.

### 2014

NCAA - 12th Place.

### 2016

NCAA - Briannah Tsang qualified as an individual competitor on the floor exercise.

### 2017

NCAA - Sabrina Garcia and Briannah Tsang competed as individual all-around competitors.

### 2018

NCAA - Lauren Bridgens qualified as an individual competitor in the all-around.

### 2019

NCAA - Jessie Bastardi and Sabrina Garcia qualified as individual competitors. Bastardi competed on beam, placing 36th overall, while Garcia competed on bars, finishing 44th.

### 2020

NCAA - Not held due to COVID-19 pandemic.





## AIAW/NCAA TEAM CHAMPIONSHIPS HISTORY

### 1975 **5th Place - AIAW** **at Cal State-Hayward**

Susan Bergstrom, Collette Bizal, Ellen Coccagna, Dorothea DeLuca, Karen Higashida, Karen Johnson, Nancy Park, Karen Schuckman, Sherilyn Sommers.

### 1976 **5th Place - AIAW** **at Appalachian State**

Joanne Beck, Susan Bergstrom, Lynn Cantwell, Ellen Coccagna, Claudia Coldren, Joan Gackenbach, Louise Hunt, Nancy Park, Karen Schuckman, Amy Thompson.

### 1977 **3rd Place - AIAW** **at Central Michigan**

Jan Anthony, Joanne Beck, Ann Carr, Ellen Coccagna, Claudia Coldren, Joan Gackenbach, Chris Hartman, Lynn Samuels, Karen Schuckman.

### 1978 **AIAW National Champions** **at Washington**

Debbie Alston, Jan Anthony, Davies Bahr, Joanne Beck, Ann Carr, Claudia Coldren, Lisa Ingebretsen, Lynn Samuels, Pat Spisak.

### 1979 **2nd Place - AIAW** **at Penn State**

Debbie Alston, Jan Anthony, Joanne Beck, Ann Carr, Claudia Coldren, Margie Foster, Lisa Ingebretsen, Lynn Samuels, Pat Spisak.

### 1980 **AIAW National Champions** **at LSU**

Debbie Alston, Jan Anthony, Joanne Beltz, Ann Carr, Margie Foster, Lisa Ingebretsen, Marcy Levine, Anne McGeachy, Lynn Samuels, Pat Spisak.

### 1981 **3rd Place - AIAW** **at Utah**

Debbie Alston, Heidi Anderson, Joanne Beltz, Lisa Ingebretsen, Marcy Levine, Karen Polak, Pat Spisak, Linda Tardiff

### 1982 **3rd Place - NCAA** **at Utah**

Heidi Anderson, Joanne Beltz, Cissy Chung, Marcy Levine, Jeanne Omohundro, Kathy Pokorny, Karen Polak, Joanna Sime, Linda Tardiff.

### 1984 **7th Place - NCAA** **at UCLA**

Renee Bunker, Cissy Chung, Nadine DeLeo, Diane Drum, Lynn Hairston, Holly Haupt, Pam Loree, Tee Minor, Betsy Noll, Kathy Pomper, Bernie Robertson, Kim Simon, Lisa Smith.

### 1985 **9th Place - NCAA** **at Utah**

Pam Braun, Renee Bunker, Cissy Chung, Nadine DeLeo, Diane Drum, Lynn Hairston, Holly Haupt, Pam Loree, Tee Minor, Kathy Pomper, Bernie Robertson, Jessica Strunck, Cheryl Weseman.

### 1986 **6th Place - NCAA** **at Florida**

Donna Bervinchak, Pam Braun, Renee Bunker, Kim Fischler, Lynn Hairston, Holly Haupt, Pam Loree, Deb Muno, Debbie O'Brien, Kathy Parody, Kathy Pomper, Susan Repmann, Bernie Robertson, Jessica Strunck.

### 1988 **11th Place - NCAA** **at Utah**

Carrie Arnesen, Pam Braun, Paula Bright, Lynn Crane, Lisa Mallios, Debbie O'Brien, Kathy Parody, Michele Reger, Susan Repmann, Kira Rohm, Jessica Strunck.

### 1991 **5th Place - NCAA** **at Alabama**

Allison Barber, Paula Bright, Lynn Crane, Jada Hiltabrand, Marianne Kreisher, Rene Lyst, April Polito, Janice Rogers, Kira Rohm, Laurie Russo, Coby Silver.

### 1992 **4th Place - NCAA** **at Minnesota**

Allison Barber, Karen Cimochoowski, Jada Hiltabrand, Tracy Kerner, Rene Lyst, April Polito, Janice Rogers, Laurie Russo, Coby Silver.

### 1993 **11th Place - NCAA** **at Oregon State**

Allison Barber, Karen Cimochoowski, Bridget Foley, Tracy Kerner, Rene Lyst, Michelle Manzolillo, April Polito, Nancy Rosenheck, Coby Silver, Kerry Slattery

### 1995 **8th Place - NCAA** **at Georgia**

Liz Agnew, Amy Bauer, Sharon Barbato, Heather Bundy, Leigh Cappello, Karen Cimochoowski, Lauren Cutshaw, Bridget Foley, Rachael Hills, Carey Hoyt, Christi Huch, Tracy Kerner, Joanna Knox, Nicole Malinak, Michelle Manzolillo, Bea Selz, Kerry Slattery.

### 1996 **11th Place - NCAA** **at Alabama**

Heather Bundy, Leigh Cappello, Ellen Casey, Lauren Cutshaw, Bridget Foley, Carey Hoyt, Christi Huch, Joanna Knox, Missy Leopoldus, Nicole Malinak, Michelle Manzolillo, Bea Selz, Janae Whittaker.

### 1997 **11th Place - NCAA** **at Florida**

Leigh Cappello, Ellen Casey, Heather Duggan, Heather Fahey, Carey Hoyt, Christi Huch, Joanna Knox, Missy Leopoldus, Nicole Malinak, Bea Selz, Nikki Smith, Janae Whittaker, Ashley Wilson.

### 1998 **10th Place - NCAA** **at UCLA**

Katie Cavuto, Ellen Casey, Gemma Cuff, Heather Duggan, Heather Fahey, Carey Hoyt, Christi Huch, Joanna Knox, Missy Leopoldus, Nikki Smith, Maria Taylor, Janae Whittaker, Ashley Wilson.

### 1999 **8th Place - NCAA** **at Utah**

Nikki Bongiovanni, Ellen Casey, Jordi Ciabrone, Gemma Cuff, Jennifer Drilling, Heather Duggan, E'Tona Ford, Missy Leopoldus, Nikki Smith, Maria Taylor, Vera Weiss, Janae Whittaker, Ashley Wilson.

### 2000 **7th Place - NCAA** **at Boise State**

Leslie Bair, Nikki Bongiovanni, Lisa Campagnolo, Dana Cuomo, Gemma Cuff, Jennifer Drilling, Heather Duggan, E'Tona Ford, Katie McAvoy, Katie Rowland, Nikki Smith, Julia Stoloski, Maria Taylor, Vera Weiss, Ashley Wilson.

### 2005 **10th Place - NCAA** **at Auburn**

Cecile Allen, Lindsay Borkan, Lisa Clark, Meredith Hoover, Michelle Ilg, Ashley Mehrer, Amie Olaes, Jennifer Orlando, Corissa Pirkl, Aslynn Satterfield, Genavieve Shingle, Kate Stopper, Stephanie Sullivan, Kristal Uzelac.

### 2009 **9th Place - NCAA** **at Nebraska**

Whitney Bencsko, Alexandra Brockway, Natalie Ettl, Danielle Hover, Melissa Klein, Daryl Konsevick, Heather McElwee, Lindsey Montross, Brandi Personett, Casey Rohrbaugh, Rosie Smith, Allie Southard, Alex Stine.

### 2014 **12th Place - NCAA** **Birmingham -Jefferson Convention Complex**

Taylor Alotta, Lexi Carroll, Hannah Kobman, Randi Lau, Nicole Medvitz, Lindsay Musgrove, Samantha Musto, Christina Postiglione, Sidney Sanabria-Robles, Emma Sibson, Savannah Soares, Kassidy Stauder, Krystal Welsh, Alex Witt.





## ALL-TIME AWARDS AND HONORS

## ALL-AMERICANS

<b>1974</b>	
Karen Schuckman	<b>All-Around</b> , Vault, Uneven Bars, Balance Beam, Floor Exercise
<b>1975</b>	
Karen Schuckman	All-Around, <b>Vault</b> , Uneven Bars, <b>Floor Exercise</b>
<b>1976</b>	
Karen Schuckman	Balance Beam
<b>1977</b>	
Jan Anthony	Vault
Joanne Beck	Balance Beam
Ann Carr	<b>All-Around</b> , Vault, Uneven Bars, Balance Beam, Floor Exercise
<b>1978</b>	
Jan Anthony	All-Around, Vault, Uneven Bars
Davies Bahr	Vault
Ann Carr	<b>All-Around</b> , Vault, <b>Uneven Bars, Balance Beam, Floor Exercise</b>
Lisa Ingebrechtsen	All-Around, Uneven Bars, Balance Beam
<b>1979</b>	
Jane Anthony	Vault
Ann Carr	Uneven Bars
Margie Foster	Vault, Floor Exercise
Lisa Ingebrechtsen	Uneven Bars, Balance Beam
Marcy Levine	<b>Floor Exercise</b>
Lynne Samuels	Vault
<b>1980</b>	
Ann Carr	All-Around, Vault, Uneven Bars, Balance Beam, Floor Exercise
Margie Foster	All-Around, Uneven Bars, Floor Exercise
Lisa Ingebrechtsen	Uneven Bars
Marcy Levine	All-Around, Floor Exercise
Ann McGeachy	Floor Exercise
Lynne Samuels	Vault
<b>1981</b>	
Heidi Anderson	All-Around, <b>Floor Exercise</b>
<b>1982</b>	
Heidi Anderson	All-Around, Uneven Bars, Floor Exercise
<b>1984</b>	
Pam Loree	Vault
<b>1985</b>	
Pam Loree	Vault
<b>1986</b>	
Pam Loree	All-Around, <b>Vault</b>
<b>1991</b>	
April Polito	Vault
<b>1992</b>	
Allison Barber	All-Around, Vault
<b>1994</b>	
Tracy Kerner	Floor Exercise

*Since 1974, Penn State has seen 29 student-athletes earn All-America honors on 96 occasions. The Nittany Lions have had at least one All-American in 30 of the last 45 seasons since Karen Schuckman earned the first honor in 1974.*

<b>1995</b>	
Tracy Kerner	Balance Beam
<b>1997</b>	
Ellen Casey	Vault, Floor Exercise
Missy Leopoldus	Vault
<b>1999</b>	
Ellen Casey	All-Around, Uneven Bars, Floor Exercise
Nikki Smith	Balance Beam
<b>2000</b>	
Gemma Cuff	Floor Exercise
<b>2004</b>	
Lisa Clark	Vault
<b>2005</b>	
Lisa Clark	Floor Exercise
<b>2008</b>	
Brandi Personett	Balance Beam
<b>2009</b>	
Whitney Bencsko	Vault
Alexandra Brockway	Uneven Bars
Brandi Personett	Floor Exercise
<b>2010</b>	
Sharaya Musser	All-Around, Vault, Balance Beam, Floor Exercise
Brandi Personett	All-Around, Balance Beam, Floor Exercise
<b>2012</b>	
Sharaya Musser	Balance Beam, Floor Exercise
<b>2013</b>	
Sharaya Musser	All-Around, Balance Beam All-Around ^, Balance Beam ^
<b>2014</b>	
Kassidy Stauder	Balance Beam ^
<b>2016</b>	
Kiera Brown	Uneven Bars ^
<b>2017</b>	
Sabrina Garcia	Uneven Bars ^
<b>2018</b>	
Lauren Bridgens	Uneven Bars^
Briannah Tsang	Floor Exercise^
<b>All-America Breakdown</b>	
All-Around	18
Vault	22
Uneven Bars	17
Balance Beam	17
Floor Exercise	22
Total	96

INDIVIDUAL REGIONAL  
EVENT CHAMPIONS

AIAW: 1970-81; NCAA: 1982-present

<b>1970</b>	
Candi Breese	All-Around, Floor Exercise
<b>1977</b>	
Ann Carr	All-Around, Vault, Uneven Bars, Floor Exercise
<b>1978</b>	
Ann Carr	All-Around, Vault, Balance Beam, Floor Exercise
<b>1979</b>	
Marcy LeVaultine	Balance Beam
<b>1980</b>	
Ann Carr	Vault
Lisa Ingebrechtsen	Uneven Bars, Balance Beam*
Marcy LeVaultine	All-Around, Balance Beam*, Floor Exercise
<b>1981</b>	
Heidi Anderson	All-Around, Vault, Uneven Bars, Balance Beam, Floor Exercise
<b>1982</b>	
Heidi Anderson	All-Around, Floor Exercise
Marcy LeVaultine	Balance Beam
<b>1983</b>	
Pam Loree	All-Around, Vault, Floor Exercise
<b>1984</b>	
Pam Loree	All-Around
Bernie Robertson	Floor Exercise
<b>1985</b>	
Pam Loree	Uneven Bars
Kathy Pomper	Balance Beam
<b>1986</b>	
Pam Loree	All-Around, Uneven Bars, Floor Exercise
Kathy Pomper	Uneven Bars
Bernie Robertson	Balance Beam
<b>1988</b>	
Lynn Crane	All-Around, Balance Beam
Lisa Mallios	Vault, Floor Exercise
<b>1989</b>	
Kira Rohm	Uneven Bars
<b>1990</b>	
Allison Barber	Vault*, Balance Beam
<b>1991</b>	
Allison Barber	All-Around, Floor Exercise
Rene Lyst	Balance Beam
<b>1992</b>	
Janice Rogers	Uneven Bars*
Allison Barber	Balance Beam
April Polito	All-Around
<b>1993</b>	
Karen Cimochoowski	Uneven Bars
Rene Lyst	Balance Beam
Allison Barber	Floor Exercise
<b>1994</b>	
Tracy Kerner	Uneven Bars, Balance Beam, Floor Exercise*

## NOTES:

**Bold indicates national champion**

\* - Indicates tied for event championship

^ - NACGC Regular Season All-American  
(Began in 2013)

- First NCAA meet took place in 1982





# 2022 PENN STATE WOMEN'S GYMNASTICS

## ALL-TIME AWARDS AND HONORS

### INDIVIDUAL REGIONAL EVENT CHAMPIONS (CONT.)

<b>1995</b>	
Tracy Kerner	Uneven Bars
<b>1996</b>	
Missy Leopoldus	All-Around, Balance Beam
Leigh Cappello	Floor Exercise
<b>1997</b>	
Missy Leopoldus	Uneven Bars
Leigh Cappello	Floor Exercise
<b>1998</b>	
Gemma Cuff	All-Around, Vault
<b>1999</b>	
Ellen Casey	All-Around, Vault, Uneven Bars*, Floor Exercise
Maria Taylor	Balance Beam
<b>2001</b>	
Katie Rowland	Floor Exercise
Katie McAVaultoy	Vault
<b>2003</b>	
Katie Rowland	Vault, Floor Exercise
<b>2004</b>	
Lisa Clark	Vault, Floor Exercise
<b>2005</b>	
Kristal Uzelac	Uneven Bars
<b>2010</b>	
Brandi Personett	All-Around, Vault
<b>2016</b>	
Briannah Tsang	Floor Exercise

### NCAA REGIONAL TEAM FINISHES

AIAW: 1970-81; NCAA: 1982-present  
\* - Regional hosted at Rec Hall

Year	Place	Year	Place
1975	3rd	2006	3rd
1976	2nd	2007	3rd
1977	2nd	2008*	3rd
1978	1st	2009	2nd
1979	1st	2010*	3rd
1980*	1st	2011	3rd
1981	1st	2012	4th
1982	1st	2013	4th
1983	3rd	2014*	2nd
1984*	1st	2015	6th
1985	2nd	2016	5th
1986*	1st	2017	4th
1987	2nd	2018*	5th
1988*	1st	2019	6th
1989*	2nd		
1990	2nd		
1991	1st		
1992*	1st		
1993	1st		
1994	2nd		
1995	1st		
1996*	1st		
1997	1st		
1998	1st		
1999*	1st		
2000*	2nd		
2001	4th		
2002*	5th		
2003	4th		
2004*	4th		
2005	2nd		

### BIG TEN COACH OF THE YEAR

1999	Steve Shephard
2006	Steve Shephard (Co)
2009	Steve Shephard (Co)

### BIG TEN GYMNAST OF THE YEAR

1998	Missy Leopoldus
1999	Ellen Casey
2001	Katie Rowland
2003	Katie Rowland
2009	Brandi Personett
2010	Brandi Personett
2012	Sharaya Musser
2018	Briannah Tsang

### BIG TEN FRESHMAN OF THE YEAR

1999	Nikki Bongiovanni
2007	Brandi Personett
2010	Sharaya Musser
2015	Briannah Tsang (Co)

### BIG TEN INDIVIDUAL EVENT CHAMPIONS

1992	Rene Lyst	Balance Beam
1998	Ellen Casey	All-Around
2000	Nikki Smith	Balance Beam
2002	Katie Rowland	All-Around Vault
2003	Katie Rowland	All-Around Vault
2005	Kristal Uzelac	Uneven Bars Balance Beam
2005	Kate Stopper	Floor Exercise
2006	Katie Perret	Uneven Bars
2006	Corissa Pirkel	Vault
2007	Brandi Personett	All-Around Vault
2008	Brandi Personett	All-Around Vault Floor Exercise
2009	Brandi Personett	Floor Exercise
2010	Brandi Personett	All-Around Floor Exercise
2010	Natalie Ettl	Uneven Bars
2011	Natalie Ettl	Uneven Bars
2011	Sharaya Musser	All-Around Vault
2016	Kiera Brown	Uneven Bars
2018	Briannah Tsang	Floor Exercise

### FIRST TEAM ALL-BIG TEN

1992	Allison Barber Rene Lyst April Polito
1993	Allison Barber April Polito
1994	Bridget Foley Tracy Kemer April Polito Kerry Slattery
1995	Tracy Kemer Joanna Knox
1997	Ellen Casey Missy Leopoldus
1998	Ellen Casey Gemma Cuff Joanna Knox Missy Leopoldus

1999	Ellen Casey Gemma Cuff Missy Leopoldus Nikki Smith
2000	Gemma Cuff Heather Duggan Katie McAvoy Nikki Smith Marisa Taylor Ashley Wilson
2001	Gemma Cuff Katie Rowland
2002	Dana Cuomo Katie Rowland
2003	Katie Rowland
2005	Lisa Clark Meredith Hoover Kate Stopper Lisa Clark Meredith Hoover
2006	Jennifer Orlando
2007	Brandi Personett
2008	Brandi Personett
2009	Brandi Personett
2010	Sharaya Musser Brandi Personett Natalie Ettl
2011	Sharaya Musser
2012	Sharaya Musser
2013	Madison Merriam Sharaya Musser
2014	Kassidy Stauder
2016	Kiera Brown Briannah Tsang Sabrina Garcia Briannah Tsang
2017	Lauren Bridgens Briannah Tsang
2018	Lauren Bridgens
2019	Lauren Bridgens
2020	Lauren Bridgens
2021	Cassidy Rushlow

### ACADEMIC ALL-BIG TEN

1992	Allison Barber, Jada Hiltabrand, Janice Rogers
1993	Allison Barber, Karen Cimochoowski, Tracy Kemer, Kerry Slattery
1994	Karen Cimochoowski, Bridget Foley, Tracy Kemer, Kerry Slattery
1995	Amy Bauer, Karen Cimochoowski, Bridget Foley, Tracy Kemer, Kerry Slattery
1996	Laurenn Cutshaw, Bridget Foley, Christi Huch, Joanna Knox
1997	Ellen Casey, Christi Huch, Joanna Knox, Michelle Leopoldus, Janae Whittaker
1998	Ellen Casey, Christi Huch, Joanna Knox, Michelle Leopoldus, Nicole Smith, Janae Whittaker, Ashley Wilson
1999	Ellen Casey, Gemma Cuff, Michelle Leopoldus, Nicole Smith, Maria Taylor, Janae Whittaker, Ashley Wilson
2000	Gemma Cuff, Jennifer Drilling, Heather Duggan, Nikki Smith, Maria Taylor, Vera Weiss, Ashley Wilson
2001	Gemma Cuff, Dana Cuomo, Jennifer Drilling, Julia Stoloski, Maria Taylor, Vera Weiss
2002	Leslie Bair, Dana Cuomo, Katie Rowland, Julia Stoloski, Kelly Streicher, Vera Weiss
2003	Leslie Bair, Dana Cuomo, Katie McAvoy, Katie Rowland, Julia Stoloski, Kate Stopper, Kelly Streicher





## ALL-TIME AWARDS AND HONORS

2004 Cecile Allen, Lisa Clark,  
Meredith Hoover, Jennifer Orlando,  
Katie Stopper, Kelly Streicher

2005 Cecile Allen, Lisa Clark, Erin Clayton,  
Meredith Hoover, Michelle Ilg, Ashley Mehrer,  
Amie Olaes, Jennifer Orlando, Corissa Pirkel,  
Genavieve Shingle, Kate Stopper,  
Stephanie Sullivan

2006 Lindsay Borkan, Lisa Clark,  
Meredith Hoover, Michelle Ilg, Ashley Mehrer,  
Amie Olaes, Jennifer Orlando, Corissa Pirkel,  
Aslynn Satterfield, Genavieve Shingle,  
Stephanie Sullivan

2007 Lindsay Borkan, Ashley Mehrer,  
Amie Olaes, Corissa Pirkel,  
Aslynn Satterfield, Stephanie Sullivan

2008 Alexandra Brockway, Allie Southard,  
Aslynn Satterfield, Lindsay Borkan,  
Brandi Personett, Lindsey Montross,  
Rosalie Smith

2009 Alexandra Brockway, Danielle Hover,  
Melissa Klein, Heather McElwee,  
Lindsey Montross, Brandi Personett,  
Rosalie Smith, Allie Southard

2010 Alexandra Brockway, Natalie Ettl,  
Danielle Hover, Daryl Konsevick,  
Heather McElwee, Brandi Personett,  
Rosie Smith, Allie Southard

2011 Rebecca Best, Colleen Dean,  
Miranda Der, Sarah Gillespie, Nicole Krauter,  
Karissa Lam, Natalie Ettl, Danielle Hover,  
Daryl Konsevick, Heather McElwee,  
Madison Merriam

2012 Stephanie Brock, Natalie Ettl,  
Daryl Konsevick, Madison Merriam,  
Lindsay Musgrove, Sharaya Musser

2013 Madison Merriam, Lindsay Musgrove,  
Sharaya Musser, Kassidy Stauder,  
Alexandra Witt

2014 Hannah Kobman, Lindsay Musgrove,  
Samantha Musto, Savannah Soares,  
Kassidy Stauder, Alexandra Witt

2015 Nicole Medvitz, Christina Postiglione,  
Alexandra Witt

2016 Nicole Medvitz, Christina Postiglione,  
Chanen Raygoza, Briannah Tsang

2017 Mason Hosek, Jessica Jones,  
Nicole Medvitz, Christina Postiglione,  
Chanen Raygoza, Peyton Schuller,  
Briannah Tsang

2018 Mason Hosek, Jessica Jones,  
Tess McCracken, Kristen Politz,  
Chanen Raygoza, Peyton Schuller,  
Briannah Tsang

2019 Amber Autry, Jessie Bastardi,  
Alissa Bonsall, Lauren Bridgens,  
Kourtney Chinnery, Sabrina Garcia,  
Mason Hosek, Jessica Jones, Tess McCracken,  
Kristen Politz, Ava Verdeflor

2020 Erynne Allen, Melissa Astarita,  
Alissa Bonsall, Lauren Bridgens,  
Kourtney Chinnery, Dymiana Cox,  
Donna Howell, Tess McCracken,  
Kristen Politz, Ava Verdeflor

2021 Erynne Allen, Melissa Astarita,  
Amy Bladon, Alissa Bonsall,  
Lauren Bridgens, Kourtney Chinnery,  
Dymiana Cox, Donna Howell,  
Bella Romagnano, Cassidy Rushlow,  
Ava Verdeflor

**BIG TEN DISTINGUISHED SCHOLAR**

2009 Melissa Klein, Lindsey Montross,

Brandi Personett, Allie Southard  
Melissa Klein, Brandi Personett

2011 Heather McElwee

2012 Lindsay Musgrove

2013 Lindsay Musgrove, Sharaya Musser

2014 Lindsay Musgrove, Savannah Soares

2016 Nicole Medvitz, Briannah Tsang

2017 Mason Hosek, Nicole Medvitz,  
Chanen Raygoza

2018 Mason Hosek, Jessica Jones,  
Chanen Raygoza, Tess McCracken,  
Kristen Politz

2019 Jessica Jones, Tess McCracken,  
Kristen Politz, Ava Verdeflor

2020 Erynne Allen, Melissa Astarita,  
Alissa Bonsall, Tess McCracken,  
Kristen Politz, Ava Verdeflor

2021 Melissa Astarita, Amy Bladon,  
Alissa Bonsall, Lauren Bridgens,  
Kourtney Chinnery, Donna Howell,  
Bella Romagnano

**ATLANTIC 10  
TEAM CHAMPIONSHIPS**

1983 Penn State (176.55)

1984 Penn State (182.34)

1985 Penn State (179.35)

1986 Penn State (185.75)

1987 Penn State (182.15)

1988 Penn State (186.05)

1989 Penn State (186.85)

1990 Penn State (187.45)

1991 Penn State (189.65)

**ATLANTIC 10  
INDIVIDUAL EVENT CHAMPIONS**

1983 Diane Drum Balance Beam,  
Floor Exercise

Pam Loree All-Around, Vault,  
Uneven Bars

1984 Pam Loree Floor Exercise

Kathy Pomper Vault

Bernie Robertson Balance Beam

1985 Pam Loree All-Around,  
Floor Exercise

Bernie Robertson Balance Beam

1986 Pam Loree All-Around, Vault,  
Floor Exercise

Kathy Pomper Uneven Bars

Bernie Robertson Balance Beam

1987 Kathy Parody All-Around, UB

Bernie Robertson Balance Beam

Jessica Strunck Floor Exercise

1988 Pam Braun Floor Exercise

Lynn Crane All-Around,  
Balance Beam, Floor Exercise

Shelley Reger Balance Beam

Kira Rohm Uneven Bars

Jessica Strunck Vault

1989 Lynn Crane All-Around

Debbie O'Brien Balance Beam

Kira Rohm Uneven Bars

1990 Allison Barber Balance Beam

Kim Thrasher Floor Exercise

**ACADEMIC ALL-ATLANTIC 10**

1984 Pam Loree (1st), Lynn Hairston (HM)

1985 Lynn Hairston (1st), Pam Loree (1st),  
Bernie Robertson (HM)

1986 Pam Loree (1st), Lynn Hairston (HM),  
Bernie Robertson (HM)

1987 Bernie Robertson (1st)

1988 Kira Rohm (1st)

1989 Kira Rohm (1st), Jada Hiltabrand (HM),  
Janice Rogers (HM)

1990 Kira Rohm (HM), Paula Bright (HM)

1991 Paula Bright, Kira Rohm

**COSIDA ACADEMIC ALL-AMERICA**

1994 Kerry Slattery

1995 Kerry Slattery

1999 Ellen Casey

2007 Stephanie Sullivan

2010 Brandi Personett

**NACGC/W SCHOLAR-ATHLETES**

2000 Dana Cuomo, Heather Duggan,  
Jennifer Drilling, Julia Stoloski

2001 Vera Weiss, Dana Cuomo, Dina Sulyma,  
Kelly Streicher, Jennifer Drilling,  
Katie Rowland, Julia Stoloski

2002 Dana Cuomo, Julia Stoloski,  
Vera Weiss, Katie Rowland,  
Kelly Streicher, Jennifer Drilling

2003 Julia Stoloski, Dana Cuomo,  
Meredith Hoover, Kelly Streicher,  
Katie McAvoy, Katie Rowland,  
Jennifer Orlando, Kate Stopper

2004 Ashley Mehrer, Stephanie Sullivan,  
Genavieve Shingle, Cécile Allen,  
Kelly Streicher, Jennifer Orlando,  
Corissa Pirkel, Kate Stopper

2005 Ashley Mehrer, Corissa Pirkel,  
Stephanie Sullivan, Cecile Allen,  
Kate Stopper, Genavieve Shingle,  
Meredith Hoover, Jennifer Orlando,  
Amie Olaes

2006 Stephanie Sullivan, Corissa Pirkel,  
Ashley Mehrer, Jennifer Orlando,  
Genavieve Shingle, Theresa Diehl,  
Meredith Hoover, Michelle Ilg,  
Aslynn Satterfield, Amie Olaes,  
Lindsay Borkan

2007 Lindsay Borkan, Ashley Mehrer,  
Amie Olaes, Brandi Personett,  
Corissa Pirkel, Aslynn Satterfield,  
Genavieve Shingle, Stephanie Sullivan

2008 Lindsay Borkan, Melissa Klein,  
Brandi Personett, Aslynn Satterfield,  
Allie Southard

2009 Melissa Klein, Lindsey Montross,  
Brandi Personett, Allie Southard

2011 Natalie Ettl, Heather McElwee,  
Lindsay Musgrove

2012 Daryl Konsevick, Lindsay Musgrove

2013 Shealyn Farley, Hannah Kobman,  
Lindsay Musgrove, Sharaya Musser,  
Kassidy Stauder, Alex Witt

2014 Nicole Medvitz, Lindsay Musgrove,  
Savannah Soares

2015 Nicole Medvitz, Kassidy Stauder,  
Alexandra Witt

2016 Mason Hosek, Jessica Jones,  
Nicole Medvitz, Chanen Raygoza,  
Peyton Schuller, Briannah Tsang

2017 Mason Hosek, Jessica Jones,  
Tess McCracken, Nicole Medvitz,  
Kristen Politz, Chanen Raygoza,  
Peyton Schuller, Briannah Tsang

2018 Kourtney Chinnery, Sabrina Garcia,  
Mason Hosek, Jessica Jones, Tess McCracken,  
Kristen Politz, Chanen Raygoza,  
Peyton Schuller, Briannah Tsang

2019 Erynne Allen, Alissa Bonsall,  
Kourtney Chinnery, Mason Hosek,  
Jessica Jones, Tess McCracken, Kristen Politz,  
Ava Verdeflor





# 2022 PENN STATE WOMEN'S GYMNASTICS

## ALL-TIME AWARDS AND HONORS

2020 Erynne Allen, Melissa Astarita,  
Alissa Bonsall, Lauren Bridgens,  
Kourtney Chinnery, Tess McCracken,  
Kristen Politz, Bella Romagnano,  
Ava Verdeflor

### ALLISON BARBER/KATIE ROWLAND MVP AWARD

*Given to an athlete who makes a scoring impact on the program above and beyond the ordinary.*

1993	Allison Barber
1995	Tracy Kerner & Bridget Foley
1996	Missy Leopoldus
1998	Ellen Casey
1999	Ellen Casey
2001	Katie Rowland
2003	Katie Rowland
2005	Meredith Hoover
2006	Jennifer Orlando
2007	Brandi Personett
2008	Brandi Personett
2009	Brandi Personett
2010	Brandi Personett
2011	Sharaya Musser
2012	Sharaya Musser
2013	Madison Merriam & Sharaya Musser
2014	Kassidy Stauder
2015	Krystal Welsh
2016	Briannah Tsang
2017	Sabrina Garcia & Briannah Tsang
2018	Briannah Tsang
2019	Lauren Bridgens
2021	Cassidy Rushlow

### PAM LOREE LEADERSHIP AWARD

*Given to an individual who displays leadership qualities at all times and takes charge of all situations with an unselfish attitude and leads by example.*

1989	Pam Loree
1995	Karen Cimochoowski
1997	Leigh Cappello, Nicki Malinak & Bea Selz
2002	Leslie Bair
2003	Kelly Streicher
2011	Natalie Ettl
2012	Daryl Konsevic
2013	Krystal Welsh
2017	Christina Postiglione
2021	Erynne Allen

### JAN ANTHONY/KATIE ROWLAND IRON HORSE AWARD

*Given to an individual who performs consistently throughout the season and competes in the all-around in every meet.*

1989	Jan Anthony
1991	Allison Barber
1997	JanaeWhittaker
2000	Gemma Cuff & Katie Rowland
2001	Katie Rowland
2002	Leslie Bair, Katie Rowland & Lisa Campagnolo
2003	Katie Rowland
2005	Meredith Hoover
2008	Brandi Personett
2009	Brandi Personett
2010	Brandi Personett
2011	Sharaya Musser
2012	Sharaya Musser
2013	Sharaya Musser

2014	Sidney Sanabria-Robles
2015	Krystal Welsh
2017	Briannah Tsang
2018	Briannah Tsang

### LISA INGEBRETSEN COMPETITIVE EXCELLENCE AWARD

*Given to an individual who consistently rises to the competition and performs extraordinarily well under pressure.*

1989	Lisa Ingebreetsen
1995	Joanna Knox
2001	Maria Taylor
2002	Katie Rowland
2005	Corissa Pirk
2010	Natalie Ettl & Brandi Personett
2011	Daryl Konsevic
2013	Kassidy Stauder
2014	Krystal Welsh
2016	Oni Timothy
2017	Mason Hosek

### 10.0 CLUB

*Given to an athlete who earns a perfect 10.0 score during an NCAA competition.*

1999	Missy Leopoldus (Balance Beam, 1/30 & 2/19) Ellen Casey (Floor Exercise, 2/19)
2000	Nikki Smith (Balance Beam, 3/18)
2003	Katie Rowland (Vault, 2/16 & 3/29; Balance Beam, 3/14)
2010	Brandi Personett (Vault, 1/23 & 2/13)
2018	Lauren Bridgens (Uneven Bars, 3/9)

### CAREY HOYT/KELLY STREICHER PERSEVERANCE AWARD

*Given to an individual who overcomes setbacks and injuries that would have ended the career of most people and does so with the right attitude and a smile on her face.*

1998	Carey Hoyt
2001	Lisa Campagnolo
2003	Nikki Bongiovanni
2004	Kelly Streicher
2009	Natalie Ettl & Allie Southard
2013	Samantha Musto
2014	Nicole Medvitz & Alex Witt
2017	Emma Sibson

### HAIRSTON/SAMUELS IMPROVEMENT AWARD

*Given to an individual who displays extraordinary improvement in a given time. Awarded for any facet of gymnastics.*

1989	Lynn Hairston & Lynne Samuels
1990	Paula Bright
1991	Janice Rogers
1992	Jada Hiltabrand
1995	Leigh Cappello & Nicole Malinak
1997	Janae Whittaker
2006	Aslynn Satterfield
2008	Danielle Hover
2011	Madison Merriam
2012	Kassidy Stauder

2013	Lexi Carroll
2016	Chanen Raygoza
2017	Peyton Schuller
2019	Tess McCracken
2021	Maggie Ayers

### KATHY PARODY HARD WORK AWARD

*Given to an individual who displays an unbelievable work ethic, who never stops trying, sweats more than anyone, and is always willing to give 100 percent.*

1989	Kathy Parody
1990	Paula Bright
1996	Nicole Malinak
2003	Katie McAvoy
2009	Whitney Bencsko
2010	Whitney Bencsko
2011	Whitney Bencsko
2012	Lexi Carroll
2013	Kelsey Kreider
2018	Alissa Bonsall
2019	Alissa Bonsall

### BILL CONWAY "HUGS" AWARD

2001	Katie McAvoy
2004	Jennifer Orlando
2005	Steph Sullivan
2007	Amie Olaes
2011	Heather McElwee
2012	Natalie Ettl
2013	Sidney Sanabria-Robles
2014	Lexi Carroll
2015	Lexi Carroll

### BELTZ/ROHRBAUGH/STAUDER BALANCE BEAM AWARD

*Given to an individual who "sticks" her balance beam routine in every meet of the season in which she competes.*

1989	Joanne Beltz
1999	Missy Leopoldus
2004	Genavieve Shingle
2005	Genavieve Shingle
2007	Stephanie Sullivan
2008	Casey Rohrbaugh
2009	Casey Rohrbaugh & Whitney Bencsko
2010	Casey Rohrbaugh
2011	Whitney Bencsko & Daryl Konsevic
2012	Daryl Konsevic, Sharaya Musser & Kassidy Stauder
2013	Kassidy Stauder & Krystal Welsh
2014	Kassidy Stauder
2015	Christina Postiglione
2017	Mason Hosek, Nicole Medvitz & Briannah Tsang
2019	Jessie Bastardi
2021	Bella Romagnano





## BERNIE ROBERTSON SCHOLAR-ATHLETE AWARD

*Given to an individual who displays excellence in the classroom while contributing to the team.*

1989	Bernie Robertson
1991	Kira Rohm
1993	Kerry Slattery
1994	Kerry Slattery
1995	Kerry Slattery
1996	Bridget Foley
1997	Joanna Knox
1998	Joanna Knox
1999	Ellen Casey
2001	Dana Cuomo
2002	Dana Cuomo
2003	Dana Cuomo
2004	Kelly Streicher
2005	Ashley Mehrer
2006	Ashley Mehrer & Stephanie Sullivan
2007	Stephanie Sullivan & Ashley Mehrer
2008	Jaime Murray
2009	Melissa Klein
2010	Melissa Klein
2012	Madison Merriam
2013	Lindsay Musgrove
2014	Lindsay Musgrove
2015	Alex Witt
2016	Nicole Medvitz
2017	Peyton Schuller
2018	Kristen Politz
2019	Kristen Politz
2021	Alissa Bonsall

## NITTANY NEWCOMER AWARD

*Given to the top performing newcomer of the year.*

2018	Lauren Bridgens
2019	Melissa Astarita
2021	Maddie Johnston

## FOUR-YEAR ACHIEVEMENT AWARD

*Given to the senior who has given 100% to the program throughout their entire Nittany Lion career.*

2019	Sabrina Garcia
------	----------------

## SHELLY NELSON MANAGEMENT AWARD

*Given to a manager who always is willing to sacrifice for the team, one who takes care of all details with energy and enthusiasm.*

1989	Shelley Nelson & Julie Patterson
1996	Bernadette Woods
2006	Jaime Murray
2007	Jaime Murray
2010	Meghan Shanfelter
2016	Katharine Carpenter & Alana Dolce
2017	Michelle Mehallow & Amanda Reynolds

## LYNN CRANE & JANA E WHITTAKER ATTITUDE AWARD

*Given to an individual who displays a consistently upbeat attitude, in and out of the gym. This individual must be highly motivated and completely team-oriented.*

1991	Lynn Crane
1993	Kerry Slattery
1996	Carey Hoyt
1999	Janae Whittaker
2010	Whitney Bencsko
2012	Krystal Welsh

## LEE KOLOS/BOB RITENBAUGH SERVICE AWARD

*Given to an individual not directly involved with the team who goes out of his or her way to help the team in all possible ways.*

1989	Bob Ritenbaugh
1990	Gwen Kaufman & Kirk Barbieri
1993	Pat Shoffner
1994	Lee Kolos
1995	Pat & Dan Shoffner
1996	Kirk Barbieri
1997	Debbie Shephard
2000	Lee Kolos
2001	Lee Kolos
2005	Bob Allen
2008	Lee Kolos
2009	Gwen Nese & Karen Schuckman
2010	Lloyd Smith
2011	Jillian Monahan
2012	Karen Schuckman
2013	Steve Hass
2014	Lee Kolos
2015	Jon Nese
2017	Sarah Thompson
2018	Jon Nese

## PAT SPISAK TEAM SPIRIT/PENN STATE PRIDE AWARD

*Given to an individual who is extremely proud to represent Penn State and who displays team spirit to others.*

1989	Pat Spisak
1995	Karen Cimoichowski
1998	Janae Whittaker
2003	Leslie Bair
2007	Stephanie Sullivan
2013	Savannah Soares
2018	Sabrina Garcia
2019	Erynne Allen

## KELLY STREICHER HEART OF A LION AWARD

*The Heart of a Lion/Kelly Streicher award was created to honor an individual who inspires others through her unyielding spirit, tireless determination and passionate commitment to the glory of Penn State.*

2012	Whitney Bencsko
2013	Madison Merriam
2014	Kassidy Stauder
2015	Sidney Sanabria-Robles
2017	Nicole Medvitz
2018	Jessica Jones
2019	Amber Autry, Sabrina Garcia, Mason Hosek, Jessica Jones, Gianna LaGuardia

*\*Awards banquet not held in 2020 due to COVID-19 pandemic*





# 2022 PENN STATE WOMEN'S GYMNASTICS



## ANN CARR AWARD

*Given to the gymnast who provides the most inspirational performance at each Penn State home meet.  
Named for Ann Carr, the Nittany Lions two-time National Champion in the all-around.  
Based on archived records, it was first awarded in 1987.*

Feb. 21, 2021	Alissa Bonsall	Jan. 29, 2014	Lindsay Musgrove	Jan. 19, 2007	Casey Rohrbaugh
Feb. 13, 2021	Ava Verdeflor	Feb. 8, 2014	Kassidy Stauder	Feb. 2, 2007	Alexandra Brockway
Jan. 23, 2021	Cassidy Rushlow	Feb. 15, 2014	Sidney Sanabria-Robles	Mar. 1, 2007	Aslynn Satterfield
Jan. 17, 2021	Natalie Cross	Feb. 28, 2014	Alex Witt	Mar. 21, 2007	Allie Southard
Jan. 11, 2020	Cassidy Rushlow	Jan. 19, 2013	Krystal Welsh	Jan. 13, 2006	Brandi Personett
Jan. 25, 2020	Lauren Bridgens	Jan. 26, 2013	Sidney Sanabria-Robles	Jan. 20, 2006	Lindsay Borkan
Jan. 31, 2020	Ava Verdeflor	Feb. 2, 2013	Kassidy Stauder	Jan. 27, 2006	Amie Olaes
Feb. 29, 2020	Melissa Astarita	Feb. 23, 2013	Samantha Musto	Feb. 10, 2006	Stephanie Sullivan
Mar. 7, 2020	Tess McCracken	Mar. 9, 2013	Sharaya Musser	Feb. 24, 2006	Ashley Mehrer
Jan. 19, 2019	Lauren Bridgens	Mar. 16, 2013	Madison Merriam	Mar. 24, 2006	Ashley Mehrer
Jan. 26, 2019	Mason Hosek	Jan. 21, 2012	Whitney Bencsko	Jan. 15, 2005	Kristal Uzelac
Feb. 16, 2019	Sabrina Garcia	Feb. 18, 2012	Krystal Welsh	Jan. 29, 2005	Lindsay Borkan
Mar. 2, 2019	Tess McCracken	Mar. 2, 2012	Sharaya Musser	Feb. 5, 2005	Kate Stopper
Jan. 6, 2018	Lauren Bridgens	Mar. 17, 2012	Sharaya Musser	Feb. 19, 2005	Lisa Clark
Jan. 13, 2018	Briannah Tsang	Jan. 22, 2011	Madison Merriam	Feb. 26, 2005	Lisa Clark
Jan. 27, 2018	Briannah Tsang	Feb. 6, 2011	Whitney Bencsko	Mar. 19, 2005	Cecile Allen
Feb. 17, 2018	Peyton Schuller	Feb. 26, 2011	Sharaya Musser	Jan. 24, 2004	Beam Lineup
Feb. 24, 2018	Briannah Tsang	Mar. 4, 2011	Daryl Konsevic	Jan. 31, 2004	Kate Stopper
Jan. 7, 2017	Peyton Schuller	Jan. 23, 2010	Brandi Personett	Feb. 14, 2004	Jennifer Orlando
Jan. 21, 2017	Kristen Politz	Jan. 30, 2010	Sharaya Musser	Mar. 13, 2004	Kelly Streicher
Feb. 4, 2017	Sabrina Garcia	Feb. 6, 2010	Rosie Smith	<i>Award results are incomplete or missing from 2003-1987.</i>	
Feb. 11, 2017	Gianna LaGuardia	Feb. 20, 2010	Whitney Bencsko		
Feb. 25, 2017	Briannah Tsang	Mar. 7, 2010	Sharaya Musser		
Jan. 9, 2016	Kiera Brown	Mar. 20, 2010	Casey Rohrbaugh		
Jan. 16, 2016	Sabrina Garcia	Jan. 10, 2009	Whitney Bencsko	<i>Award results are incomplete or missing from 2003-1987.</i>	
Jan. 29, 2016	Chanen Raygoza	Jan. 24, 2009	Brandi Personett		
Feb. 20, 2016	Briannah Tsang	Feb. 7, 2009	Natalie Ettl		
Mar., 12 2016	Kiera Brown	Feb. 21, 2009	Alexandra Brockway		
Jan. 10, 2015	Lexi Carroll	Mar. 1, 2009	Brandi Personett	<i>Award results are incomplete or missing from 2003-1987.</i>	
Jan. 24, 2015	Briannah Tsang	Jan. 19, 2008	Casey Rohrbaugh		
Feb. 7, 2015	Emma Sibson	Feb. 2, 2008	Alexandra Brockway		
Feb. 14, 2015	Sidney Sanabria-Robles	Mar. 1, 2008	Aslynn Satterfield		
Feb. 28, 2015	Krystal Welsh	Mar. 21, 2008	Allie Southard		



# 2022 PENN STATE WOMEN'S GYMNASTICS



## 1965 (1-5) Head Coach: Kathleen Ferriter

2/6	at Slippery Rock	L, 85.2-100.1
2/27	at Kent State	L, 89.10-102.35
	vs. Ohio State	W, 89.10-76.40
	vs. Michigan State	L, 89.10-102.80
3/6	Pittsburgh	L
	West Chester	L

## 1966 (5-2) Head Coach: Kathleen Ferriter

2/12	Pittsburgh	W
2/19	at West Chester	L
3/5	Fairleigh Dickinson	W
	Michigan State	L
	Ohio State	W
3/11	at Ithaca	W, 87.07-61.33
	vs. Massachusetts	W, 87.07-81.07

## 1967 (6-2-1) Head Coach: Kathleen Ferriter

1/14	Springfield	L, 86.35-84.55
2/4	at Slippery Rock	W, 82.76-70.39
	vs. West Chester	W, 82.76-84.44
2/28	Centenary	T
	Ohio State	W
3/4	at Kent State	L
	vs. Michigan State	W
	vs. Ohio State	W
3/25	Ithaca	W, 92.56-75.34

## 1968 (1-0) Head Coach: Kathy Corrigan

1/13	vs. Springfield	W
------	-----------------	---

## 1969 (1-4) Head Coach: Betz Hanley

1/25	at Springfield	L, 91.90-49.70
	vs. Towson	L, 76.12-54.45
2/8	vs. Slippery Rock	L, 61.27-74.81
	West Chester	L, 61.27-74.18
2/15	vs. Ithaca	W, 71.28-66.05

## 1970 (6-6) Head Coach: Betz Hanley

1/24	vs. Towson	L, 73.4-79.4
	Slippery Rock	L, 73.4-80.2
1/31	Ithaca	W, 72.55-65.40
	Brockport	W, 72.55-36.55
2/17	East Stroudsburg	W, 66.19-51.54
	West Chester	L, 66.19-83.86
2/21	Kent State	L, 69.20-82.15
	Miami (Ohio)	L, 69.20-74.15
	Ohio State	W, 69.20-66.85
2/28	Temple	W, 71.90-45.40
3/7	Massachusetts	L, 70.50-96.00
	Salem State	W, 70.50-68.25

## 1971 (5-7) Head Coach: Betz Hanley

1/23	Ithaca	L, 66.2-74.8
	Pittsburgh	W, 66.2-62.0
1/30	SUNY-Cortland	L, 54.63-52.97
2/6	Brockport	W, 62.8-47.1
	West Chester	L, 62.8-73.9
2/13	Towson	L, 76.80-89.85
2/20	Kent State	L, 67.19-77.95
	Ohio State	W, 67.19-67.10
	Miami (Ohio)	W, 67.19-64.65
3/6	Clarion	L, 66.57-78.64
	Lock Haven	W, 66.57-53.36
3/11	Massachusetts	L, 75.70-92.40

## 1972 (9-4) Head Coach: Betz Hanley

1/29	Ithaca	W, 79.80-74.40
2/5	West Chester	L, 71.30-89.16
	Salem State	W, 71.30-54.50
2/12	Massachusetts	L, 74.15-102.75
2/21	Kent State	L, 76.75-86.95
	Ohio State	W, 76.75-76.60
	Miami (Ohio)	W, 76.75-46.40
2/22	SUNY-Cortland	W, 80.00-75.05
2/26	Clarion	L, 71.90-97.30
	Pittsburgh	W, 71.90-62.55
2/29	Lock Haven	W, 83.55-60.95
	Slippery Rock	W, 83.55-82.60
3/4	Towson	W, 88.60-82.50

## 1973 (7-6) Head Coach: Barbara Block

1/27	Towson	W, 77.85-96.95
	Slippery Rock	L, 77.85-81.75
2/10	Massachusetts	L, 69.50-94.50
	Clarion	L, 69.50-86.45
2/17	Kent State	L, 74.60-94.15
	Ohio State	L, 74.60-76.90
	Miami (Ohio)	W, 74.60-44.45
2/20	Pittsburgh	W, 78.80-66.40
2/23	SUNY-Cortland	W, 85.40-70.03
	Ithaca	W, 85.40-77.26
3/3	East Stroudsburg	W, 79.23-75.21
	Lock Haven	W, 79.23-47.23
3/6	West Chester	L, 80.55-80.75

## 1974 (8-4) Head Coach: Barbara Block

12/8	Pittsburgh	W, 97.99-81.74
12/15	Franklin & Marshall	W, 86.00-28.70
1/29	West Chester	L, 79.60-82.75
2/2	Clarion	L, 82.70-83.90
2/5	SUNY-Cortland	W, 92.40-62.90
	Lock Haven	W, 92.40-52.95
2/9	Kent State	L, 89.25-90.73
	Ohio State	W, 89.25-78.27
	Youngstown State	W, 89.25-75.90
2/16	Towson	W, 96.45-95.10
2/23	Ithaca	W, 86.15-79.80
2/25	Springfield	L, 93.19-103.23
--	AIAW Championships	NTS-IQ

## 1975 (8-4) Head Coach: Judi Avenier-Markell

1/8	Towson	W, 99.40-78.40
1/11	at Springfield	L, 99.95-101.55
1/18	at Michigan State	L, 102.625-102.75
1/23	West Chester	W, 96.70-84.65
	Clarion	L, 96.70-97.85
1/29	at Slippery Rock	W, 95.45-91.75
2/1	Massachusetts	W, 100.30-97.10
2/8	at Youngstown State	W, 99.40-85.95
	vs. Kent State	L, 99.40-
	vs. Ohio State	W, 99.40-80.35
2/13	Ithaca	W, 95.30-81.80
2/15	Indiana State	W, 100.85-84.50
3/14	EAIW Regionals (38)	2nd
4/3	AIW Championships (39)	5th

## 1976 (7-1) Head Coach: Judi Avenier-Markell

--	at Massachusetts	W, 100.40-99.35
--	Springfield	W, 102.25-94.30
--	Ohio State	W, 100.15-76.90
--	York (Canada) (EX)	W, 102.40-81.00
--	at West Chester	W, 100.40-90.05
--	Southern Connecticut	W, 104.05-93.95
--	at Clarion	L, 104.15-105.00
--	at Indiana State	W, 108.70-105.20
2/25	at Pittsburgh	W, 102.60-92.10
3/18	at EAIW Regionals (1)	2nd
4/1	at AIW Championships (2)	5th

## 1977 (8-1) Head Coach: Judi Avenier-Markell

12/11	Massachusetts	W, 145.40-139.80
1/8	at Springfield	W, 141.95-131.80
1/15	Southern Illinois	W, 144.60-141.15
1/22	at Ohio State	W, 138.75-113.55
2/2	Pittsburgh	W, 129.35-118.90
2/5	Temple	W, 144.30-105.00
2/12	at Southern Connecticut	W, 141.20-123.55
2/17	Clarion	L, 147.30-148.75
2/19	Indiana State	W, 147.05-137.40
3/10	at EAIW Championships (3)	2nd
4/1	at AIW Championships (4)	3rd

## 1978 (7-1) Head Coach: Judi Avenier-Markell

12/10	at Massachusetts	L, 134.70-137.00
12/16	Michigan State	W, 142.25-136.30
1/6	at Springfield	W, 141.90-129.55
1/13	at Pittsburgh	W, 141.35-135.40
2/4	Southern Connecticut	W, 148.95-131.20
2/17	at Indiana State	W, 146.00-139.15
2/18	at Southern Illinois	W, 146.05-140.60
2/25	at Temple	W, 146.80-128.70
3/10	at EAIW Championships (5)	1st
4/1	at AIW Championships (6)	1st, 147.70

## 1979 (17-0) Head Coach: Judi Avenier-Markell

12/8	Penn State Invitational #	1st, 101.15
	Towson	W, 101.15-89.70
	Cornell	W, 101.15-89.55
	Michigan	W, 101.15-88.55
	West Virginia	W, 101.15-87.25
	Slippery Rock	W, 101.15-83.65
12/16	at East Stroudsburg	W, 139.85-109.50
1/6	Springfield	W, 139.40-122.45
1/13	Pittsburgh	W, 140.20-123.60
1/20	Temple	W, 140.70-119.85
1/27	at West Virginia	W, 138.30-119.85
	vs. Slippery Rock	W, 138.30-115.65
2/3	Indiana State	W, 140.50-126.45
	Massachusetts	W, 140.50-126.45
2/10	at Louisville	W, 142.20-135.70
2/17	Southern Illinois	W, 139.65-126.10
3/3	at Pittsburgh	W, 139.35-134.50
3/10	at Rutgers	W, 143.80-127.30
3/16	at EAIW Championships (7)	1st
3/30	AIW Championships (8)	2nd

## 1980 (12-2) Head Coach: Judi Avenier-Markell

12/14	Springfield	W, 136.20-122.85
12/15	Massachusetts	W, 136.65-131.65
1/12	Pittsburgh	W, 142.30-134.55
1/23	LSU	W, 144.10-136.30
1/25	Michigan State	W, 144.65-136.45
2/2	Cal State Fullerton	W, 149.55-146.40
2/10	at Southern Illinois	W, 142.15-140.25
2/12	at Clarion	W, 144.85-125.25
2/16	Louisville	W, 148.05-139.50
3/1	at USC	W, 145.20-138.50
	vs. Utah	L, 145.20-146.20
3/2	at Cal State Fullerton	L, 147.50-149.30
3/4	at Utah State	W, 146.10-137.85
3/15	Rutgers	W, 146.80-113.95
3/21	EAIW Championships (8)	1st, 148.55
4/4	at AIW Championships (9)	1st, 145.50

## 1981 (16-0) Head Coach: Judi Avenier-Markell

12/13	at Clarion	W, 137.85-129.75
1/9	USC	W, 141.65-132.55
1/23	at Cat Classic (10)	1st, 144.30
	vs. LSU	W, 144.300-143.200
	at Missouri	W, 144.300-140.150
	vs. Pittsburgh	W, 144.300-139.550
	vs. BYU	W, 144.300-136.700
	vs. Montana State	W, 144.300-117.250
1/30	Massachusetts	W, 142.55-125.80
2/7	at Michigan State	W, 144.00-140.95
2/13	Utah State	W, 146.20-132.80
2/15	Great Britain (EX)	W, 182.55-181.80
2/20	at Rutgers	W, 143.00-122.70
2/22	UCLA	W, 148.10-143.50
3/5	at LSU	W, 144.70-143.05
3/7	at Florida	W, 145.15-144.00
3/11	Utah	W, 147.45-146.55
3/14	Pittsburgh	W, 147.20-142.50
3/27	at EAIW Championships (5)	1st, 145.75
4/10	at AIW Championships (11)	3rd, 141.80

## 1982 (17-3) Head Coach: Judi Avenier-Markell

12/12	at Clarion	W, 140.70-128.90
1/8	Michigan State	W, 141.75-133.40
1/22	Florida	W, 144.60-141.80
1/23	Ohio State	W, 141.80-136.40
1/29	at Cat Classic (10)	1st, 143.250
	vs. LSU	W, 143.250-142.050
	at Missouri	W, 143.250-139.650
	vs. Pittsburgh	W, 143.250-139.600
	vs. Arizona	W, 143.250-136.100
	vs. BYU	W, 143.250-135.150
2/4	Arizona State	W, 145.50-141.75
2/6	LSU	W, 143.70-141.30
2/12	at West Virginia	W, 141.85-136.60
	vs. James Madison	W, 141.85-124.45
	vs. North Carolina	W, 141.85-133.45
2/13	at Pittsburgh	W, 140.80-139.25
3/4	at UCLA	L, 140.75-141.70
3/5	at USC	W, 142.25-141.50
3/6	at Utah State	W, 144.30-139.80
3/9	at Utah	L, 146.70-149.65
	vs. Oregon State	L, 146.70-147.20
3/12	at NCAA Regionals (5)	1st, 143.15
3/26	at NCAA Championships (11)	3rd, 143.10





# 2022 PENN STATE WOMEN'S GYMNASTICS

## 1983 (11-7-1) Head Coach: Judi Avener-Markell

12/10	at Clarion	T, 158.35-158.35
12/11	at Indiana (Pa.)	W, 159.95-148.95
1/11	New Hampshire	L, 170.10-170.90
1/14	at Michigan State	W, 174.85-147.00
1/15	at Ohio State	L, 173.10-175.90
1/21	Utah State	L, 169.30-171.30
1/27	Alabama	L, 176.30-178.35
1/28	Oklahoma State	W, 176.65-169.30
2/9	Nebraska	W, 174.75-173.95
2/11	at Cat Classic (10)	1st, 178.700
	at Missouri	W, 178.70-178.35
	vs. LSU	W, 178.70-176.55
	vs. Arizona	W, 178.70-173.60
	vs. Pittsburgh	W, 178.70-172.65
	vs. Kentucky	W, 178.70-169.55
2/19	Pittsburgh	W, 175.60-165.20
	West Virginia	W, 175.60-169.95
3/1	at Arizona State	L, 180.30-182.30
3/4	at Florida	L, 181.25-185.85
3/8	Cal State Fullerton	L, 176.95-181.45
3/12	at Atlantic 10 Championships (12)	1st, 176.55
3/26	at NCAA Regional (13)	3rd, 176.80
4/8	at NCAA Championships (11)	NTS-IQ

## 1984 (14-9) Head Coach: Judi Avener-Markell

12/9	at Clarion	W, 72.65-194.50
12/10	at Indiana (Pa.)	W, 174.65-166.25
1/14	at New Hampshire	L, 174.45-175.75
1/25	Ohio State	L, 176.15-177.40
1/28	Alabama	L, 178.10-178.75
2/3	at Cat Classic (10)	1st, 178.800
	vs. Arizona	W, 178.80-178.60
	at Missouri	W, 178.80-178.30
	vs. LSU	W, 178.80-172.80
	vs. BYU	W, 178.80-172.65
	vs. Memphis	W, 178.80-169.35
2/5	at Oklahoma State	W, 178.30-174.80
2/7	at Nebraska	W, 178.35-178.05
2/10	Arizona State	L, 175.20-179.10
2/17	at West Virginia	W, 169.60-167.60
2/18	at Pittsburgh	L, 177.90-178.95
2/27	LSU	W, 177.85-176.05
3/3	at Cal State Fullerton	L, 181.85-187.15
	vs. Utah	L, 181.85-185.40
	vs. USC	W, 181.85-180.60
3/6	at USC	W, 179.50-178.15
	vs. Utah	L, 179.50-185.30
3/8	at Utah State	W, 180.50-179.10
	vs. Utah	L, 180.50-186.70
3/10	at Atlantic 10 Championships (12)	1st, 182.34
3/15	Florida	L, 180.90-185.40
3/24	NCAA Regional (8)	1st, 184.00
4/9	at NCAA Championships (14)	7th, 179.45

## 1985 (13-6) Head Coach: Judi Avener-Markell

12/2	Japanese All Stars (EX)	W, 183.75-181.45
12/7	at Indiana (Pa.)	W, 174.90-163.40
12/8	at Clarion	W, 173.65-131.50
1/11	Cal State Fullerton	W, 181.40-178.80
	New Hampshire	W, 181.40-170.40
1/18	at Michigan State	W, 180.05-179.45
1/19	at Ohio State	L, 177.90-191.30
1/25	at Cat Classic (10)	1st, 181.90
	vs. Arizona	W, 181.90-180.65
	at Missouri	W, 181.90-180.40
	vs. LSU	W, 181.90-177.40
	vs. Kentucky	W, 181.90-177.05
	vs. New Hampshire	W, 181.90-176.25
2/2	Nebraska	L, 176.70-178.35
2/15	Oklahoma State	W, 179.75-175.95
2/22	West Virginia	W, 192.10-177.65
3/1	at Alabama	L, 179.65-185.40
3/2	at Florida	L, 181.40-189.25
3/4	at Georgia	L, 179.60-185.80
3/6	at LSU	L, 185.70-187.65
3/9	at Atlantic 10 Championships (13)	1st, 179.35
3/16	Pittsburgh	W, 183.75-174.75
3/30	at NCAA Regionals (5)	2nd, 185.05
4/13	at NCAA Championships (11)	9th, 179.00

## 1986 (15-8) Head Coach: Judi Avener-Markell

1/18	at Ohio State	L, 173.70-180.75
1/24	Alabama	L, 179.75-182.60
	Michigan State	W, 179.75-178.75
	New Hampshire	W, 179.75-170.85
1/29	at Nebraska	L, 178.70-182.45
	vs. New Mexico	W, 178.70-171.90
1/31	at Cat Classic (10)	1st, 181.30
	vs. Arizona	W, 181.30-180.45
	at Missouri	W, 181.30-178.10
	vs. Kentucky	W, 181.30-175.35
	vs. Pittsburgh	W, 181.30-174.60
2/8	at Pittsburgh	W, 177.00-176.00
2/9	at West Virginia	W, 182.95-175.85
	vs. Indiana (Pa.)	W, 182.95-171.20
2/15	Ohio State	W, 183.40-180.55
3/2	Cal State Fullerton	L, 182.40-186.80
	Georgia	W, 182.40-182.25
3/4	at UCLA	L, 181.05-183.30
3/7	at Arizona State	L, 183.50-189.30
	vs. Alabama	L, 183.50-186.05
	vs. Florida	L, 183.50-184.00
	vs. Cal State Fullerton	W, 183.50-183.45
3/15	Georgia	W, 187.40-186.05
3/22	at Atlantic 10 Championships (12)	1st, 185.75
3/24	Florida	W, 186.35-185.75
4/5	NCAA Regionals (8)	1st
4/18	at NCAA Championships (15)	6th

## 1987 (13-8) Head Coach: Judi Avener-Markell

1/16	West Virginia	W, 179.00-175.10
1/23	Ohio State	L, 181.00-181.75
	Nebraska	L, 181.00-182.25
1/28	Pittsburgh	W, 179.70-177.15
1/31	at New Hampshire	W, 178.40-175.85
	Maryland	W, 178.40-174.60
2/13	at Cat Classic (10)	2nd, 184.40
	vs. Arizona	L, 184.40-185.10
	at Missouri	W, 184.40-178.95
	vs. Auburn	W, 184.40-178.05
	vs. Kentucky	W, 184.40-178.65
2/20	LSU	L, 179.75-181.20
2/22	at Ohio State	L, 182.80-186.00
3/3	at Alabama	L, 183.40-188.75
3/6	at Florida	L, 180.60-183.40
	vs. Cal State Fullerton	W, 180.60-150.60
3/8	at Georgia	L, 183.75-191.55
	vs. Maryland	W, 183.75-181.60
	vs. Auburn	W, 183.75-180.25
	vs. North Carolina	W, 183.75-179.00
3/14	Temple	W, 184.05-175.65
3/21	North Carolina	W, 183.50-177.25
3/28	at Atlantic 10 Championships (12)	1st, 182.15
4/11	at NCAA Regionals (16)	2nd, 180.40

## 1988 (13-10) Head Coach: Judi Avener-Markell

1/13	at Temple	W, 179.80-170.25
1/17	at West Virginia	W, 176.65-175.00
	vs. Indiana (Pa.)	W, 176.65-172.70
	vs. Maryland	W, 176.65-176.35
1/22	Alabama	L, 180.55-184.35
	New Hampshire	W, 180.55-174.10
1/29	at Ohio State	L, 181.65-182.60
	vs. Michigan	W, 181.65-177.45
1/30	at Pittsburgh	W, 181.20-176.45
	vs. Rhode Island	W, 181.20-171.80
2/5	at Cat Classic (10)	3rd, 182.850
	vs. Arizona	L, 182.85-186.35
	vs. Auburn	L, 182.85-184.60
	vs. Pittsburgh	W, 182.85-175.45
	at Missouri	W, 182.85-182.10
2/8	at Nebraska	L, 182.05-184.30
2/13	Michigan	W, 185.00-182.35
2/20	Florida	L, 185.35-186.70
3/2	at Oklahoma	L, 184.20-185.95
3/4	at LSU	L, 182.45-189.85
	vs. Kentucky	L, 182.45-184.45
3/12	Ohio State	L, 183.15-183.90
	Maryland	W, 183.15-180.65
3/19	at North Carolina	W, 184.25-183.60
3/26	at Atlantic 10 Championships (17)	1st, 186.05
4/9	NCAA Regional (8)	1st, 186.25
4/22	at NCAA Championships (11)	11th, 179.70

## 1989 (7-9) Head Coach: Judi Avener-Markell

1/13	West Virginia	W, 185.80-175.75
1/21	at Alabama	L, 182.50-188.65
1/27	at Cat Classic (10)	2nd, 185.95
	vs. Arizona	L, 185.95-188.60
	vs. LSU	W, 185.95-183.75
	at Missouri	W, 185.95-181.55
	vs. BYU	W, 185.95-181.45
2/3	Indiana (Pa.)	W, 180.70-179.95
	North Carolina	W, 180.70-175.70
2/10	at Ohio State	L, 179.75-184.55
2/17	Pittsburgh	W, 182.30-181.05
2/28	at LSU	L, 173.35-190.10
3/3	at Florida	L, 182.50-193.70
3/5	at Bulldog Invitational (18)	4th
	vs. Alabama	L, 181.55-187.50
	at Georgia	L, 181.55-191.00
	vs. Nebraska	L, 181.55-187.60
3/11	Ohio State	L, 185.15-186.90
3/18	at Atlantic 10 Championships (19)	1st, 186.85
4/1	NCAA Regional (8)	2nd, 188.35
4/14	at NCAA Championship (18)	NTS-IQ

## 1990 (12-7) Head Coach: Judi Avener-Markell

1/13	at Pittsburgh	W, 178.65-175.80
1/21	at Ohio State	W, 184.95-184.15
	vs. Michigan State	W, 184.95-182.95
	vs. Pittsburgh	W, 184.95-179.75
1/27	Alabama	L, 184.10-187.00
2/10	Indiana (Pa.)	W, 184.15-176.45
2/17	Ohio State	W, 186.35-184.80
2/24	at UCLA Invitational (14)	3rd
	at UCLA	L, 187.00-191.45
	vs. Cal State Fullerton	L, 187.00-187.95
	vs. New Mexico	W, 187.00-184.20
2/26	at Utah	L, 185.95-193.30
	vs. BYU	L, 185.95-188.15
	vs. Iowa State	W, 185.95-181.75
3/2	at Cal State Fullerton	L, 186.75-189.15
	vs. Stanford	W, 186.75-185.10
	vs. Boise State	W, 186.75-182.75
3/11	New Hampshire	W, 189.45-185.45
3/17	Georgia	L, 188.70-190.55
	Kent State	W, 188.70-178.95
3/24	at Atlantic 10 Championships (20)	1st
	Massachusetts	W, 187.45-184.90
	West Virginia	W, 187.45-183.10
	Temple	W, 187.45-178.35
	Rutgers	W, 187.45-178.15
	George Washington	W, 187.45-176.25
	Rhode Island	W, 187.45-175.55
4/7	at NCAA Regionals (16)	2nd, 185.925
4/20	at NCAA Championships (21)	NTS-IQ

## 1991 (16-3) Head Coach: Judi Avener-Markell

1/13	at West Virginia	W, 186.75-181.60
	vs. Rutgers	W, 186.75-178.80
	vs. Indiana (Pa.)	W, 186.75-176.15
1/19	Ohio State	W, 186.00-181.10
1/25	at Alabama	L, 189.50-192.10
2/2	Oklahoma	W, 186.15-185.30
	Indiana (Pa.)	W, 186.15-179.45
2/9	at New Hampshire	W, 189.15-186.80
2/15	at Ohio State	W, 191.50-186.50
2/23	Pittsburgh	W, 188.60-185.35
3/2	at Georgia	L, 189.60-194.45
	vs. BYU	W, 189.60-188.50
	vs. Kentucky	W, 189.60-182.80
	vs. Georgia College	W, 189.60-178.05
3/8	at Florida	L, 190.80-193.70
	vs. Minnesota	W, 190.80-188.15
	vs. William & Mary	W, 190.80-186.65
3/16	Rutgers	W, 191.95-182.40
	Temple	W, 191.95-170.65
3/22	at Atlantic 10 Championships (19)	1st, 189.65
	West Virginia	W, 189.65-186.55
	Massachusetts	W, 189.65-185.25
	George Washington	W, 189.65-185.25
	Rhode Island	W, 189.65-182.85
	Rutgers	W, 189.65-178.30
	Temple	W, 189.65-116.45
4/6	at NCAA Regionals (22)	1st, 193.80
4/19	at NCAA Championships (23)	5th, 190.95



# 2022 PENN STATE WOMEN'S GYMNASTICS



## 1992 (11-5) Head Coach: Judi Avener-Markell

1/12	Georgia	L, 188.40-192.90
1/19	at Towson	W, 191.05-189.35
1/25	Utah	L, 190.65-195.05
2/7	at Cat Classic (10)	3rd, 188.85
	vs. Arizona	L, 188.85-191.60
	at Missouri	L, 188.85-190.65
	vs. Auburn	W, 188.85-188.25
	vs. Pittsburgh	W, 188.85-183.05
2/15	Ohio State	W, 193.00-189.60
2/22	at Minnesota	W, 191.00-189.60
2/29	Pittsburgh	W, 190.35-183.05
	Indiana (Pa.)	W, 190.35-181.50
3/7	at Stanford	W, 192.15-191.75
3/9	at Utah	L, 191.50-196.75
3/21	West Virginia	W, 194.75-191.40
	Massachusetts	W, 194.75-186.45
	New Hampshire	W, 194.75-188.55
3/27	at Big Ten Championships (24)	2nd, 190.90
	Michigan	L, 190.90-191.70
	Michigan State	W, 190.90-187.55
	Iowa	W, 190.90-187.20
	Ohio State	W, 190.90-186.50
	Illinois	W, 190.90-185.50
	Minnesota	W, 190.90-183.25
4/7	NCAA Regional (8)	1st, 194.525
4/24	at NCAA Championships (25)	4th, 192.775

## 1993 (13-3) Head Coach: Steve Shephard

1/16	Michigan State*	W, 190.60-188.10
	LSU	W, 190.60-188.10
1/23	at New Hampshire	W, 190.10-189.90
1/30	Towson	W, 192.35-185.60
2/5	at Cat Classic (10)	1st, 191.95
	vs. Arizona	W, 191.95-191.70
	vs. Auburn	W, 191.95-190.10
	at Missouri	W, 191.95-189.65
	vs. New Hampshire	W, 191.95-186.60
2/12	at Pittsburgh	W, 187.70-182.35
2/14	at West Virginia	L, 190.65-191.20
	vs. Indiana (Pa.)	W, 190.65-139.55
2/19	Alabama	L, 191.90-193.95
2/27	at Ohio State*	W, 191.85-190.20
3/6	at Georgia	L, 193.15-197.55
	vs. West Virginia	W, 193.15-188.25
	vs. Massachusetts	W, 193.15-186.55
3/19	at Big Ten Championships (26)	2nd, 192.40
	Michigan	L, 192.40-192.925
	Michigan State	W, 192.40-191.600
	Ohio State	W, 192.40-189.675
	Iowa	W, 192.40-189.650
	Minnesota	W, 192.40-187.450
	Illinois	W, 192.40-184.000
4/3	at NCAA Regionals (16)	1st, 190.525
	Ohio State	W, 190.525-188.125
	New Hampshire	W, 190.525-187.825
	Massachusetts	W, 190.525-186.575
	Rhode Island	W, 190.525-186.350
	Kent State	W, 190.525-184.400
	Pittsburgh	W, 190.525-183.500
4/17	at NCAA Championships (21)	11th, 192.700

## 1994 (13-8) Head Coach: Steve Shephard

1/16	Georgia	L, 190.375-192.125
1/22	Minnesota*	W, 187.775-183.850
	New Hampshire	L, 187.775-188.675
	West Virginia	L, 187.775-188.375
2/4	at Cat Classic (10)	2nd, 190.600
	at Missouri	L, 190.600-191.000
	vs. Auburn	W, 190.600-190.525
	vs. Arizona	W, 190.600-187.950
	vs. Kentucky	W, 190.600-187.725
	vs. Vermont	W, 190.600-179.875
2/11	at Alabama	L, 192.275-193.950
2/19	Ohio State*	W, 191.550-188.200
2/27	at Hobie Classic (24)	1st, 190.925
	at Michigan State*	W, 190.925-187.800
	vs. Central Michigan	W, 190.925-186.450
	vs. New Hampshire	W, 190.925-185.675
3/4	at Shanico Invitational (21)	2nd, 191.550
	at Oregon State	L, 191.550-193.725
	vs. Minnesota*	W, 191.550-189.575
	vs. Nebraska	W, 191.550-186.650
	vs. Arizona	W, 191.550-188.250
	vs. Washington	W, 191.550-186.650
3/7	at Utah	L, 190.075-194.375
3/19	Florida	L, 193.000-193.950
3/26	Big Ten Championships (8)	2nd, 194.025
	Michigan	L, 194.025-194.850
	Minnesota	W, 194.025-189.200
	Michigan State	W, 194.025-188.475
	Ohio State	W, 194.025-188.375
	Iowa	W, 194.025-188.250
	Illinois	W, 194.025-185.300
4/3	at NCAA Regionals (12)	2nd, 191.475
	New Hampshire	L, 191.475-191.950
	Ohio State	W, 191.475-189.075
	Kent State	W, 191.475-188.300
	Rhode Island	W, 191.475-187.875
	Massachusetts	W, 191.475-186.925
	Temple	W, 191.475-184.500
4/23	at NCAA Championships (11)	NTS-IQ

## 1995 (11-10) Head Coach: Steve Shephard

1/20	Alabama	W, 191.475-187.050
1/28	at Ohio State*	W, 192.875-188.300
2/3	at Cat Classic (10)	1st, 191.275
	vs. Kentucky	W, 191.275-189.425
	vs. Arizona	W, 191.275-191.250
	at Missouri	W, 191.275-189.900
	vs. Auburn	W, 191.275-188.200
	vs. Pittsburgh	W, 191.275-180.625
2/11	Utah	L, 193.825-195.175
2/18	at Minnesota*	L, 192.500-193.675
	vs. Illinois*	W, 192.500-190.275
2/25	Michigan State*	W, 192.525-189.875
3/3	at West Virginia	W, 194.300-193.600
3/6	at Florida	L, 194.225-195.250
3/12	at Georgia	L, 191.550-197.625
	vs. UCLA	L, 191.550-196.550
	vs. Nebraska	L, 191.550-193.250
	vs. Cal	L, 191.550-191.825
	vs. Massachusetts	W, 191.550-190.525
3/18	at Michigan*	L, 151.575-197.225
	vs. North Carolina State	L, 151.575-191.175
	vs. Massachusetts	L, 151.575-188.025
3/25	at Big Ten Championships (27)	3rd, 192.375
	Michigan	L, 192.375-196.500
	Michigan State	L, 192.375-193.025
	Minnesota	W, 192.375-191.675
	Illinois	W, 192.375-190.425
	Iowa	W, 192.375-189.975
	Ohio State	W, 192.375-189.775
4/8	at NCAA Regional (28)	1st, 191.225
	Kent State	W, 191.225-188.950
	New Hampshire	W, 191.225-188.925
	Massachusetts	W, 191.225-187.925
	Ohio State	W, 191.225-183.275
	Pittsburgh	W, 191.225-182.500
	Rhode Island	W, 191.225-180.850
4/22	at NCAA Championships (18)	8th, 194.150

## 1996 (9-10) Head Coach: Steve Shephard

1/13	at Michigan State*	L, 191.575-191.900
	vs. Minnesota*	W, 191.575-188.825
	vs. Southeast Missouri State	W, 191.574-185.950
1/19	at Alabama	L, 191.700-195.725
	vs. Nebraska	W, 191.700-189.450
1/27	North Carolina State	W, 192.000-188.775
2/2	at Cat Classic (10)	2nd, 191.325
	vs. Arizona	L, 191.325-194.275
	vs. Auburn	W, 191.325-190.550
	at Missouri	W, 191.325-188.100
2/17	Ohio State*	W, 193.450-191.350
2/25	at New Hampshire	L, 191.000-191.350
3/1	at Shanico Invitational (21)	4th, 191.950
	at Oregon State	L, 191.950-196.350
	vs. Michigan*	L, 191.950-192.225
	vs. Minnesota*	L, 191.950-192.450
	vs. Seattle Pacific	W, 191.950-185.575
3/8	at Utah	L, 193.625-196.250
3/16	West Virginia	W, 192.875-191.775
	Nebraska	L, 192.875-194.150
3/23	Michigan*	L, 194.400-195.925
3/30	at Big Ten Championships (16)	7th, 190.775
	Michigan	L, 190.775-194.600
	Michigan State	L, 190.775-193.925
	Ohio State	L, 190.775-193.900
	Minnesota	L, 190.775-192.750
	Illinois	L, 190.775-192.275
	Iowa	L, 190.775-191.725
3/13	NCAA Regionals (8)	1st, 193.650
	Kent State	W, 193.650-193.025
	Massachusetts	W, 193.650-191.900
	Ohio State	W, 193.650-191.450
	New Hampshire	W, 193.650-190.275
	Pittsburgh	W, 193.650-188.075
	Rhode Island	W, 193.650-187.300
4/22	at NCAA Championships (23)	11th, 192.700

## 1997 (12-9) Head Coach: Steve Shephard

1/11	Alabama	L, 190.300-193.750
1/18	New Hampshire	W, 193.075-189.350
	Massachusetts	W, 193.075-190.225
1/25	at North Carolina State	W, 190.625-186.700
	vs. James Madison	W, 190.625-187.900
	vs. Radford	W, 190.625-186.700
2/1	at West Virginia	L, 192.450-194.700
2/7	at Cat Classic (10)	3rd, 190.575
	vs. Arizona	L, 190.575-193.000
	at Missouri	L, 190.575-190.975
	vs. Pittsburgh	W, 190.575-188.200
2/15	at Ohio State*	L, 193.125-193.750
2/22	Utah	L, 193.975-194.850
2/28	Pennsylvania Championships (8)	1st, 195.225
	Temple	W, 195.225-188.375
	Pittsburgh	W, 195.225-189.600
	Indiana (Pa.)	W, 195.225-177.425
	Ursinus	W, 195.225-176.325
	West Chester	W, 195.225-150.750
	Wilson College	W, 195.225-150.750
3/7	at Florida	L, 193.600-195.900
	vs. Iowa State	L, 193.600-194.625
3/16	at Nebraska	L, 194.725-195.675
3/22	at Big Ten Championships (25)	5th, 194.300
	Michigan	L, 194.300-197.150
	Michigan State	L, 194.300-195.475
	Ohio State	L, 194.300-195.825
	Minnesota	L, 194.300-196.350
	Illinois	W, 194.300-194.075
	Iowa	W, 194.300-193.725
4/13	at NCAA Regionals (16)	1st, 194.150
	Kent State	W, 194.150-193.800
	Ohio State	W, 194.150-193.800
	Massachusetts	W, 194.150-192.250
	New Hampshire	W, 194.150-192.000
	Pittsburgh	W, 194.150-190.675
	Rhode Island	W, 194.150-187.425
2/22	at NCAA Championships (15)	11th, 194.300





# 2022 PENN STATE WOMEN'S GYMNASTICS

## 1998 (10-7) Head Coach: Steve Shephard

1/11	at New Hampshire	W, 193.475-189.025
1/17	Illinois*	W, 194.900-191.925
1/24	North Carolina State	W, 193.675-187.625
1/31	at Alabama	L, 193.125-195.575
2/6	at Cat Classic (10)	1st, 192.659
	vs. Iowa State	W, 192.650-191.050
	at Missouri	W, 192.650-188.675
	vs. Pittsburgh	W, 192.650-190.425
2/14	Ohio State*	L, 192.150-193.075
2/22	UCLA Bruin Classic (14)	3rd, 190.800
	at UCLA	L, 190.800-194.550
	vs. Oregon State	L, 190.800-192.550
	vs. Cal State Fullerton	W, 190.800-189.275
2/28	Arizona	W, 195.725-194.725
	Temple	W, 195.725-186.775
	West Virginia	W, 195.725-192.925
3/6	at LSU	L, 194.175-194.475
	vs. Alabama	L, 194.175-195.975
3/14	Nebraska	L, 194.125-195.550
3/21	at Big Ten Championships (29)	3rd, 194.725
	Minnesota	L, 194.725-195.400
	Michigan	L, 194.725-194.900
	Michigan State	W, 194.725-194.050
	Iowa	W, 194.725-193.575
	Illinois	W, 194.725-192.850
	Ohio State	W, 194.725-192.625
4/4	at NCAA Regionals (5)	1st, 194.600
	Ohio State	W, 194.600-193.525
	Kent State	W, 194.600-191.475
	Massachusetts	W, 194.600-189.650
	New Hampshire	W, 194.600-189.075
	Pittsburgh	W, 194.600-189.075
	Rutgers	W, 194.600-185.550
4/18	at NCAA Championships (14)	10th, 194.625

## 1999 (10-4) Head Coach: Steve Shephard

1/9	Rutgers	W, 195.075-187.975
1/16	UCLA	W, 193.825-193.525
	New Hampshire	W, 193.825-190.850
1/23	at North Carolina State	W, 191.525-188.925
1/30	Florida	W, 196.750-193.500
2/5	at Stanford	L, 191.650-194.050
	vs. UCLA	L, 191.650-193.900
2/13	at Illinois*	W, 195.175-193.750
2/19	Alabama (30)	W, 197.025-196.025
2/27	at Ohio State*	L, 195.875-195.650
3/6	at Boise State	W, 195.950-195.750
	vs. Southeast Missouri State	W, 195.950-194.125
	vs. San Jose State	W, 195.950-191.500
3/13	at Nebraska	L, 195.800-196.250
3/27	at Big Ten Championships (24)	2nd, 196.300
	Michigan	L, 196.300-196.550
	Ohio State	W, 196.300-194.625
	Minnesota	W, 196.300-194.150
	Illinois	W, 196.300-193.800
	at Michigan State	W, 196.300-191.600
	Iowa	W, 196.300-136.825
4/10	NCAA Regionals (8)	1st, 196.335
	Arizona State	W, 196.335-195.100
	New Hampshire	W, 196.335-192.525
	Pittsburgh	W, 196.335-191.500
	Massachusetts	W, 196.335-190.275
	Rhode Island	W, 196.335-187.750
4/22	at NCAA Championships (11)	8th, 194.775

## 2000 (8-2) Head Coach: Steve Shephard

1/16	at New Hampshire	L, 193.800-194.700
1/22	Illinois*	W, 194.325-190.575
1/28	at Florida	W, 194.925-194.050
	vs. Massachusetts	W, 194.925-188.750
2/12	at Massachusetts	W, 194.825-193.100
2/19	West Virginia (30)	W, 194.850-195.625
	Boise State	W, 195.850-193.375
2/26	Ohio State*	W, 194.800-192.425
3/3	Stanford	W, 196.100-194.700
3/11	at Alabama	L, 195.375-196.550
3/18	Big Ten Championships (8)	2nd, 196.575
	Michigan	L, 196.575-197.850
	Minnesota	W, 196.575-196.150
	Ohio State	W, 196.575-194.875
	Michigan State	W, 196.575-193.825
	Illinois	W, 196.575-193.750
	Iowa	W, 196.575-193.650
4/1	NCAA Regionals (8)	2nd, 195.925
	Michigan	L, 195.925-196.550
	Florida	W, 195.925-195.875
	Rutgers	W, 195.925-192.375
	Pittsburgh	W, 195.925-191.850
	New Hampshire	W, 195.925-191.200
4/13	at NCAA Championships (31)	7th, 195.350

## 2001 (11-10) Head Coach: Steve Shephard

1/6	at Super Six Challenge (23)	6th, 193.275
	at Alabama	L, 193.275-195.350
	vs. Georgia	L, 193.275-195.350
	vs. Stanford	L, 193.275-195.300
	vs. Michigan	L, 193.275-194.475
	vs. Florida	L, 193.275-194.425
1/13	at Illinois*	W, 194.825-194.450
1/20	New Hampshire	W, 194.075-192.150
1/27	at Ohio State*	L, 194.700-195.350
2/3	Pittsburgh	W, 196.875-192.450
2/10	at West Virginia	L, 194.925-196.600
	vs. Nebraska	L, 194.925-197.050
	vs. James Madison	W, 194.925-190.100
2/17	at Rhode Island	W, 196.775-193.150
2/23	Massachusetts	W, 197.450-193.150
3/3	at Maryland	L, 195.350-195.500
3/10	at Denver	W, 195.375-194.650
	vs. Florida	W, 195.375-195.150
	vs. Air Force	W, 195.375-194.075
3/17	Alabama	L, 196.650-197.525
	Rutgers	W, 196.650-189.775
	Cornell	W, 196.600-185.600
3/24	at Big Ten Championships (26)	2nd, 196.425
	Michigan	L, 196.425-197.150
	Minnesota	W, 196.425-195.750
	Ohio State	W, 196.425-195.425
	Iowa	W, 196.425-195.400
	Michigan State	W, 196.425-193.975
	Illinois	W, 196.425-193.375
4/7	at NCAA Regionals (32)	4th, 194.775
	Nebraska	L, 194.775-196.200
	Oklahoma	L, 194.775-194.925
	Arizona	L, 194.775-194.825
	Washington	W, 194.775-194.450
	Illinois State	W, 194.775-191.725

## 2002 (6-10) Head Coach: Steve Shephard

1/11	at Super Six Challenge (15)	6th, 193.375
	vs. Georgia	L, 193.375-196.525
	vs. Alabama	L, 196.375-195.725
	vs. UCLA	L, 193.375-195.650
	at Florida	L, 193.375-194.600
	vs. LSU	L, 193.375-193.825
1/19	Denver	L, 192.750-193.250
1/27	at Pittsburgh	W, 193.500-191.100
2/2	Illinois*	W, 195.200-191.850
2/9	at New Hampshire	W, 195.525-194.900
2/15	at Florida	L, 195.325-196.900
	vs. Stanford	L, 195.325-195.700
	vs. UIC	W, 195.325-194.175
3/3	at Nebraska	L, 195.475-196.575
3/9	Maryland	W, 195.800-194.075
	Rhode Island	W, 195.800-191.500
3/16	West Virginia	L, 192.750-196.275
3/23	at Big Ten Championships (16)	7th, 192.550
	Michigan	L, 192.550-196.475
	Minnesota	L, 192.550-195.775
	Iowa	L, 192.550-195.550
	Ohio State	L, 192.550-194.725
	Michigan State	L, 192.550-194.625
	Illinois	L, 192.550-192.825
4/6	NCAA Regionals (8)	5th, 192.225
	Nebraska	L, 192.225-195.925
	Michigan	L, 192.225-195.600
	Iowa	L, 192.225-195.475
	George Washington	L, 192.225-192.675
	Pittsburgh	W, 192.225-190.975

## 2003 (10-8) Head Coach: Steve Shephard

1/11	at Super Six Challenge (18)	5th, 194.375
	at Georgia	L, 194.375-197.325
	vs. Nebraska	L, 194.375-196.700
	vs. Florida	L, 194.375-196.575
	vs. Alabama	L, 194.375-196.000
	vs. Oklahoma	W, 194.375-193.275
1/18	New Hampshire	W, 193.800-191.750
1/25	at Denver	W, 195.075-194.175
	vs. Iowa State	W, 195.075-192.600
2/1	Pittsburgh	W, 195.425-193.850
2/7	at Oklahoma	L, 195.450-195.800
2/16	at West Virginia	W, 195.450-194.900
	vs. Rutgers	W, 195.450-192.400
2/22	Ohio State*	W, 195.875-195.325
3/1	Nebraska	L, 194.400-197.425
3/8	at Minnesota*	L, 195.475-195.775
3/14	Florida	L, 195.500-196.725
	Temple	W, 195.500-190.800
	Yale	W, 195.500-189.025
3/29	at Big Ten Championships (27)	3rd, 196.650
	Michigan	L, 196.650-197.450
	Iowa	L, 196.650-196.850
	Minnesota	W, 196.650-195.425
	Ohio State	W, 196.650-194.975
	Illinois	W, 196.650-193.575
	Michigan State	W, 196.650-193.425
4/12	at NCAA Regionals (26)	4th, 196.175
	Michigan	L, 196.175-196.825
	Arizona State	L, 196.175-196.725
	Iowa State	L, 196.175-196.525
	New Hampshire	W, 196.175-195.400
	Pittsburgh	W, 196.175-194.500
4/24	at NCAA Championships (32)	NTS-IQ



# 2022 PENN STATE WOMEN'S GYMNASTICS



## 2004 (6-5-2) Head Coach: Steve Shephard

1/16	at Alabama	L, 194.600-197.125
1/24	Central Michigan	W, 195.575-193.125
1/31	West Virginia	W, 195.675-195.251
	Rhode Island	W, 195.675-189.325
	Yale	W, 195.675-189.250
2/6	at Cat Classic (10)	3rd
	at Missouri	L, 195.575-197.350
	vs. BYU	L, 195.575-196.125
	vs. Kentucky	W, 195.575-194.125
2/14	Minnesota*	W, 195.100-195.075
2/21	at Ohio State*	T, 195.950-195.950
2/28	at Pittsburgh	L, 195.800-196.350
3/6	at New Hampshire	T, 196.375-196.375
3/13	Oklahoma	L, 195.775-196.175
3/20	at Big Ten Championships (25)	2nd, 196.625
	Michigan	L, 196.625-197.800
	Iowa	W, 196.625-196.500
	Minnesota	W, 196.625-196.325
	Michigan State	W, 196.625-196.025
	Illinois	W, 196.625-195.400
	Ohio State	W, 196.625-194.450
4/3	NCAA Regionals (8)	4th, 196.075
	Georgia	L, 196.075-197.525
	Michigan	L, 196.075-196.375
	Iowa State	L, 196.075-196.150
	Missouri	W, 196.075-194.400
	New Hampshire	W, 196.075-194.125
4/15	at NCAA Championships (14)	NTS-IQ

## 2005 (18-5) Head Coach: Steve Shephard

1/7	at Super Six Challenge (15)	5th
	vs. Georgia	L, 194.850-193.000
	at Florida	L, 194.450-193.000
	vs. Alabama	L, 193.875-193.000
	vs. Arizona	L, 193.425-193.000
	vs. Iowa	W, 193.000-190.725
1/15	Illinois*	W, 194.125-193.200
	Pittsburgh	W, 194.125-188.200
1/21	at Michigan*	L, 196.075-194.445
1/29	Maryland	W, 196.300-192.325
2/5	New Hampshire	W, 193.575-192.275
	Missouri	W, 193.575-191.925
	Cornell	W, 193.575-187.100
2/13	at West Virginia	W, 196.650-195.425
	vs. Ball State	W, 196.650-190.975
2/19	George Washington	W, 195.050-190.325
2/26	Ohio State*	W, 193.975-191.475
3/4	at Arizona State	W, 195.550-194.350
3/11	at Boise State	W, 196.025-195.950
	vs. San Jose State	W, 196.025-193.450
	vs. Seattle Pacific	W, 196.025-192.650
3/19	Rutgers	W, 195.550-193.100
	Temple	W, 195.550-190.300
	William & Mary	W, 195.550-189.650
3/26	at Big Ten Championships (29)	2nd, 196.125
	Michigan	L, 196.125-196.250
	Minnesota	W, 196.125-195.375
	Michigan State	W, 196.125-193.775
	Illinois	W, 196.125-193.725
	Iowa	W, 196.125-193.000
	Ohio State	W, 196.125-192.875
4/9	at NCAA Regionals (6)	2nd, 195.375
	UCLA	L, 195.375-197.025
	Washington	W, 195.375-195.000
	Stanford	W, 195.375-194.750
	Boise State	W, 195.375-194.500
	Central Michigan	W, 195.375-194.125
4/21	at NCAA Championships (33)	10th, 194.975

## 2006 (10-5) Head Coach: Steve Shephard

1/14	Alabama	L, 194.875-196.125
	Arizona	W, 194.875-194.350
1/21	Michigan*	L, 194.400-194.825
	West Virginia	W, 194.400-190.675
	Cornell	W, 194.400-181.175
1/28	at Minnesota*	L, 193.500-194.175
2/3	at Arkansas	W, 194.650-194.575
2/10	Nebraska	W, 196.025-195.475
	Rutgers	W, 196.025-190.550
	Yale	W, 196.025-190.200
2/25	at Ohio State*	W, 196.625-193.675
3/4	at New Hampshire	W, 195.700-194.075
3/10	at Florida	L, 193.200-196.150
	vs. LSU	L, 193.200-195.275
3/18	at Pittsburgh	W, 196.400-189.750
3/25	at Big Ten Championships (24)	3rd, 194.925
	Minnesota	L, 194.925-195.150
	Michigan State	L, 194.925-194.975
	Michigan	W, 194.925-194.475
	Ohio State	W, 194.925-193.525
	Iowa	W, 194.925-193.425
	Illinois	W, 194.925-192.500
4/7	at NCAA Regionals (9)	3rd, 194.900
	Oklahoma	L, 194.900-196.375
	LSU	L, 194.900-195.825
	Kentucky	W, 194.900-194.075
	Michigan State	W, 194.900-193.575
	Ohio State	W, 194.900-193.000
4/20	at NCAA Championships (21)	NTS-IQ

## 2007 (19-4) Head Coach: Steve Shephard

1/5	at Super Six Challenge (34)	3rd
	vs. Florida	L, 194.575-196.550
	vs. Nebraska	L, 194.575-195.200
	vs. LSU	W, 194.575-194.125
	vs. Denver	W, 194.575-192.975
	at Arkansas	W, 194.575-192.800
1/13	Arkansas	L, 193.600-194.850
1/20	Minnesota*	W, 192.900-191.175
1/27	North Carolina State	W, 193.850-192.625
2/3	at West Virginia	W, 195.625-194.625
	vs. Kent State	W, 195.625-192.275
	vs. George Washington	W, 195.625-191.375
	vs. Wilson College	W, 195.625-147.700
2/10	Pittsburgh	W, 195.075-192.825
2/16	at Michigan*	W, 195.900-195.525
2/24	Ohio State*	W, 196.450-194.825
3/2	at Maryland	W, 195.275-191.600
3/9	at LSU	L, 196.275-197.175
3/16	at Arizona	W, 196.825-196.650
	vs. Kentucky	W, 196.825-195.600
	vs. Texas Women's Univ.	W, 196.825-190.525
3/24	Rutgers	W, 196.325-191.550
	New Hampshire	W, 196.325-190.325
	Yale	W, 196.325-187.475
3/31	Big Ten Championships (8)	3rd, 196.475
	Michigan	L, 196.475-196.575
	Illinois	W, 196.475-195.250
	Ohio State	W, 196.475-194.025
	Minnesota	W, 196.475-193.225
	Iowa	W, 196.475-192.750
	Michigan State	W, 196.475-192.650
4/14	at NCAA Regionals (35)	3rd, 195.775
	Georgia	L, 195.775-197.275
	Denver	L, 195.775-195.825
	BYU	W, 195.775-193.300
	Minnesota	W, 195.775-192.900
	Utah State	W, 195.775-192.525
4/26	at NCAA Championships (11)	NTS-IQ

## 2008 (13-8) Head Coach: Steve Shephard

1/11	at Pittsburgh	W, 194.050-190.450
	vs. Kent State	W, 194.050-192.175
1/19	Michigan*	L, 195.100-195.275
1/25	at Arkansas	L, 194.625-195.250
2/2	West Virginia	L, 193.375-195.150
2/9	at New Hampshire	W, 195.275-194.225
	vs. Yale	W, 195.275-189.100
	vs. William & Mary	W, 195.275-186.750
2/16	at North Carolina State	L, 194.775-195.150
	vs. Kent State	W, 194.775-194.025
	vs. William & Mary	W, 194.775-189.625
2/24	at Ohio State*	L, 193.650-194.250
3/1	George Washington	W, 195.025-192.575
	Bowling Green	W, 195.025-189.800
	SUNY-Cortland	W, 195.025-183.800
3/7	at Arizona State	W, 195.025-194.550
	vs. Boise State	L, 195.025-196.000
3/14	at Alabama	L, 194.675-197.300
3/21	Nebraska	L, 195.725-196.000
	Maryland	W, 195.725-192.675
	Rutgers	W, 195.725-189.475
3/29	at Big Ten Championships (26)	3rd, 195.625
	Michigan	L, 195.625-196.750
	Illinois	L, 195.625-195.750
	Michigan State	W, 195.625-195.050
	Iowa	W, 195.625-194.775
	Minnesota	W, 195.625-194.425
	Ohio State	W, 195.625-194.075
4/12	NCAA Regionals (8)	3rd, 195.700
	Georgia	L, 195.700-197.775
	Denver	L, 195.700-195.775
	Auburn	W, 195.700-195.100
	BYU	W, 195.700-194.325
	Iowa State	W, 195.700-194.200
4/24	at NCAA Championships (18)	NTS-IQ

## 2009 (14-3) Head Coach: Steve Shephard

1/10	Pittsburgh	W, 194.800-191.675
1/17	at Illinois*	L, 192.925-195.500
1/24	Michigan State*	W, 195.785-192.925
1/30	at Nebraska	L, 194.625-195.875
2/7	Cornell	W, 196.150-189.675
	William & Mary	W, 196.150-188.375
	Penn	W, 196.150-185.425
2/13	at Michigan	L, 194.924-195.800
2/21	New Hampshire	W, 196.175-193.400
	Rutgers	W, 196.175-189.475
	Bridgeport	W, 196.175-187.525
3/1	Alabama	W, 196.650-196.625
	Ohio State*	W, 196.650-196.050
3/8	at West Virginia	W, 196.225-195.925
3/14	at Maryland	W, 196.125-194.175
	vs. Arizona	W, 196.125-195.300
	vs. Yale	W, 196.125-165.625
3/21	at Big Ten Championships (27)	3rd, 196.525
	Michigan	L, 196.525-197.075
	Illinois	L, 196.525-196.750
	Minnesota	W, 196.525-196.000
	Ohio State	W, 196.525-195.900
	Michigan State	W, 196.525-195.650
	Iowa	W, 196.525-195.450
4/4	at NCAA Regionals (36)	2nd, 195.800
	Georgia	L, 195.800-197.700
	Nebraska	W, 195.800-195.450
	West Virginia	W, 195.800-194.225
	North Carolina	W, 195.800-194.125
	North Carolina State	W, 195.800-193.800
4/16	at NCAA Championships (32)	9th, 196.100





# 2022 PENN STATE WOMEN'S GYMNASTICS

## 2010 (13-8) Head Coach: Steve Shephard

1/9	at Michigan State*	L, 193.900-193.925
	vs. West Virginia	W, 193.900-191.225
	vs. Western Michigan	W, 193.900-189.525
1/16	at Denver	L, 194.150-194.650
	vs. Air Force	W, 194.150-185.850
1/23	Iowa*	W, 195.325-192.175
	Yale	W, 195.325-186.125
	Cornell	W, 195.325-185.750
1/30	Alabama	L, 196.025-196.600
	Minnesota*	W, 196.025-192.850
2/6	Illinois*	W, 196.425-196.275
2/13	at Pittsburgh	W, 196.450-194.650
2/20	West Virginia	W, 195.950-194.925
2/27	at Ohio State*	L, 193.850-195.950
3/7	Michigan*	W, 196.725-196.575
	Maryland	W, 196.725-195.650
	Bridgeport	W, 196.725-193.200
3/12	at Utah	L, 195.700-196.975
	vs. Oregon State	L, 195.700-196.650
	vs. Southern Utah	L, 195.700-196.025
3/20	Nebraska	L, 195.575-196.200
3/27	at Big Ten Championships (16)	2nd, 196.575
	Michigan	L, 196.575-196.900
	Iowa	W, 196.575-195.575
	Minnesota	W, 196.575-195.350
	Michigan State	W, 196.575-195.325
	Illinois	W, 196.575-195.025
	Ohio State	W, 196.575-194.700
4/10	NCAA Regionals (8)	3rd, 196.050
	Oklahoma	L, 196.050-197.250
	LSU	L, 196.050-196.400
	New Hampshire	W, 196.050-194.800
	Ohio State	W, 196.050-193.875
	Maryland	W, 196.050-193.750
4/22	at NCAA Championships (15)	NTS-IQ

## 2011 (13-4) Head Coach: Jeff Thompson

1/7	at Alabama	L, 192.750-195.350
1/14	at Michigan*	L, 194.450-194.900
	vs. Illinois*	L, 194.450-194.475
1/22	New Hampshire	W, 195.275-194.475
1/28	at Florida	L, 195.300-197.500
	vs. North Carolina State	W, 195.300-194.075
2/6	Pittsburgh	W, 195.550-193.475
	West Virginia	W, 195.550-194.050
	Bridgeport	W, 195.550-192.250
2/11	at North Carolina	W, 195.925-192.975
2/18	at Maryland	W, 196.600-195.300
	vs. Rutgers	W, 196.600-192.975
	vs. William & Mary	W, 196.600-186.875
2/26	Ohio State*	W, 196.325-195.900
3/4	North Carolina State	W, 197.075-195.125
	Maryland	W, 197.075-194.625
3/12	at West Virginia	W, 195.825-195.025
3/19	at Big Ten Championship (25)	2nd, 196.375
	Michigan	L, 196.375-196.600
	Illinois	W, 196.375-196.075
	Minnesota	W, 196.375-195.325
	Ohio State	W, 196.375-194.900
	Iowa	W, 196.375-194.850
	Michigan State	W, 196.375-194.425
4/2	at NCAA Regional (23)	3rd, 195.850
	Alabama	L, 195.850-197.275
	UIC	L, 195.850-195.925
	Auburn	W, 195.850-195.600
	Kentucky	W, 195.850-195.175
	Central Michigan	W, 195.850-195.075
4/15	at NCAA Championships (40)	NTS-IQ

## 2012 (14-3) Head Coach: Jeff Thompson

1/8	at West Virginia	W, 195.775-195.100
	vs. Maryland	W, 195.775-194.225
1/15	at New Hampshire	W, 196.125-194.250
1/21	Alabama	L, 196.100-196.175
	Michigan State*	W, 196.100-192.875
	Cornell	W, 196.100-188.850
1/28	at Minnesota*	W, 195.475-195.150
2/3	at Iowa*	W, 195.800-195.150
2/11	at North Carolina State	L, 196.650-196.775
	vs. George Washington	W, 196.650-191.750
	vs. William & Mary	W, 196.650-191.375
2/18	Brockport	W, 195.950-183.200
2/25	at Ohio State*	L, 195.000-196.025
3/2	Michigan*	W, 196.000-195.900
	North Carolina	W, 196.000-195.750
3/11	at Pittsburgh	W, 196.425-195.075
3/17	Maryland	W, 196.500-195.550
3/24	at Big Ten Championship (29)	6th, 195.700
	Nebraska	L, 195.700-197.100
	Ohio State	L, 195.700-196.225
	Minnesota	L, 195.700-195.950
	Michigan	L, 195.700-195.875
	Illinois	L, 195.700-195.850
	Iowa	W, 195.700-195.425
	Michigan State	W, 195.700-194.675
4/7	at NCAA Regionals (36)	4th, 195.650
	Florida	L, 195.650-197.325
	Ohio State	L, 195.650-196.225
	North Carolina State	L, 195.650-195.975
	North Carolina	W, 195.650-194.025
	Kent State	W, 195.650-193.575
4/20	at NCAA Championships (41)	NTS-IQ

## 2013 (13-5) Head Coach: Jeff Thompson

1/5	at No. 20 Denver	L, 193.725-194.700
	vs. Lindenwood	W, 193.725-185.925
1/12	at UIC	W, 194.150-191.700
1/19	No. 12 Minnesota*	L, 194.300-195.525
	Kent State	L, 194.300-195.450
	Towson	W, 194.300-192.175
1/26	Iowa*	W, 195.500-195.325
	No. 22 Pittsburgh	W, 195.500-193.575
	Rutgers	W, 195.500-193.225
2/2	No. 18 Ohio State*	W, 195.575-194.675
2/10	at No. 9 Nebraska*	L, 195.150-197.175
2/16	at No. 3 Michigan*	L, 196.700-197.375
2/23	Michigan State*	W, 196.700-196.00
3/2	at No. 19 Illinois*	W, 196.300-195.775
3/9	New Hampshire	W, 196.975-194.225
	Penn	W, 196.975-193.000
	Temple	W, 196.975-189.650
3/16	Kentucky	W, 197.325-196.775
3/23	at Big Ten Championships (24)	6th, 195.825
	No. 9 Nebraska	L, 195.825-197.800
	No. 4 Michigan	L, 195.825-197.225
	No. 14 Minnesota	L, 195.825-196.775
	No. 18 Illinois	L, 195.825-196.475
	No. 20 Ohio State	L, 195.825-195.950
	Michigan State	W, 195.825-195.450
	Iowa	W, 195.825-193.400
4/6	at NCAA Regionals (37)	4th, 195.875
	No. 2 Oklahoma	L, 195.875-197.375
	No. 11 Stanford	L, 195.875-196.800
	No. 22 Washington	L, 195.875-195.925
	Southern Utah	W, 195.875-194.850
	Iowa	W, 195.875-194.475
4/20	at NCAA Championships (14)	NTS-IQ

## 2014 (20-3) Head Coach: Jeff Thompson

1/5	at Iowa State	W, 193.925-193.550
1/10	at No. 21 Kentucky	L, 193.975-195.000
	West Virginia	W, 193.975-193.700
	Ball State	W, 193.975-190.875
1/18	Southeast Missouri State	W, 196.025-193.800
	Cornell	W, 196.025-191.000
	UIC	W, 196.025-189.125
1/25	at Michigan State*	W, 194.825-192.750
2/1	at No. 21 Ohio State*	W, 196.150-195.625
2/8	vs. No. 8 Nebraska*	L, 196.150-197.225
2/15	vs. No. 15 Illinois*	W, 196.675-195.600
2/22	at Rutgers	W, 195.825-194.575
	Temple	W, 195.825-191.950
	Ursinus	W, 195.825-184.825
2/28	Western Michigan	W, 196.600-193.625
	Bridgeport	W, 196.600-193.500
	Yale	W, 196.600-188.525
3/8	at New Hampshire	W, 197.200-196.675
	George Washington	W, 197.200-195.150
	Bridgeport	W, 197.200-193.400
3/15	No. 13 Minnesota*	L, 196.475-196.700
	at No. 8 Michigan*	W, 196.475-196.025
	Iowa*	W, 196.475-194.750
3/22	Big Ten Championships (8)	5th, 196.475
	No. 8 Michigan	L, 196.475-197.550
	No. 9 Nebraska	L, 196.475-196.950
	No. 16 Minnesota	L, 196.475-196.675
	No. 13 Illinois	L, 196.475-196.625
	No. 24 Ohio State	W, 196.475-196.400
	Iowa	W, 196.475-195.400
	Michigan State	W, 196.475-194.500
4/5	NCAA Regional Championships (8)	2nd, 196.725
	No. 1 Florida	L, 196.725-197.050
	No. 12 Oregon State	W, 196.725-196.525
	Kentucky	W, 196.725-195.925
	No. 23 New Hampshire	W, 196.725-195.025
	Maryland	W, 196.725-194.525
4/18	NCAA Championships (42)	12th, 194.825

## 2015 (14-3) Head Coach: Jeff Thompson

1/10	New Hampshire	W, 194.675-193.450
	Rutgers	W, 194.675-191.825
	Cornell	W, 194.675-186.725
1/17	at No. 8 Nebraska*	L, 196.025-197.125
1/24	Maryland*	W, 196.550-194.450
1/31	at No. 14 Illinois*	L, 195.600-196.400
2/7	Michigan State*	W, 197.025-193.425
2/14	Ohio State*	W, 196.275-195.200
2/21	at Pittsburgh	W, 196.175-193.350
2/28	Iowa State	W, 196.650-195.375
	Penn	W, 196.650-191.925
	SUNY-Brockport	W, 196.650-190.750
3/8	at West Virginia	W, 196.750-195.900
3/14	Big Five Qualifier (25)	2nd, 196.650
	No. 8 Michigan*	L, 196.650-197.000
	No. 20 Minnesota*	W, 196.650-196.450
	No. 25 Iowa*	W, 196.650-196.425
	Rutgers*	W, 196.650-194.150
3/21	at Big Ten Championships (26)	4th, 196.725
	No. 8 Michigan	L, 196.725-197.825
	No. 15 Illinois	L, 196.725-197.350
	No. 9 Nebraska	L, 196.725-196.875
	No. 25 Iowa	W, 196.725-196.500
	No. 20 Minnesota	W, 196.725-196.450
	Maryland	W, 196.725-196.075
	Michigan State	W, 196.725-195.650
	No. 24 Ohio State	W, 196.725-195.250
	Rutgers	W, 196.725-193.125
4/4	at NCAA Regional (37)	6th, 195.150
	No. 1 Oklahoma	L, 195.150-197.625
	No. 12 Oregon State	L, 195.150-196.750
	Southern Utah	L, 195.150-196.275
	Missouri	L, 195.150-196.100
	North Carolina State	L, 195.150-195.775



# 2022 PENN STATE WOMEN'S GYMNASTICS



## 2016 (11-7) Head Coach: Jeff Thompson

1/9	No. 27 NC State (DD)	L, 194.700-194.125
1/16	Nebraska*	L, 196.150-194.575
1/24	at Maryland*	Postponed
1/29	No. 19 Illinois*	L, 195.025-195.725
2/6	at Michigan State*	W, 195.700-195.175
2/14	at No. 23 Ohio State*	W, 195.925-195.675
2/20	No. 4 Alabama	L, 195.100-197.300
	No. 13 Denver	L, 195.100-196.350
	Cornell	W, 195.100-191.050
2/22	at Maryland*	W, 196.350-195.350
2/26	Unite For Her (17)	2nd, 195.675
	No. 24 West Virginia	L, 195.675-196.225
	West Chester	W, 195.675-193.475
	Temple	W, 195.675-191.625
	Southern Conn. State	W, 195.675-188.700
3/4	at Arizona State	W, 195.350-194.625
3/12	Big Five Qualifier (25)	2nd, 197.125
	No. 19 Minnesota*	L, 197.125-197.425
	No. 6 Michigan*	W, 197.125-196.875
	Iowa*	W, 197.125-196.650
	Rutgers*	W, 197.125-194.550
3/19	at Big Ten Championships (26)	4th, 196.150
	No. 7 Michigan	L, 196.150-197.125
	No. 12 Nebraska	L, 196.150-196.900
	No. 16 Minnesota	L, 196.150-196.575
	No. 18 Iowa	W, 196.150-195.875
	Ohio State	W, 196.150-195.875
	Michigan State	W, 196.150-195.475
	No. 24 Illinois	W, 196.150-195.175
	Rutgers	W, 196.150-194.775
	Maryland	W, 196.150-194.025
4/4	at NCAA Regional (37)	5th, 195.125
	No. 6 Auburn	L, 195.125-196.525
	No. 18 Stanford	L, 195.125-196.525
	No. 7 Michigan	L, 195.125-196.475
	No. 24 Eastern Michigan	L, 195.125-196.250
	New Hampshire	W, 195.125-193.900
4/15	at NCAA Championships (44)	NTS-IQ

## 2017 (11-8) Head Coach: Jeff Thompson+

1/7	No. 36 BYU	W, 194.625-194.225
	Temple	W, 194.625-191.925
	Bowling Green	W, 194.625-190.725
1/15	at Nebraska*	L, 192.900-195.700
1/21	Maryland*	W, 195.575-194.725
1/29	at No. 21 Illinois*	L, 193.250-195.625
2/4	at Michigan State*	W, 195.925-194.775
2/11	No. 18 Ohio State*	L, 195.850-195.950
2/19	at Texas Woman's University	L, 194.550-196.000
	Sacramento State	L, 194.550-195.550
	West Virginia	L, 194.550-195.375
2/25	Pittsburgh !	W, 195.200-193.525
3/5	Bridgeport	W, 196.200-193.875
	West Chester	W, 196.200-192.950
	Penn	W, 196.200-191.475
3/11	Big Five Qualifier (29)	3rd, 195.450
	No. 11 Michigan*	L, 195.450-197.150
	No. 16 Iowa*	L, 195.450-196.400
	No. 34 Minnesota*	W, 195.450-194.825
	Rutgers*	W, 195.450-192.650
3/18	Big Ten Championships (29)	T6th, 195.200
	No. 9 Michigan	L, 195.200-197.300
	No. 20 Illinois	L, 195.200-196.875
	No. 16 Iowa	L, 195.200-196.725
	No. 13 Nebraska	L, 195.200-196.475
	No. 24 Ohio State	L, 195.200-195.525
	Michigan State	T, 195.200-195.200
	Minnesota	W, 195.200-195.175
	Rutgers	W, 195.200-195.175
	No. 34 Maryland	W, 195.200-193.625
4/1	NCAA Regionals (46)	
	No. 3 Florida	L, 195.325-197.125
	No. 10 Georgia	L, 195.325-196.775
	No. 15 Missouri	L, 195.325-196.100
	No. 35 North Carolina	W, 195.325-194.425
	No. 30 New Hampshire	W, 195.325-194.175
4/14	at NCAA Championships (44)	NTS-IQ

+ Jeff Thompson was relieved of his duties on Feb. 23, 2017.

! Kera Molinaro and Josh Nilson finished the 2017 season as interim co-head coaches.

## 2018 (11-8) Head Coach: Sarah Brown

1/6	No. 35 Eastern Michigan	W, 194.275-192.900
1/13	at Nebraska*	L, 195.050-195.550
1/19	at Maryland*	L, 195.025-195.550
1/27	No. 33 Illinois*	L, 195.475-195.750
2/4	at Michigan State*	W, 195.600-195.550
2/9	at No. 26 Ohio State*	L, 196.025-196.200
2/17	Cornell	W, 195.325-192.400
	Penn	W, 195.325-192.200
2/24	No. 18 George Washington	L, 196.150-196.475
3/4	at Pittsburgh	W, 196.650-196.475
	Temple	W, 196.650-194.250
	No. 31 West Virginia	W, 196.650-196.075
3/10	at No. 21 BYU	W, 196.675-196.500
	Texas Woman's University	W, 196.675-194.925
	Utah State	W, 196.675-195.725
3/17	Big Five Qualifier (46)	4th, 194.375
	No. 7 Michigan*	L, 194.375-197.225
	No. 32 Iowa*	L, 194.375-195.275
	No. 22 Minnesota*	L, 194.375-195.150
	Rutgers*	W, 194.375-193.725
3/24	at Big Ten Championships (27)	7th, 195.500
	No. 7 Michigan	L, 195.500-197.200
	No. 14 Nebraska	L, 195.500-196.950
	No. 27 Illinois	L, 195.500-196.625
	No. 36 Iowa	L, 195.500-196.400
	No. 24 Ohio State	L, 195.500-196.325
	No. 23 Minnesota	L, 195.500-196.225
	No. 29 Maryland	W, 195.500-195.250
	Rutgers	W, 195.500-194.400
	Michigan State	W, 195.500-194.275
4/7	at NCAA Regional (8)	5th, 194.900
	No. 5 Florida	L, 194.900-197.725
	No. 8 Washington	L, 194.900-196.275
	No. 17 Arizona State	L, 194.900-195.750
	No. 30 New Hampshire	L, 194.900-194.950
	No. 27 West Virginia	W, 194.900-194.400

## 2019 (10-9) Head Coach: Sarah Brown

1/5	at No. 5 Utah	L, 194.450-197.175
1/12	vs. No. 32 Temple (47)	W, 195.150-194.700
	vs. Towson	W, 195.150-190.225
1/19	No. 17 Ohio State*	L, 194.850-196.075
1/26	No. 22 Minnesota*	L, 196.775-196.925
2/2	at No. 34 Illinois*	W, 195.275-193.500
2/9	at Rutgers*	L, 195.825-196.050
2/16	No. 8 Michigan*	L, 194.750-197.075
2/22	Big Five Qualifier (48)	3rd, 195.700
	No. 15 Nebraska*	L, 195.700-195.900
	No. 32 Maryland*	W, 195.700-195.500
	Iowa*	L, 195.700-196.450
	Michigan State*	W, 195.700-194.525
3/2	No. 21 Arizona State	W, 196.375-196.150
	Cornell	W, 196.375-194.575
	Yale	W, 196.375-194.100
3/8	at No. 3 Florida	L, 196.325-198.025
3/17	at No. 28 West Virginia	L, 195.525-196.425
	No. 27 NC State	W, 195.525-195.300
	No. 22 Ohio State	W, 195.525-194.925
3/23	Big Ten Championships (8)	5th, 196.125
	No. 7 Michigan	L, 196.125-197.400
	No. 11 Minnesota	L, 196.125-196.425
	No. 17 Nebraska	L, 196.125-196.550
	No. 22 Ohio State	W, 196.125-195.775
	No. 32 Illinois	L, 196.125-196.650
	No. 27 Maryland	W, 196.125-194.800
	No. 34 Iowa	W, 196.125-196.075
	Michigan State	W, 196.125-195.425
	Rutgers	W, 196.125-194.175
4/5	NCAA Regionals (26)	6th, 195.750
	No. 7 Michigan	L, 195.750-196.950

**NOTES:** Season records include only regular season meets. Atlantic 10 Championships, Big Ten Championships, NCAA/EIAIW Regionals and NCAA/AIAW Championships not included in season record.

\* Big Ten Conference Meet

NTS-IQ - Not Team Score-Individual Qualifier Only

# - Not included in all-time record due to no team listings.

**Schedule Key:** (1) at Cornell University, Ithaca, N.Y.; (2) at Appalachian State, Boone, N.C.; (3) at Towson University, Towson, Md.; (4) at Central Michigan University, Mt. Pleasant, Mich.; (5) at University of Pittsburgh, Pittsburgh, Pa.; (6) at University of Washington, Seattle, Wash.; (7) at University of Maryland, College Park, Md.; (8) at Penn State University, University Park, Pa.; (9) at LSU, Baton Rouge, La.; (10) at University of Missouri, Columbia, Mo.; (11) at University of Utah, Salt Lake City, Utah; (12) at University of Rhode Island, Kingstown, R.I.; (13) at West Virginia University, Morgantown, W.Va.; (14) at UCLA, Los Angeles, Calif.; (15) at University of Florida, Gainesville, Fla.; (16) at Ohio State University, Columbus, Ohio; (17) Philadelphia, Pa.; (18) at University of Georgia, Athens, Ga.; (19) at George Washington University, Washington, D.C.; (20) University of Massachusetts, Amherst, Mass.; (21) at Oregon State University, Corvallis, Ore.; (22) at New Hampshire, Durham, N.H.; (23) at University of Alabama, Tuscaloosa, Ala.; (24) Michigan State University, East Lansing, Mich.; (25) University of Minnesota, Minneapolis, Minn.; (26) University of Michigan, Ann Arbor, Mich.; (27) University of Illinois, Champaign, Ill.; (28) Kent State University, Kent, Ohio; (29) at University of Iowa, Iowa City, Iowa; (30) Bryce Jordan Center, University Park, Pa.; (31) Boise State University, Boise, Idaho; (32) University of Nebraska, Lincoln, Neb.; (33) Auburn University, Auburn, Ala.; (34) University of Arkansas, Fayetteville, Ark.; (35) University of Denver, Denver, Colo.; (36) North Carolina State University, Raleigh, N.C.; (37) University of Oklahoma, Norman, Okla.; (38) Southern Illinois University, Carbondale, Ill.; (39) Cal State East Bay, Hayward, Calif.; (40) Cleveland, Ohio; (41) Georgia Institute of Technology, Duluth, Ga.; (42) Birmingham, Ala.; (43) Dallas, Texas; (44) St. Louis, Mo.; (45) Rutgers, Piscataway, N.J.; (46) John B. Hynes Convention Center, Boston, Mass.; (47) Huntington Center, Toledo, Ohio; (48) Fort Worth, Texas; (49) Anaheim, Calif.

No. 10 Alabama	L, 195.750-197.225
No. 26 Ohio State	W, 195.750-194.725
4/19 NCAA Championships (49)	NTS-IQ

## 2020 (8-9) Head Coach: Sarah Brown

1/5	Collegiate Challenge (50)	4th, 193.500
	No. 21 Arizona State	L, 193.500-194.675
	No. 13 Auburn	L, 193.500-194.375
	No. 7 Denver	L, 193.500-196.700
1/11	West Virginia	W, 195.750-195.325
1/16	at No. 10 Nebraska*	L, 194.000-195.150
1/25	No. 32 Iowa*	W, 196.275-193.675
1/31	Rutgers*	W, 196.325-195.700
2/7	at No. 25 Illinois	L, 195.425-195.725
2/14	at No. 26 Ohio State	L, 195.150-195.350
2/22	Big Five Qualifier (48)	3rd, 196.125
	No. 24 Maryland	W, 196.125-195.325
	No. 9 Michigan	L, 196.125-197.950
	No. 31 Michigan State	W, 196.125-195.975
	No. 7 Minnesota	L, 196.125-196.650
2/29	No. 27 NC State	W, 196.575-195.850
	Cornell	W, 196.575-190.750
	Towson	W, 196.575-193.750
3/7	No. 2 Florida	L, 196.225-198.100

Season ended on March 12 due to COVID-19 pandemic.

## 2021 (3-12) Head Coach: Sarah Brown

1/17	NO. 28 Maryland	L, 193.875-194.875
1/23	NO. 29 Nebraska*	L, 195.100-195.250
1/30	at No. 13 Minnesota*	L, 194.750-196.675
2/5	at No. 28 Maryland*	W, 196.000-194.950
2/13	NO. 20 Illinois*	L, 196.300-195.275
2/21	NO. 24 Ohio State*,	
	NO 29 Maryland	195.925
2/26	Big Five Meet*%	195.850
3/7	at No. 24 Ohio State	195.250
3/13	at Rutgers	L, 195.525-195.325
3/20	Big Ten Championships #	195.475 (7TH)
4/1	West Virginia	L, 195.325-195.950





# 2022 PENN STATE WOMEN'S GYMNASTICS

## ALL-TIME SERIES RECORDS

Opponent	W	L	T	1st Mtg
Air Force	2	0	0	2001
Alabama	3	29	0	1983
Arizona	13	7	0	1982
Arizona State	5	5	0	1982
Arkansas	2	2	0	2006
Auburn	7	3	0	1987
Ball State	2	0	0	2005
Boise State	4	1	0	1990
Bowling Green	2	0	0	2008
Bridgeport	6	0	0	2009
Brockport	4	0	0	1970
BYU	7	2	0	1981
Cal	1	0	0	1995
Cal State Fullerton	5	6	0	1980
Centenary	0	0	1	1967
Central Michigan	2	0	0	1994
Clarion	5	7	1	1971
Cornell	13	0	0	2001
Denver	3	5	0	2001
East Stroudsburg	3	0	0	1970
Eastern Michigan	1	0	0	2018
Farleigh Dickinson	1	0	0	1966
Florida	6	23	0	1981
Franklin & Marshall	1	0	0	1974
George Washington	5	1	0	1983
Georgia	2	13	0	1985
Georgia College	1	0	0	1991
Illinois	11	9	0	1992
Indiana (Pa.)	11	0	0	1983
Indiana State	5	0	0	1975
Iowa	8	4	0	1990
Iowa State	5	1	0	1992
Ithaca	8	1	0	1966
James Madison	3	0	0	1982
Kent State	4	9	0	1965
Kentucky	10	2	0	1983
Lindenwood	1	0	0	2013
Lock Haven	4	0	0	1971
Louisville	2	0	0	1979
LSU	12	8	0	1980
Maryland	21	4	0	1987
Massachusetts	14	6	0	1966
Memphis	1	0	0	1984
Miami (Ohio)	3	1	0	1970
Michigan	7	18	0	1988
Michigan State	23	5	0	1965
Minnesota	11	11	0	1991

Opponent	W	L	T	1st Mtg
Missouri	14	4	0	1981
Montana State	1	0	0	1981
Nebraska	5	28	0	1983
New Hampshire	27	5	1	1983
New Mexico	2	0	0	1986
North Carolina	7	0	0	1982
North Carolina State	10	4	0	1995
Ohio State	34	25	1	1965
Oklahoma	2	3	0	1988
Oklahoma State	3	0	0	1983
Oregon State	0	5	0	1982
Penn	5	0	0	2009
Pittsburgh	49	3	0	1965
Radford	1	0	0	1997
Rhode Island	4	0	0	1983
Rutgers	24	2	0	1979
Sacramento State	0	1	0	2017
Salem State	2	0	0	1970
San Jose State	2	0	0	1999
Seattle Pacific	2	0	0	1996
Slippery Rock	5	4	0	1965
Southeast Missouri State	3	0	0	1996
Southern Connecticut State	3	0	0	1976
Southern Illinois	4	0	0	1977
Southern Utah	0	1	0	2010
Springfield College	6	4	0	1967
Stanford	3	3	0	1990
SUNY-Cortland	4	1	0	1971
Temple	16	0	0	1970
Texas Woman's University	2	1	0	2007
Towson	11	3	0	1969
UCLA	2	7	0	1981
UIC	3	0	0	2002
Ursinus	2	0	0	1997
USC	5	0	0	1980
Utah	1	14	0	1980
Utah State	5	1	0	1980
Vermont	1	0	0	1994
Washington	1	0	0	1994
West Chester	5	8	0	1965
West Virginia	33	8	0	1979
Western Michigan	2	1	0	2010
William & Mary	7	0	0	1991
Wilson College	2	0	0	1997
Yale	9	0	0	2003
Youngstown State	2	0	0	1974
<b>Totals</b>	<b>600</b>	<b>314</b>	<b>4</b>	

**NOTES:** Opponents records include only regular season meets and invitationals. Atlantic 10 Championships, Big Ten Championships, NCAA/EAIW Regional and NCAA/AIAW Championships not included in series.

## YEAR-BY-YEAR

Year	W	L	T	National Finish	Head Coach
1965	1	5	0	--	Ferriter
1966	5	2	0	--	Ferriter
1967	6	2	1	--	Ferriter
1968	1	0	0	--	Corrigan
1969	1	4	0	--	Hanley
1970	6	6	0	--	Hanley
1971	5	7	0	--	Hanley
1972	9	4	0	--	Hanley
1973	7	6	0	--	Block
1974	8	4	0	--	Block
1975	8	4	0	5th	Avener-Markell
1976	7	1	0	5th	Avener-Markell
1977	8	1	0	3rd	Avener-Markell
1978	7	1	0	1st	Avener-Markell
1979	17	0	0	2nd	Avener-Markell
1980	12	2	0	1st	Avener-Markell
1981	16	0	0	3rd	Avener-Markell
1982	17	3	0	3rd	Avener-Markell
1983	11	7	1	--	Avener-Markell
1984	14	9	0	7th	Avener-Markell
1985	13	6	0	9th	Avener-Markell
1986	15	8	0	6th	Avener-Markell
1987	13	8	0	--	Avener-Markell
1988	13	10	0	11th	Avener-Markell
1989	7	9	0	--	Avener-Markell
1990	12	7	0	--	Avener-Markell
1991	16	3	0	5th	Avener-Markell
1992	11	5	0	4th	Avener-Markell
1993	13	3	0	11th	Shephard
1994	13	8	0	--	Shephard
1995	11	10	0	8th	Shephard
1996	9	10	0	11th	Shephard
1997	12	9	0	11th	Shephard
1998	10	7	0	10th	Shephard
1999	10	4	0	8th	Shephard
2000	8	2	0	7th	Shephard
2001	11	10	0	--	Shephard
2002	6	10	0	--	Shephard
2003	10	8	0	--	Shephard
2004	6	5	2	--	Shephard
2005	18	5	0	10th	Shephard
2006	10	5	0	--	Shephard
2007	19	4	0	--	Shephard
2008	13	8	0	--	Shephard
2009	14	3	0	9th	Shephard
2010	13	8	0	--	Shephard
2011	13	4	0	--	Thompson
2012	14	3	0	--	Thompson
2013	13	5	0	--	Thompson
2014	20	3	0	12th	Thompson
2015	14	3	0	--	Thompson
2016	11	7	0	--	Thompson
2017	11	8	0	--	Thompson*
2018	11	8	0	--	Brown
2019	10	9	0	--	Brown
2020	8	9	0	--	Brown^
2021	3	12	0	--	Brown
<b>Totals</b>	<b>600</b>	<b>314</b>	<b>4</b>		

## ALL-TIME COACHING RECORDS

Head Coach	Record	Years
Kathleen Ferriter	12-9-1	1965-67
Kathy Corrigan	1-0	1968
Betz Hanley	21-21	1969-72
Barbara Block	15-10	1973-74
Judi Avener-Markell	217-84-1	1975-92
Steve Shephard	206-119-2	1993-2010
Jeff Thompson	90-31	2011-17*
Kera Molinaro/Josh Nilson	6-2	2017!
Sarah Brown	32-38	2018-Present
<b>Total</b>	<b>600-314-4</b>	<b>57 Seasons</b>

\* Jeff Thompson was relieved of his duties on Feb. 23, 2017.

! Kera Molinaro and Josh Nilson finished the 2017 season as interim co-head coaches.

^Season ended on March 12 due to COVID-19 pandemic.



# 2022 PENN STATE WOMEN'S GYMNASTICS



## ALL-TIME ROSTER

<b>A</b>		<b>E</b>		<b>M</b>		<b>S</b>	
Agnew, Elizabeth	1994-95	Eliasson, Joy	1971-72	<b>Mace, Maggie</b>	<b>2021-present</b>	<b>Salcedo, Isabella</b>	<b>2022-present</b>
Allen, Cécile	2004-05	Ettl, Natalie	2009-12	MacQueen, Nancy	1970	Samuels, Lynne	1977-80
Allen, Erynne	2019-2021	<b>F</b>		Malinak, Nicole	1994-97	Sanabria-Robles, Sidney	2013-15
Alotta, Taylor	2013-14	Faden, Alex	2013	Mallios, Lisa	1988-90	Satterfield, Aslynn	2005-08
Alston, Debora	1979-81	Fahey, Heather	1997-98	Magner, Ann	1970	Schuckman, Karen	1977
Anderson, Heidi	1981-82	Feldman, Carol	1968	Manzollilo, Michelle	1993-96	Selz, Beatrice	1994-97
Andrews, Amy	1973-74	Ferguson, Ruth	1971	McAvoy, Katie	2000-03	Schuckman, Karen	1974-77
Anthony, Janet	1977-80	Fischler, Kim	1986	McCardle, Cathy	1970-71	Schuller, Peyton	2016-18
Arnesen, Carrie	1987-90	Foley, Bridget	1993-96	McCracken, Tess	2017-20	Shiffert, Kathy	1965-66
<b>Astarita, Melissa</b>	<b>2019-present</b>	Ford, E'Tona	1999-01	McElwee, Heather	2008-11	Shindler, Lyndell	1972
Autry, Amber	2016-19	Foster, Margie	1979-80	McGeachy, Anne	1980	Shingle, Genavieve	2004-06
<b>Ayers, Maggie</b>	<b>2021-present</b>	Frietag, Cindy	1974-75	Medvitz, Nicole	2014-17	Sibson, Emma	2014-17
<b>B</b>		<b>G</b>		Mehrer, Ashley	2004-07	Silver, Coby	1991-94
Baker, Carolyn	1965-66	Gackenbach, Joan	1976-77	Merriam, Madison	2010-13	Sime, Joanna	1982-83
Bair, Leslie	2000-03	Garcia, Sabrina	2016-19	Minor, Kristen	1986	Simon, Kim	1984
Barbato, Sharon	1993-94	Gendron, Mary Jane	1988-91	Minor, Tee	1984-85	Simpson, Richelle	2001
Barber, Allison	1990-93	Gilmour, Peggy	1970-71	Montevideo, Diane	1971-72	Slattery, Kerry	1992-95
<b>Bastardi, Jessie</b>	<b>2019-present</b>	Goldstein, Carol	1965-66	Montross, Lindsey	2007-09	Smith, Lisa	1984
Bauer, Amy	1994-95	Goldstein, Judy	1972	Muno, Debbie	1986-87	Smith, Nikki	1996-99
Beck, Joanne	1977-79	<b>H</b>		Musgrove, Lindsay	2011-14	Smith, Rosie	2007-10
Beck, Kristina	2008	Hairston, Lynne	1984-86	Musser, Sharaya	2010-13	Soares, Savannah	2013-14
<b>Beckwith, Nikki</b>	<b>2022-present</b>	Harkleroad, Linda	1965-68	Musto, Samantha	2013-14	Sommers, Sheri	1973-75
Beltz, Joanne	1980-82	<b>Harrell, Grace</b>	<b>2022-present</b>	<b>N</b>		Southard, Allie	2007-10
Bencsko, Whitney	2009-12	Hartman, Chris	1977	Noll, Betsy	1984	Spangler, Betie Jo	1968
Bergstrom, Su	1973-76	Haupt, Holly	1984-86	<b>O</b>		Spatz, Judy	1968-69
Bernstein, Judy	1973	Healy, Sandy	1970-71	Oaks, Sharon	1967	Spisak, Patricia	1979-81
Bervinchak, Donna	1986	Heckman, Madison	2016	O'Brien, Debbie	1986-88	Stauder, Cassidy	2011-14
Bizal, Collette	1975	Higashida, Karen	1975	Olaes, Amie	2004-07	Stine, Alex	2009-12
Blades, Kristin	2010-12	Hills, Rachel	1994-95	Omohundro, Jeanne	1982	Stoloski, Julia	2000-03
<b>Bladon, Amy</b>	<b>2020-present</b>	Hiltabrand, Jada	1989-92	Orlando, Jennifer	2003-06	Stoltz, Darcie	1972-73
Bogar, Cassidy	2011	Hintz, Ann	1969	<b>P</b>		Stopper, Kate	2002-05
Bongiovanni, Nikki	1999, 2001-03	Hoover, Meredith	2003-06	Park, Nancy	1974-76	Streicher, Kelly	2002-04
<b>Bonsall, Alissa</b>	<b>2018-present</b>	Hosek, Mason	2016-19	Parody, Kathy	1986-88	Strunck, Jessica	1985-88
Borkan, Lindsay	2005-08	Hosler, Lynn	1971	Perret, Katie	2006-07	Sullivan, Stephanie	2004-07
Braun, Pam	1985-88	Hover, Danielle	2008-11	Personett, Brandi	2007-10	<b>T</b>	
Breese, Candi	1970	<b>Howell, Donna</b>	<b>2018-present</b>	Petrick, Sue	1965-66	Tardiff, Linda	1981-82
<b>Bridgens, Lauren</b>	<b>2018-present</b>	Hoyt, Carey	1995-98	Piras, Michele	192-73	Tart, Gail	1965-68
Bridwell, Sharon	1974	Hubbard, Sandra	1968	Pirkil, Corissa	2004-07	Taylor, Maria	1998-2001
Bright, Paula	1988-91	Huch, Christi	1995-98	Pokorny, Kathy	1982	Thrasher, Kim	1998-90
Brock, Stephanie	2010-12	<b>I</b>		Polak, Karen	1981-82	Timothy, Oni	2015-17
Brockway, Alexandra	2007-10	Ilg, Michelle	2003-06	Polito, April	1991-94	Tsang, Briannah	2015-18
Brooks, Linda	1969	Ingebretsen, Lisa	1979-81	Politz, Kristen	2017-20	Tukeva, Mary	1971-73
Brown, Jeannette	1965-66	<b>J</b>		Pollack, Kris	1983	Tukeva, Vickie	1965-66
Brown, Kiera	2016	Jensen, Karen	1969	Polusny, Eileen	1973-74	<b>U</b>	
Brown, Susan	1987	<b>Johanson, Jessica</b>	<b>2022-present</b>	Pomper, Kathy	1984-87	Uzelac, Kristal	2005
Bundy, Heather	1994-96	Johnson, Debbie	1972	Portman, Peg	1972	<b>V</b>	
Bunker, Renee	1984-86	Johnson, Karen	1973-75	Postiglione, Christina	2014-17	Verdeflor, Ava	2018-2021
<b>C</b>		Johnson, Nicole	1999-2000	<b>R</b>		<b>Vihrova, Elina</b>	<b>2022-present</b>
Campagnolo, Lisa	2000-02	Johnson, Nora	1970, 1973	Raines, Jamie	1991-92	Vlachos, Colleen	1965-68
Cantwell, Janet	1976	<b>Johnston, Maddie</b>	<b>2021-present</b>	Raygoza, Chanan	2015-17	Von, Lynda	1975
Cappello, Leigh	1994-97	Jones, Jessica	2016-19	Reger, Michelle	1987-88	<b>W</b>	
Carr, Ann	1977-80	<b>K</b>		Renton, Debbie	1970-73	Waddell, Mikayla	2017-18
Carroll, Lexi	2012-15	Kerner, Tracy	1992-95	Repmann, Susan	1986-88	Walker, Abi	2021
Casey, Ellen	1996-99	Kesler, Margie	1972-73	Ribblett, Donna	1971	Weiner, Arlene	1973
Cataldo, Sue	1972	Klein, Melissa	2008-10	Robertson, Bernadette	1984-87	Weiss, Vera	1999-2002
Cathrall, Linda	1965	Kobman, Hannah	2013-14	Rogers, Janice	1989-92	Welsh, Krystal	2012-2015
Chapin, Ruby	1965	Knox, Joanna	1995-98	Rohm, Kira	1988-90	Weseman, Cheryl	1985
<b>Chinnery, Kourtney</b>	<b>2018-present</b>	Konsevick, Daryl	2009-12	Rohrbaugh, Casey	2007-10	Whittaker, Janae	1996-99
Chung, Cissy	1982-85	Kurtz, Barbara	1965-66	<b>Romagnano, Bella</b>	<b>2020-present</b>	Wilson, Ashley	1997-2000
Cimochowski, Karen	1992-95	<b>L</b>		Rose, Barbara	1969	Witt, Alex	2012-2015
Clark, Lisa	2004-06	LaGuardia, Gianna	2016-19	Rosenheck, Nancy	1992-93	Woods, Bernadette	1995-96
Clayton, Erin	2003-04	Lehman, Patti	1968-69	Rowland, Katie	2000-03	<b>Y</b>	
Coccagna, Ellen	1974-77	Leopoldus, Missy	1996-99	Rowland, Terry	1974	<b>Yarussi, Olivia</b>	<b>2022-present</b>
Cohn, Amy	1987	Leslie, Karen	1975	<b>Rushlow, Cassidy</b>	<b>2020-present</b>	Yeagley, Bcky	1968
Coldren, Claudia	1977-79	Levine, Marcia	1979-82	Russo, Lauren	1989-92	York, Joan	1967-68
<b>Cox, Dymiana</b>	<b>2019-present</b>	Li, Lauren	2015	<b>Z</b>		Zimmerman, Marla	1970
Crane, Lynn	1988-91	Loree, Pam	1984-86				
<b>Cross, Natalie</b>	<b>2021-present</b>	Ludwick, Diane	1972-73				
Cuff, Gemma	1998-2001	Lyst, Rene	1990-93				
Cuomo, Dana	2000-03						
Cutshaw, Lauren	1994-96						
<b>D</b>							
CaDas, Lipika	1976						
Deleo, Nadine	1984-85						
DeLuca, Dortha	1972-75						
DiPasquale, Sarah	1999-2000						
Docherty, Susan	1989-90						
Drilling, Jennifer	1998-01						
Drum, Diane	1983-85						
<b>Duhe, Sarah</b>	<b>2022-present</b>						
Duggan, Heather	1997-99						
Duval, Susan	1969						